

# ST. TEATH TIMEPIECE

JULY 2026

ISSUE 377

For Jane



Founding Editor and Honorary Editor of Timepiece  
who sadly passed away on 9th May 2026  
(see page 3 for our tribute)

# St Teath School – Can You Help?



At St Teath School, we're lucky to have a dedicated group of people working quietly behind the scenes to help make our school the very best it can be. This is what we call governance – a team effort that helps keep our school safe, well run and focused on giving every child the best possible experience.

Within the Westcountry Schools Trust (WeST), governance is a key part of how all schools are supported and protected. The Trust describes governance as providing the right checks, guidance, and assurances to keep standards high and children safe. So, what do we need from you?

We need a member of the local community to join our team – WCC2 (WeST Community Council 2) – to help represent the community of St Teath.

We want someone who:

1. Understands the needs of the local community and can share a local perspective back to Trust leaders;
2. Has time to be able to support WCC2 by undertaking school monitoring visits across any of the four schools, attend training, attend termly governor meetings, read papers and attend school functions;
3. Can help us to improve connections between the school and wider community;
4. Is NOT a parent of a child at St Teath, Otterham, Camelford or St Breward Primary Schools.

We are particularly looking for anyone with social care, health or a legal background – but this doesn't exclude you if you do not have this type of experience. Governance is all about making sure our school is safe, well led and full of opportunities for every child. It brings together the voices of staff, families, and the wider community to help shape a school we can all be proud of.

Do you think you could be the person to help represent St Teath? If so, please do look at the WeST governance section of our website for further details of our roles, time commitments and expectations (<https://www.westst.org.uk/governance>).

For further details or an informal discussion, please email the Chair of WCC 2 Karen Whalley on [kwhalley@westst.org.uk](mailto:kwhalley@westst.org.uk)



## CHARITY BINGO

Friday 3rd July in the Hall

Doors open 6.30, eyes down 7.30

Proceeds to  
The Acrewood Project



## Jane Poynder (1930–2026)

Jane, born with the name Muriel Hilary in 1930, sadly passed away on 9th May at St Breock Care Home, aged 95. Growing up in the West Midlands, she insisted as a child that she should be called Jane because she wasn't a Muriel, let alone a Hilary, causing endless mix-ups until she finally changed to Jane by deed poll in 1975.



Jane and her family lived in St Teath for a great many years, first in Knights Mill then in her cottage in Hatherleigh Terrace. Jane adored her children Shan, Bear and Toby; her grandchildren, Polly, Ayla and Thomasina (known as Teeps) and her great-grandchildren, Troy, Kian and Jake. And of course, her cats, who, being cats, believed they were the true centre of her universe. She also had a rare capacity to show genuine interest in you, to listen and, most importantly, to hear you.

Jane was one of the team of amazing women in St Teath who threw themselves into village activities in the mid-1990s. These included the restoration of the Community Centre, for which she was secretary, known for carefully rolling and tying the minutes with ribbon before handing them to Yvonne Tew. She was part of the Village Lunches, the Gardening Club and many Church Flower Festivals, where she and Grace Harris were always ready to welcome visitors. She was also part of the team that earned St Teath the title of Most Caring Village in Cornwall in 2006.

Jane was one of the founders of Timepiece alongside the dynamic Anne Perisic and the illustrious Roy Crosley. In true St Teath style, the idea of a village newsletter was suggested only in August 1988 but, by December of that year, the first issue had dropped onto people's doormats. This feat was only possible because of Jane's enthusiasm for the project and because she and Anne P shared the same qualities of determination, energy and a passion to make Timepiece successful, reflecting the village that they both loved. The pair edited as a team, with Jane's enjoyment of writing and compiling evident in every issue. Her deep interest in other people also shone through.

Our former editor Barbara Strachan recalls that even after Jane moved to Highpoint Lodge, she was still perusing every copy with great delight and hadn't lost any of that enthusiasm or passion for village life despite her health problems and being away from St Teath for so long. Jane continued to proofread the Timepiece after her retirement as editor, and Anne P was determined to ensure that she was still included – hence Jane's unique title as the Timepiece's honorary editor. I imagine that Jane would agree with some words from that first issue, penned almost 38 years ago by county councillor Fred Whiting:

“I am sure that the Timepiece will have a great future, because your village is a place where you all work together to get things going.”



Jane was a central pillar of the community spirit in St Teath, with the Timepiece as part of her legacy that continues to hold the village close together to this day. I hope that we on the team can continue that legacy and keep Timepiece ticking along steadily for a good few more years to come. On behalf of us all in St Teath, thank you Jane.

Anne Blewett; with contributions from Claire Salzmann, Ian Martin and Barbara Strachan (thank you!)

## Methodist Musings – Comings and Goings

Life is full of beginnings and endings. We start life, we come to the end of life. We start school and eventually leave school, though our learning never stops. We move out of the family home and move into living with our forever soulmate, husband, wife or partner; sometimes, things don't work out and this happens more than once. It is all a part of life and its rich tapestry.

Julie and I are due to move on this summer – we're leaving Cornwall and moving to West Sussex. For me, it is to retire and for Julie, it is to take up a role as youth and community worker at a local Methodist church. In Methodism, retirement is called 'sitting down' – this is mostly so that you can stand up again if needs must!

We will desperately miss Cornwall, having lived both on the Lizard as well as in Tintagel. Cornwall and the Cornish people will forever have a place in our hearts. Moving on often leaves us with a sense of loss, though we are also excited for what the future holds. The bonus is that we will be living close to our children and grandchildren, and I suspect that grandparenting will play a large part in our lives after the move.



Things will not be left unattended here in the Camelford and Week St Mary circuit, however. The lovely Rev. Debbie Keegan will be the new Superintendent Minister and Deacon Dave Keegan will have the role of missionary across the circuit with some emphasis on new and existing projects. Both of them come with a variety of experiences and with many gifts and graces that will be most welcome in the area. They arrive at the end of July, and are due to start their work on 1st September.

If you are a praying person, please keep them and our local Methodist churches in your prayers in this time of transition, and do give Debbie and Dave a proper Cornish welcome.

If at this moment you are undergoing times of change and uncertainty, my prayers are with you. I pray that whatever is happening in this transition, may you know the peace of God and know the love of those around you.

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."  
(Philippians 4: 6-7)

May peace, love and joy be with you.

Blessings,  
Rev Steve and Julie Swann

Co-editors' note: Thank you Steve and Julie for all your Methodist Musings in Timepiece. We wish you all the best with your move and lots of happiness for your new chapter in West Sussex.

## North Cornwall Miniature Railway and Toy Museum Open Day Free Entrance – donations to support Timepiece



We are pleased to announce that Bob Lanaway has kindly offered to support the Timepiece at his next fabulous Open Day at NCMR Coldnorthcott on Sunday 26 July from 12noon to 5pm. Entry is free.

If you are a regular visitor, you will know that this is one of the best days out in North Cornwall. If you haven't been before, you are in for a treat. You can ride on the trains and enjoy an amazing Toy Museum. The home-made refreshments are delicious (and will be served by the Timepiece Team) and Bob and his team of volunteers will be there all day to answer your questions and drive the trains.

Donations will be collected on the day for Timepiece and donations of cakes would be very much appreciated because Bob can't be expected to wave the flag, blow the whistle, drive the trains and bake the cakes! We look forward to seeing you all there:

North Cornwall Miniature Railway and Toy Museum, Coldnorthcott, St Teath, PL30 3LL



### Congratulations Amy – and Cornwall Women's Rugby!

On Saturday 6th June, Amy Warman was part of the Cornwall women's rugby team that won the Gill Burns county championship division 2 final at Twickenham Stadium by 46 points to Durham's 27.

Amy has been part of the Cornwall women's team since she was 16 and has always dreamt of playing at the home of English rugby. She finally realised her dream in her 25th season, playing every minute of every game this championship at the scrum-half position, and also as vice-captain.

I would like her to know how immensely proud her family and friends are of her!

-- Andrew Warman

And well done Amy from the Timepiece team on behalf of the St Teath community!

If any readers have a good-news story or achievement they want to share, please do get in touch: details on the back page.

## Speedwatch

In four sessions in May and June, a total of 65 speeders were recorded in the St Teath 20 mph zone:

1 x 34, 2 x 33, 2 x 32, 5 x 30, 3 x 29, 9 x 28, 3 x 27, 9 x 26, 15 x 25, 16 x 24

Please reduce your speed!

– The Speedwatch Team



### Last month's cover challenge: update

The cover of last month's issue of Timepiece pictured an undated postcard of St Teath, showing the view from the Square before the lych gate was built.

We received an email from a St Teath visitor staying in Piran's Pad, Lindsay Page, who used Google Lens to find a similar postcard online by the same photographer, T. Harris.

Showing 'The Royal Albert Bridge, Saltash' (Brunel's bridge), it is dated 1904. According to Lindsay's web search, the photographer died in 1922. Thank you Lindsay!



Interested in joining?  
Phone  
Lynne Beavis  
07711 056138

**Friday July 10th**  
**Community Centre 2.30pm**



The Artist,  
Tamsin Dearing  
introducing  
her pencil,  
coloured pencil  
and pastel  
portraiture

### BREAKFAST CHURCH @ ST TEATH



Please come along to share in ...  
**a tasty breakfast**  
**an informal, relaxed service**  
**Bible story & reflections**  
**activities for children**  
**music & songs**  
**for all ages**

July 26th  
Aug 23rd  
Sept 27th  
Oct 25th  
Nov 22nd



breakfast from 9.45am

**EVERYONE  
WELCOME!**

## St Teath Fairy Queen 2026



The Carnival Committee would like to thank the Tuesday morning coffee ladies in the Community Centre for welcoming us along to officially crown our Fairy Queen for 2026, **Hetty Warman** (pictured centre by the Clock Tower, and seated left in the indoor photo).

We were very lucky to have two former St Teath fairy queens in attendance, with Elaine (standing, in the indoor photo) and Ella (seated right in the indoor photo) who have both represented the village in the past. Ella was last year's retiring queen and Elaine retired some 35 years ago! A few other former fairy queens were also in the Community Centre to watch Hetty receive her tiara.

Hetty promises to do lots of waving during any carnival she attends, and says she will absolutely use the crowds as target practice when she's throwing out sweets to her adoring fans.

We'd also like to say a very big thank you and well done to all of last year's carnival royalty. Ella, Popi and Nelly did a fantastic job bringing home lots of prizes from all the different carnivals they attended.

Lastly, thank you to Elaine – the queen of carnival crowning – who always makes it a special event. We wish Hetty lots of luck for this year's carnival season. We are very proud to have you as our fairy queen. Try not to work Mum and Dad too hard!

See page 11 for more about Carnival Week 2026.



# St Teath Community Centre

Your local  
community centre  
– a beautiful  
space for family,  
friends, clubs and  
colleagues to  
meet and  
connect.  
Available to hire  
at low cost rates.

## Available for your event:

- Table Tennis
- Table Skittles
- Traditional Wooden Skittle Alley
- Bar Billiards
- Snooker Table
- Internet
- Kitchen
- Cutlery, Crockery & Glasses
- Tables and Chairs
- TV for films nights/presentations

To Enquire/Book -  
[stteathcommunitycentrebookings@gmail.com](mailto:stteathcommunitycentrebookings@gmail.com)

## Art Group News

On Wednesday 3rd June, probably the hottest day of the year so far, 15 members of the Art Group took part in a watercolour workshop on trees led by artist Wendy Parkyn. The Community Centre was very full and very warm and the challenges set by Wendy were – well – challenging.

Wendy began with an exercise to paint three trees with a background, a mid-ground and a foreground. She explained how: the shapes change from smaller to larger; the colours change from cool to warm, and from weaker to stronger or more vibrant; and the level of detail changes from more or less none to very detailed.

Wendy then introduced some techniques using a palette knife and fine water spray. She used the palette knife to spread a range of colours across the lower part of a painting, then turned the picture upside down and put on a very wet wash. Where the wash touched the paint, it created 'runs' that she transformed into trees (some in the foreground, others in the mid-ground or background). The spray technique created leaves in the mid-ground. She also used a fan brush for leaves. We all had a go – with varying levels of success (see pictures below).



**ST. TEATH  
PARISH COUNCIL**

**Parish Council Art Competition**

Can you paint, draw, collage or photograph a scene from St Teath for our official stationery?  
There are three categories: • Up to and including Year 6 • Years 7–11 • Age 17+

Winning art will be printed in the Timepiece and used by the Parish Council in posters and stationery. The competition closes on **17 July 2026**.

St Teath students can hand their entries in at school. Entrants in Years 7–11 and adults: please contact Jo Fleet on [fleet.joanne@yahoo.co.uk](mailto:fleet.joanne@yahoo.co.uk) to arrange for collection of your work.

# Timepiece Crossword

Answers on page 26

## Across

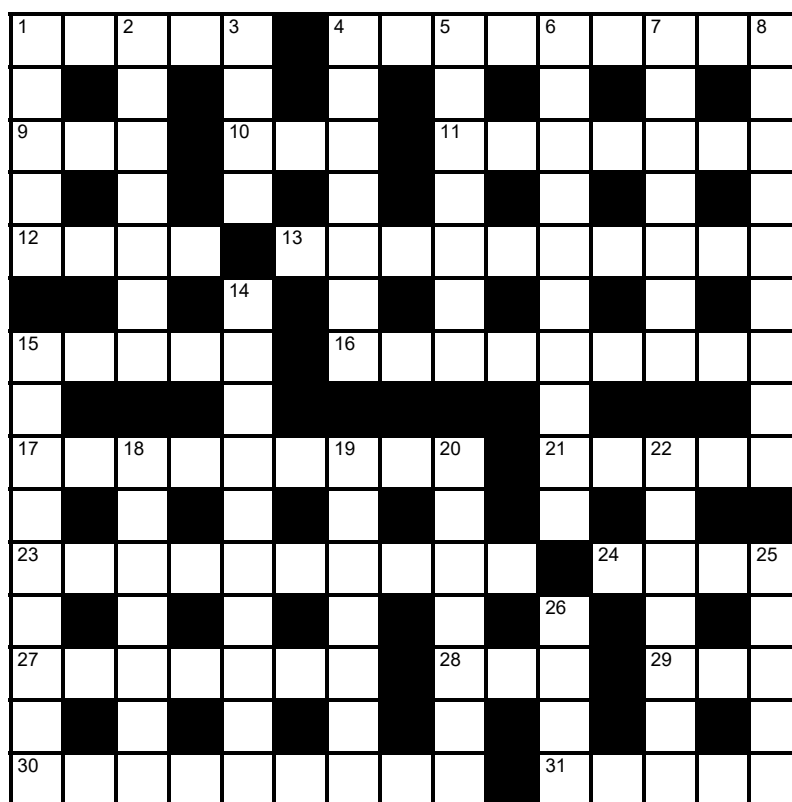
- 1 Informal name of king maker starts rock opening (5)
- 4 Protection in United States back on broken crane (9)
- 9 I will be not very well (3)
- 10 Late tribute could yield a tear (3)
- 11 Clouds of a blue fog on the Tyne region (7)
- 12 Equip every first flyer (4)
- 13 Visits I opt to ruin for optimistic rationalist (10)
- 15 Nurse work history missing the point (5)
- 16 Two under spotted by keen sighted (5-4)
- 17 Disappointing event doesn't open a politician who French initially believe after slow start (4,5)
- 21 Restraints deployed on hearing rules (5)
- 23 Schooldays erratically ration one who finishes (10)
- 24 Go back to the French look (4)
- 27 Taken in the afternoon, I heard, to the topmost point of vertical tower (4,3)
- 28 Centre spread in magazine's only issue (3)
- 29 Finding the peak in logical problems (3)

- 30 Fuel acting part for house cat maybe with hesitation? (9)
- 31 Attractive black wood covered neighbour's head without starting point (5)

## Down

- 1 Touch glasses in jail (5)
- 2 Vermin turns on every match of high performers (3-4)
- 3 Spoil unknown manifesto writer (4)
- 4 Heard that weight on little devil creature caused collapse (7)
- 5 Carousing suddenly starts with double gin cocktail (7)
- 6 Playful photo bomb gesture indicates religious leader crying (6,4)
- 7 Invalidate fully in disaster (7)
- 8 Twilights happening - bad time for Caesar (9)
- 14 Meat professionals cut around one to finish (10)
- 15 Shaken pits ached for forces training programme (9)
- 18 The perfect man heard to have gone past turning (2,5)
- 19 A French era returns

- around Western Australia without knowledge (7)
- 20 Grow positively to endlessly bomb around defeat (7)
- 22 Raining spectacularly to firmly establish attitude (7)
- 25 Margaret Thatcher initially heard to be deserted (5)
- 26 High class wannabe carries no bearing within (4)





## Carnival Week 2026

Sunday 26th July – Saturday 1st August  
Plus carnival breakfast on Sunday 2nd August

Once again we've got a week full of fun for everybody. The full programme will be delivered through your door in early July, but we thought we'd give you an idea of what we have going on this year.

Kicking off Carnival Week is Sunday Funday with lots of live music, including Will Keating on Sunday evening playing plenty of Cornish songs and shanties.

For the rest of the week there is so much to choose from. Alongside the ever-popular bingo and quiz nights are meditation and yoga, craft sessions and pop-up play during the daytime.

Other events to whet your appetite include Country night, a book launch and Punch and Judy. For the food-oriented there will be a cream tea and a Cornish lunch. For our furry friends there's the dog show, followed by more live music with lots of great local bands, including three up-and-coming acts featuring local teenagers – real home-grown talent.

New for this year we are hosting a Speed Shear and the Great St Teath Duck Hunt, then to top it all off, we thought we might have a carnival on Saturday 1st August! So start thinking about your costumes and props, and let's make this year's carnival the best ever!



**WANTED: Stewards for Carnival Day on Saturday 1st August**

If you are able to help steward the carnival parade and shake a collecting bucket along the route, please contact Tracy Kitto on 07702 227226. Thank you!



### FARM SHOP

Open 7 days a week  
9am – 4pm

### RESTAURANT

Open

New dog-friendly café  
area coming soon!!

**'HOLIDAY COTTAGES AVAILABLE'**

To get in contact with Trevathan call us on

01208 880164

[www.trevathanfarm.com](http://www.trevathanfarm.com)

FIND US ON THE B3314 at St Endellion

Follow us:   

## beauty by fleur



Beauty Therapist with over  
20 years experience.

Salon open in  
North Road, St Teath.

For information and bookings  
07811 850 943



HOME AND  
GARDEN  
MAINTENANCE

### TONY PRIDEAUX

General Garden services  
including Mowing,  
Strimming, Hedge Cutting,  
Fencing, Pressure Washing,  
Fascia & Gutter cleaning

### GENERAL HOME DIY

[tony.prideaux@hotmail.co.uk](mailto:tony.prideaux@hotmail.co.uk)

**07771 884 052**

## Celebrating Life and Love



*Fiona Solomon*  
Celebrant

07527 081872  
[fionasolomoncelebrant.com](http://fionasolomoncelebrant.com)



**Sheridan Skin Health**  
benefit your skin



**Sheridan Foot Health**  
Give foot problems the boot

### Covering St. Teath and surrounding areas

- Nail trimming
- Corn and callus removal
- Fungal nail
- Athlete's foot and verrucae treatments
- Diabetic foot care

### • ADVANCED EPILATION

*Treatment used to remove moles, skin tags,  
sebaceous cysts, warts and more...*

### • EAR WAX MICROSUCTION

*Suction removal of Ear Wax*

All in the comfort of your own home.

**Call: 07557 029429 to book**

email: [diane@sheridanfoothealth.co.uk](mailto:diane@sheridanfoothealth.co.uk)

[www.sheridanfoothealth.co.uk](http://www.sheridanfoothealth.co.uk)

 /happyhealthyfeet

**Diane Sheridan** RN MCFHP, MAFHP

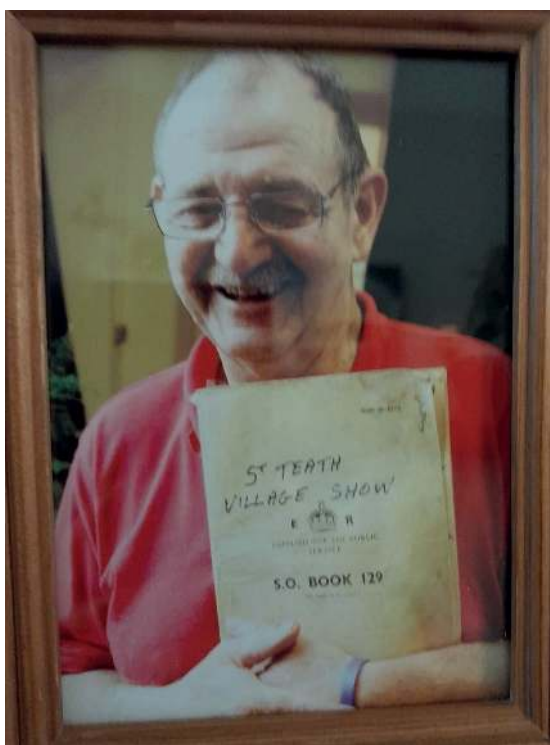
# The 34th Annual St Teath Village Show

Dust off your cookery books, landscape your miniature gardens, weed your carrots and get out those craft boxes! It's nearly time for the village show!

Our fine show was established in 1991 by the enterprising David Jasper (pictured below), to bring lighthearted rivalry to a local arena and allow friendly, neighbourly competition centered around growing and making in the community. David was initially approached by WI member Pam Hiles about starting up a show, and soon a committee consisting of Peggy Crosley, Brenda Rendle, Eve Addelsee and Patsy Little, later joined by Elaine Everitt and Glanda May, formed the backbone of the show for many years. We are very grateful for their hard work, which paved the way for those to come.

Alongside the usual vegetables and flowers, this year we see a new category with miniature gardens open to all ages, not just children – so we hope to see some beautiful, imaginative entries across the generations. Last year we had low entries in the home-brewing sections and the

under-16s flower arranging, so we do hope to spark some interest in those areas. If you've been thinking about it, then DO IT!



Photography categories include Around the Parish, Holiday and Cornish Landmarks, with an additional section exclusively for under-16s of Toys or Gadgets. With cameras in our pockets wherever we go, keep your eyes peeled for those inspirational moments and capture them when you can. We do politely ask that there is no photoshopping of the pictures please.

We are always mightily impressed with the quantity, standard and range of art entries produced by the villagers, and we look forward to admiring the pop-up art gallery. The creativity doesn't stop there, with a plethora of handicrafts from the hands of our industrious villagers. It doesn't matter if you made it last week or last century – as long as it has never been entered into the Village Show before, we'd love to see it.

Jams and chutneys are as popular as ever, and our judges love to see the different flavours and varieties entered. Jellies are constrained only by your imagination, with sweet and savoury alike vying for attention. Curds are a much more subdued section, so you're almost guaranteed to get a placing in the top three if you make one.

This year, our 'bake to a recipe' category is the old traditional Cornish Thick Biscuit, using the recipe submitted by Mrs Greta Richardson to the St Teath Church Cookbook. The hotly contested Cornish Pasty comes with bragging rights for the winner and a keen group of followers hoping for a taste!

The men-only class is yeast buns – possibly the most competitively challenging category, with the winner basking in the glow of admiration from his competitors. Yeast buns have a tricky recipe with plenty of scope for their failure to rise, resulting in a tough, chewy consistency. Who will prevail? If you know the right person to ask, you might get some top tips!

(Continues on page 14)

## The 34th Annual St Teath Village Show (continued from page 13)

We had a lovely lot of entries from The Acrewood Project last year, giving the children there a sense of community, inclusion and appreciation. I'd like to acknowledge how important that is to some children who have always struggled in the education system to fit in and achieve, with their strengths and skills largely ignored by the current syllabus.



We also look forward to entries from our wonderful village school and pre-school, which have been sorely missed over the past few years. To enter the show, you must live in the Parish or satellite hamlets, be part of a village organisation or go to the school or other education facility here. More information and rules, alongside all the categories for this year, can be found in the schedule included with this issue of Timepiece.

There will be a coffee morning on Saturday 8th August to raise funds for the show, including demonstrations, a raffle, cream teas and plenty of cakes, pizza and sausage rolls, with an opportunity to meet the committee members and ask any questions you may have. Your support and involvement would be greatly appreciated.

We look forward to seeing you and your entries (and your wonky veg) on Saturday 22nd August!

In anticipation,  
The Village Show Committee



THANK YOU

### Many Thanks

The Timepiece team would like to say a big thank you to the family and friends of the late Jane Poynder for their generous donations in Jane's memory at her funeral in May. We are extremely grateful for the kind gesture.

### Forthcoming Charity Bingo dates

| Date                             | Proceeds to:     |
|----------------------------------|------------------|
| Mon 27th July<br>(Carnival Week) | Carnival funds   |
| Fri 4th September                | Timepiece        |
| Fri 2nd October                  | Village Hall     |
| Fri 6th November                 | Christmas Lights |

### 'Summer Breeze' Art exhibition by five local artists

Rock Institute  
30th June – 5th July 2026  
Open 10am – 6pm every day

Danka Napiorkowska – Pottery  
Sue Cuff – Paintings  
Fran Marks – Paintings  
Chloe Michell – Jewellery  
Emma Scott – Willow Craft

A warm welcome awaits you!

## Revd Nicki Writes...

Dear Friends,

Over the last few weeks I've had the joy of chatting with wedding couples as they plan and prepare for their special day. Some are right at the start of their planning while others are putting the finishing touches to their arrangements.

Some of the weddings are small and intimate, while others gather friends and family from near and far, but each is a cherished celebration of promises and a profound commitment of love and trust.

As I listen to couples talk about venues, flowers, music and guest lists, I am reminded that beneath all the preparations lies something far deeper. A wedding day is not simply a beautiful event; it marks the beginning of a shared journey. It is a public declaration that two people choose to walk through life together, supporting one another through all that the future may bring. Marriage can also be a time of committing and affirming a friendship and long-standing relationship with one another.

In a world that can often feel uncertain and fast-moving, there is something wonderfully hopeful about a couple standing before their loved ones and making lifelong promises. Those promises speak of faithfulness, perseverance and a belief that love is strongest when it is nurtured with patience, kindness and generosity.

One of the most familiar passages, often read at weddings, comes from St Paul's first letter to the Corinthians: "Love is patient, love is kind" (1 Corinthians 13:4). These simple words have endured through the centuries because they describe love not merely as a feeling but as a way of living. True love is expressed in everyday acts of care, forgiveness and commitment. Marriage offers the opportunity to build a partnership, rooted in mutual respect and trust.

Whether you are recently married, celebrating many years together, or simply reflecting on relationships that matter to you, weddings offer us all a moment to pause and consider the importance of love, commitment and community. Having recently celebrated my daughter's wedding, with guests from around the world, and my in-laws' diamond anniversary, celebrated with an intimate family gathering, I am reminded of the importance of relationships and that we flourish not in isolation but in connection with others. Jesus brings this connection to a personal level, calling us his friends, and it is a personal invitation when he invites us to follow him. Jesus himself celebrated a wedding in Cana. By choosing a wedding feast as the setting for his first miracle, he affirmed the importance of love, commitment and joyful celebration, reminding us that the milestones of life are worthy of honour and thanksgiving.

As we celebrate the weddings taking place in our churches this year, let us wish every couple happiness and strength for the journey ahead, and give thanks for the love that continues to enrich our families, friendships and communities. If you would like to find out more about the wedding, thanksgiving and blessing services we offer or would like to book a wedding in your parish church, please get in touch – we would love to help you arrange this special occasion. (revnfarr@icloud.com)

With every blessing,

Revd Nicki



## BUMPS, BABES, TOTS & TOYS [BBTT]



A group for expecting mums, parents,  
carers, babies & toddlers

**Thursday mornings during term-times**

*The Grace Project* will be there on the following dates:

*June 25th, September 24th, November 26th,*  
with a selection of clothing for children 1 – 12 yr

**9.30am – 11.30am**

**St John's Church, Delabole**

Everyone welcome,  
come and join in; have a cuppa & chat

toys - craft - story - songs - toys

Just turn up; for any more information, please contact

Rev Nicki Farr on 01840 219376 / 07587 001320

[revnfarr@icloud.com](mailto:revnfarr@icloud.com)

**St Thomas Church, Camelford**  
is delighted to present...

## The CHOSEN

**The Chosen** is a Christian historical drama television series; the first multi-season series about the life and ministry of Jesus of Nazareth.

Depicting Jesus' life through the eyes of people who interact with him, including Jesus' disciples, the apostles, Jewish religious leaders, Roman government and military officials and ordinary people.



**Re-starting Tuesday 29th June, 7pm**

for more details contact Rev Geraldine

phone 07957 60908 email [parishnurse@bodminway.org](mailto:parishnurse@bodminway.org)

**ALL WELCOME**

[www.camelallenchurches.org.uk](http://www.camelallenchurches.org.uk)

## Church Services at St Teath in July

Sunday 5th July: Holy Communion 11am

Sunday 12th July: Morning Prayer 11am

Sunday 19th July: 10.30am DELABOLE CARNIVAL SERVICE IN THE  
TENT, DELABOLE. No service at St Teath



Sunday 26th July: 10am  
Breakfast Church at St  
Teath.

Healing service at St.  
Thomas' 23rd July at 7pm

Please do contact  
Revd Nicola Farr  
if she can help in any way:

Revd Nicola Farr Rector on  
01840 219 376  
[revnfarr@icloud.com](mailto:revnfarr@icloud.com)

## New Faces at St Teath Church



Dear Friends,

It's with excitement that I write to introduce myself to you all! Known as Jan, I am married to Tony. By the time you read this, I will have been ordained a Deacon in the Church of England, and licensed as an Assistant Curate to serve in the Camel-Allen Benefice, which includes the two Camelford churches and those of Delabole, St Teath and Advent.

In late 2024, I undertook a three-month placement in the Benefice during my training for priesthood. I loved that time: it was full of friendship and love, wonderful hospitality, worship and a feeling that the Holy Spirit is very much at the helm, guiding Revd Nicki and her ministry team. I am thrilled to be back to continue my training under Revd Nicki's excellent supervision and to learn from every one of you!

Tony and I have four children, seven beautiful grandchildren, a pet dog and a cat. Since I was a small child, I have always lived in a village: village life and community are important to me, where we look out for each other and where I feel closer to nature. For 10 years of my early adult life, I worked as a midwife in a busy neonatal unit in Swindon, followed by a more than 30-year career as a nurse working in both general practice and elderly care. It was during the latter years of this career (when I thought that I was going to retire) that God called me to explore my faith more, leading me into a ministry journey. He obviously had other ideas! Besides this, for over 20 years, I volunteered with the Scout Association, empowering young people to enjoy the great outdoors and learn life skills. This took me on many wonderful adventures, including to Meghauli in Nepal, following fundraising for a water well and the Friendship Clinic there, which provides affordable health-care services to the community.

Consequently, I love children, wildlife, gardening, arts and crafts, oh and of course people! I can't wait to meet everyone, and discover who you all are, as we journey in life and faith together. Do say hello if you see me, but until we meet, may the light of Christ continue to shine brightly upon the Camel-Allen Benefice!

With every blessing, Jan.

The Camel-Allen Churches Ministry Team – Revd Nicki, Rev Geraldine and Claire – very much look forward to welcoming Jan and working with her in the months and years to come.

In other St Teath Church news: after our Annual Parochial Church Meeting, we thanked Gareth Stubberfield for his dedicated and thorough work as Churchwarden over the past 6 years, and we welcomed Bob Collings (pictured right) to take on the role. He can be contacted for practical matters relating to the running of the church, and his number is in the church porch on the display board inside.





## St Teath Community Bus



There are two special trips planned in the coming months.

The Garden House (gardens) at Buckland Monachorum near Tavistock on Tuesday 7th July.

Leaving the White Hart at 9.30am, returning to St Teath at approximately 3pm.

The cost of this trip is £24, which includes entrance fee and Bus.

Hall for Cornwall to see Lord of the Dance

on Saturday 26th September at 2.30 pm.

Leaving the White Hart at 12.45pm latest. The cost of this trip is £37 including Bus.

Please call Di Cox on 01208 850983 to book a place on these trips.

Any other enquiries regarding the bus contact Mandy Woods on 01208 851346.

### SERVICES

Mondays: Truro 9.30am from the White Hart

(Returning at 2pm)

Fridays: Wadebridge / Tesco 9.30am from the White Hart

(Returning at 12noon)

## Rubbish Ramblers

A quiet report for May. Roads and streets with very little litter. Come on you night-time fast-food munchers, let's be havin' you along the Trehannick Road – we miss you.

Come and join the Ramblers on the first and third Thursdays of the month. We meet at 10 am by the pub. Exercise and enlightening conversation guaranteed. Dates for your diary: 9th and 23rd July, and 13th and 27th August. Be there or be something rhyming with there.

Jonathan

### Village Strimmer Available to All

A reminder that St Teath Parish Council has a strimmer and safety equipment that can be used by anyone in the village.

The strimmer and fuel are kept at 3 Eglos Court and are available from Gerald Blewett with 24 hours notice (phone 07770 568870).

Please use all safety equipment provided when using the strimmer.

## County Council

As we head into July and the start of the school holidays, many of us are getting ready for long beach days, early morning swims and evenings watching the sun drop behind the headland. Whether you're a daily sea swimmer, a rock pool explorer, a paddleboarder or someone who just loves a quiet walk along the shoreline, clean and safe water matters to all of us. It's why the past few months have been spent digging deeper into the real picture of local water quality and what can be done to protect the coastline we treasure.



One of the first steps this spring was meeting with Surfers Against Sewage to discuss concerns around the accuracy and consistency of sewage discharge alerts affecting our coastline. That conversation encouraged a wider look at how water quality is monitored locally and highlighted the need for stronger community involvement in gathering evidence.

Over Easter, I signed up as a citizen scientist and with the help of Cllrs Rosie Moore, James O'Keefe and Ben Maguire MP, we endeavoured to learn more about water testing across our local beaches. We also spoke with a Cornwall-based business specialising in rapid water testing technology, to better understand how community-led sampling could help build a clearer picture of what is happening along our coast.

Those conversations have helped spark plans for more regular local testing and closer collaboration with residents, campaigners and environmental groups. Leading us to develop a more reliable evidence base around water quality in our area.

I went along to a public meeting hosted by Clean Sea Newquay, where residents, campaigners and solicitors from Leigh Day, a national law firm, discussed possible legal action against water polluters over the impact on coastal communities. The possibility of including North Cornwall in any future action is now being explored, depending on the evidence and experiences shared by local residents and businesses.

For me, this is not just about policy. As someone who gets in the water whenever I can, whether scuba diving, kayaking or snorkelling, I feel the importance of this personally. Our beaches are central to our identity, our wellbeing and our local economy. If you have been in the sea and felt unwell afterwards, or if your business has been affected, please get in touch. It would be helpful to hear about your experience and how this has affected you or your business.

As the holidays begin, let's enjoy every moment by the sea while continuing to build the knowledge and momentum needed to protect it for the long term.

Councillor David Garrigan  
St Teath and Tintagel | Cornwall Council  
Cllr.David.Garrigan@cornwall.gov.uk | 07722 923412

## PHILIP SLEEP FLOORING

01840 212077

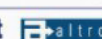
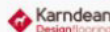
The professional & reliable family run business with over 20 years experience.

**FREE  
QUOTATIONS**

**New shop location**  
**THE STRIP, ROCKHEAD,**  
**DELABOLE, PL33 9BU**



**lifestyle**



### OPENING TIMES

Mon-Fri 9am - 2.30pm

Sat 9am - 1pm

**STURDI**  
.co.uk

**OUTDOOR  
FURNITURE**



**PICNIC BENCHES  
GARDEN SEATS  
STREET FURNITURE  
PLAY EQUIPMENT**

[www.sturdi.co.uk](http://www.sturdi.co.uk)

07939 022 820

01840 213362

Bespoke commissions welcome

Designed and made  
locally

Strong construction

Tanalised  
softwood  
or Recycled  
Plastic  
(for extra  
durability)



## Steady Support Whatever The Weather

Bodmin - Camelford - Wadebridge

DISPUTES / FAMILY / PROPERTY / WILLS

We understand that sometimes, life can  
be as unpredictable as the Cornish  
weather.

We provide dependable legal advice,  
when it matters most, to help you move  
forward with confidence



[reception@rowansproull.co.uk](mailto:reception@rowansproull.co.uk)  
01208 72328  
[www.rowansproull.co.uk](http://www.rowansproull.co.uk)

**R&S**

Rowan & Sproull

## Proper Job

### PROPERTY & GARDEN SERVICES

Plastering, Painting & Decorating, Tiling,  
General Repairs, Lawn Care, Hedge Cutting,  
Planting, Garden sitting service.

Fully insured, RHS qualified.

Registered waste carrier

**Dave Williams 07896 613 472**

## R. MEARS & Son CHIMNEY SWEEP

Vac & Brush, Cowl fitting service.

CCTV investigation work done.

01840 261 221 \* 07737 533392

[www.sweepcornwall.com](http://www.sweepcornwall.com)

Covering Cornwall & W. Devon

Est. over 30 years. NO711/30134



## Path's End, St Teath Bed & Breakfast

All rooms ensuite

Rosie Robinson

01208 850441

## Need a plumber or gas engineer?

The reliable plumber is a small, fully qualified, and fully  
insured local family-run business

The **RELIABLE**  
Plumber

Tel: 07534 311 366

email: [reliableplumber@gmail.com](mailto:reliableplumber@gmail.com)

- \*Bathroom installations including tiling
- \*Boiler servicing, maintenance and repairs
- \*General plumbing and breakdowns
- \*Work done correctly and explained
- \*No call-out charge (diagnostic charge may apply)
- \*Local, friendly and knowledgeable engineer
- \*Your house treated with respect
- \*All work carries a 6 month warranty

## A Letter From Your MP

One issue I've continued to push hard on these last few weeks has been NHS dentistry, after recent figures from an FOI request I sent found that £1.22 MILLION allocated for NHS dental services in Cornwall was shamefully handed back to the Government by the ICB, despite thousands of local people here struggling to access appointments (which I know many of you here in St Teath have also experienced). That funding could have delivered more than 40,000 dental appointments, while around half of Cornwall's children are currently missing out on NHS dental care. This simply cannot be right. I am demanding answers from the ICB and driving forward at full speed with my campaign for urgent action to improve access to NHS dentistry across North Cornwall. If you would like to support my petition on this issue, you can find details on my Facebook page and social media channels by searching 'Ben Maguire MP'.



I was also pleased to welcome the Cornwall Air Ambulance team to Parliament recently. They highlighted the growing financial pressures they face, including around £120,000 in additional annual fuel costs. The Air Ambulance provides such a vital lifesaving service across the Duchy, and is a highly valued asset for all of my constituents. I'll be working cross-party with colleagues to push for the improvements they need, including a dedicated and safer air ambulance crossing at Treリス Hospital, and I'm writing to the Government Minister responsible to fight their case.

Supporting local businesses here of course remains another major priority for me in the run up to a busy summer season. Having recently met with even more hospitality businesses across North Cornwall these last few weeks, I've heard at first hand how many are really struggling with rising costs. Speaking on BBC Politics Live, I highlighted the example of Trethorne Leisure Park near Launceston, which wants to create more opportunities for young people but is finding it increasingly difficult due to rising National Insurance contributions and other business costs. We should be making it easier, not harder, for employers to offer jobs, apprenticeships and valuable work experience to young people starting their careers.

Alongside my parliamentary work, my team and I continue to help residents here in St Teath and right across North Cornwall with a huge range of individual casework issues. During May alone, we resolved almost 1,000 cases from people right across the constituency. Recent successes last month alone included securing a VAT refund of more than £20,000 from HMRC for one constituent, resolving lengthy delays to a Personal Independence Payment claim and securing compensation, helping a local church finally obtain a long-delayed broadband installation and urgently raising concerns with the Foreign Secretary after a North Cornwall constituent was detained aboard the Sumud Freedom Flotilla.

Finally, casework is one of the most important parts of being your Member of Parliament. I'm often writing directly to Government departments and raising issues around health care, housing, pensions, immigration, benefits or local services, on behalf of my constituents to push for solutions to their problem. My team and I are always here to help wherever we can – please just reach out with any questions, queries, or casework via [ben.maguire.mp@parliament.uk](mailto:ben.maguire.mp@parliament.uk) and I'll do my best to help with whatever it is.

Ben Maguire | Liberal Democrat MP for North Cornwall | [ben.maguire.mp@parliament.uk](mailto:ben.maguire.mp@parliament.uk)



## EVENING PARTY PACKAGE

- Exclusive use hire from 4pm until 12am for up to 120 guests;
- Fully staffed bar stocked with local beers, ciders and spirits, and cocktail menu;
- Full access throughout to our gardens;
- Decorate however you like;
- 2 hours clean up time the next day – just walk away the night before!

*for just £300!*

AVAILABLE EXTRAS: • Food packages from just £8pp • DJ package for £250 • Drinks receptions from £4.50pp • Camping and glamping



Pengenna  
Manor

### ENQUIRIES:

enquiries@pengenna  
manor.co.uk

01208 612221



www.pengenna.com

# Western Supply

**BUILDERS MERCHANTS & DECORATOR CENTRE**



**BUILDING PRODUCTS - TIMBER & SHEET MATERIALS - ROOFING - LANDSCAPING  
PAINT & DECORATING - IRONMONGERY & FIXINGS - TOOLS - PLUMBING - ELECTRICAL**

**FOR TRADE  
& DIY**

www.westernsupply.co.uk

01840 212580

Atlantic Road, Delabole, PL33 9DN



**KELLANDS**  
(PLANT SALES) LTD

**TRADE COUNTER NOW OPEN**  
GENERAL PUBLIC WELCOME  
30 Tregoth Business Park, Camelford, PL32 9TX  
01840 212393

**DRAPER Tools** **REISSER** **westland**

Kellands (Plant Sales) Ltd Trade Counter now open.  
Stockist of Tools, Garden Products, Screws / Fixings and more.

**Open Monday to Friday 8am - 5pm**  
Easy Access / Ample Parking / Free Local Delivery

**BIG DUNK'S**  
**Paintball**  
&  
**Outdoor Laser Tag**

01840 211 460

**Dave Osborne**  
**Decorating**

City & Guilds Qualified 01840 212258  
Internal & External 07967582011  
Property Maintenance [osbornedec@aol.co.uk](mailto:osbornedec@aol.co.uk)

*Free, Written, No Obligation Quotations*

**A Green Heating Solutions LTD**  
Oil & Gas Boiler Servicing & Maintenance  
Heating & Hot Water Diagnostics & Repairs  
Domestic Gas & Oil Safety Certification

Over 20 Years Industry Experience  
Telephone – Andy Green – 07743 585125  
Email – [andy@agreenheatingsolutions.com](mailto:andy@agreenheatingsolutions.com)  
North Cornwall

**OFTEC** 502208 **safe** 949615

**WGS** | Williams Garden Services  
Landscaping

[www.wgs-landscaping.com](http://www.wgs-landscaping.com)  
[williamsgardenservices@outlook.com](mailto:williamsgardenservices@outlook.com)

**Landscape Gardening, Construction & Repair**

Gates - Fencing - Decking  
Garden Features - Raised Beds  
Pergolas - Sheds - Summer Houses  
Patios; New, Repaired, Repointed  
Paths - Driveways - Gravel - Block Paving

**Garden Renovation**  
Complete Clearance  
Pruning & Hedge Trimming  
Low Maintenance Solutions

**01208 204671 or 07907 734106**  
**'We do the work, you enjoy the results'**

Gareth Stubberfield  
**SINGING, PIANO, KEYBOARD  
& ORGAN LESSONS**

Also available for hire as accompanist  
for exams, weddings, funerals & social  
events

07498 580 454  
[stubbery2@hotmail.co.uk](mailto:stubbery2@hotmail.co.uk)

**Bramble Meadow**  
HERB & FLOWER FARM

- Edible flowers, herbs & salad
- Seasonal veg boxes
- Naturally grown produce
- Crafting with nature workshops
- Fresh & dried cut flowers
- Mental health & wellbeing support
- Support for SEND young adults
- Helping nature to nurture

[www.bramblemeadow.org](http://www.bramblemeadow.org)  
07763 157 131

## PRIVATE CARERS

CALL: JENNI GOBEL - 07391-247-668

MICHAEL HOLLOWAY - 07511-037-761

AREAS: DELABOLE & CAMELFORD (or close surrounds)

Qualified, DBS checked, fully insured, UTR Registered.

EXCELLENT REFERENCES AVAILABLE.

SERVICES PROVIDED:

- ✓ Personal assistance and health care
  - ✓ Medication Support
  - ✓ Food & Drink preparation
  - ✓ Domestic Duties
- ✓ Online Shopping, or providing lists to families
  - ✓ Respite Cover
  - ✓ Dementia Care
  - ✓ Manual Handling
  - ✓ Palliative Care
  - ✓ Welfare Checks

FULLY TAILORED AND DIGNIFIED CARE GIVEN AT ALL TIMES.

PLEASE CALL, EMAIL OR MESSAGE US ON:

Jenni - 07391-247668 / Email: [pennygobel@gmail.com](mailto:pennygobel@gmail.com)

Mike - 07511-037767 / Email: [mikeholloway2011@hotmail.co.uk](mailto:mikeholloway2011@hotmail.co.uk)

**AURELIA**  
BEAUTY

LASHES • BROWS • NAILS • PEDICURES • WAXING • MASSAGE

BASED IN ST TEATH

FIND US ON FACEBOOK & INSTAGRAM @ \_AURELIA.BEAUTY



07707 589813



[Aurelia-beauty@outlook.com](mailto:Aurelia-beauty@outlook.com)

TO ADVERTISE  
IN TIMEPIECE



Please contact  
Anne Blewett



[anne.blewett@gmail.com](mailto:anne.blewett@gmail.com)  
07778 422717



Independent Family Funeral Directors

**R. J. Bray & Son**

Lŷwŷdhyon Ynkleudhyas Teylu Anserghok



EGLOSHAYLE ROAD, WADEBRIDGE, CORNWALL, PL27 6AD

Telephone : (01208) 812626. Email : [david@rjbray.co.uk](mailto:david@rjbray.co.uk)

Golden Charter  
Funeral Plans



Day and Night Service  
Private Chapels of Rest  
Funeral Plans Available

**NEATE FEET**

for all your foot care requirements

**Claire & Simon Neate DPCFHP**  
Qualified Foot Health Practitioners

Nail care, ingrowing toenails,  
diabetic care, verrucae, paddings &  
dressings, corn removal.



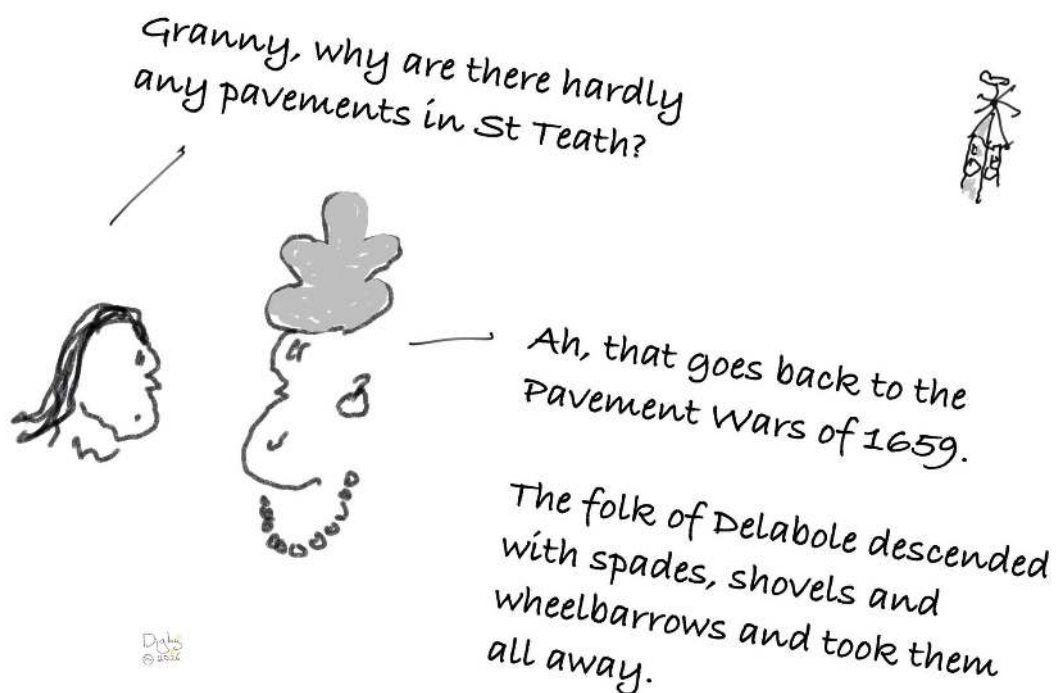
**SIMON: 07870 508 867**  
**CLAIRE: 07968 232 344**

## Polly's Village Diary

|                    |                    |                     |                                          |
|--------------------|--------------------|---------------------|------------------------------------------|
| Every Tuesday      | Coffee Morning     | 10.30 am - midday   | Community Centre                         |
| Every Tuesday      | Yoga               | 9.15 - 10.15 am     | Hall                                     |
| Every Tuesday      | Chair Yoga         | 10.30 am - 11.15 am | Hall                                     |
| Every Wednesday    | Art Group          | 2 - 4.30 pm         | Community Centre                         |
| Every Thursday     | Badminton Club     | 8.30 - 10 pm        | Hall                                     |
| 1st Thursday       | Parish Council Mtg | 7 - 9 pm            | Community Centre                         |
| 1st & 3rd Thursday | Rubbish Ramblers   | 10 am               | By the White Hart Pub                    |
| 2nd Friday         | Joybirds Meeting   | 2.30 - 5 pm         | Community Centre                         |
| Every Saturday     | Muddy Boots Club   | 11 am - 1 pm        | Acrewood Project<br>(off Treroosel Road) |

## What's On In July

|                                  |                      |                                                                                                        |                                     |
|----------------------------------|----------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------|
| Weds 1st July                    | Check with organiser | Village Hall                                                                                           | Camhayle Theatre:<br>Twisters       |
| Fri 3rd July                     | Eyes down 7.30pm     | Village Hall                                                                                           | Bingo in aid of<br>Acrewood Project |
| Fri 10th July                    | End of day           | Timepiece deadline: please send us your copy.<br><b>Note the issue will cover August and September</b> |                                     |
| Sat 26th July–<br>Sun 2nd August | CARNIVAL WEEK        | See carnival programme for details                                                                     |                                     |



## Crossword answers

Across:

1. chasm, 4. insurance, 9. ill, 10. rip, 11. nebulae, 12. kite, 13. positivist, 15. carer, 16. eagle-eyed, 17. damp squib, 21. reins, 23. terminator, 24. ogle, 27. high tea, 28. son, 29. alp, 30. petroleum, 31. bonny

Down:

1. clink, 2. all-star, 3. Marx, 4. implode, 5. singing, 6. rabbit ears, 7. nullify, 8. eventides, 14. prosciutto, 15. cadetship, 18. Mr Right, 19. unaware, 20. blossom, 22. ingrain, 25. empty, 26. snob

Don't forget the Village Website is regularly updated:  
<https://stteath.uk>

making it easy to advertise your local events.  
Please use the contact form on the website.

### HALL BOOKINGS

Contact Carol Blewett on 07792 278778

or email: [st.teath.hall@gmail.com](mailto:st.teath.hall@gmail.com)

Bookings can also be made through Messenger  
on our Facebook page:

**St Teath Church Hall**

To hire the

### COMMUNITY CENTRE

Please contact

Emma Davoust Zangari 01208 851843

or Jan Mewton on 01208 850742

Or book via Messenger or Facebook  
(St Teath Community Centre)

**NOTE NEW EMAIL ADDRESS:**  
[stteathcommunitycentrebookings@gmail.com](mailto:stteathcommunitycentrebookings@gmail.com)

INFORMATION: This is an independent newsletter, distributed free to households in St Teath Ward only by the Timepiece Team. The views published are not necessarily those of the Team, who reserve the right to alter/refuse any material submitted for publication. We do not accept items submitted anonymously, although contributors' names may be withheld on request.

|                    |                          |               |                                                                        |
|--------------------|--------------------------|---------------|------------------------------------------------------------------------|
| Editors:           | Jo Fleet                 |               | <a href="mailto:fleet.joanne@yahoo.co.uk">fleet.joanne@yahoo.co.uk</a> |
|                    | Anne Blewett             | 07778 422717  | <a href="mailto:anne.blewett@gmail.com">anne.blewett@gmail.com</a>     |
| Proofreaders:      | Jenny Tidd & Sarah Selby |               |                                                                        |
| Treasurers:        | Lesley & Paul Baker      |               |                                                                        |
| Distribution:      | Yvonne Tew & Gill Jones  | 01208 850 497 |                                                                        |
| Timepiece by Post: | Gill Jones               | 01208 850 388 |                                                                        |

Thanks to Shan Lancaster for providing photos of Jane Poynder for this issue.  
Credit to [clipart-library.com](http://clipart-library.com) for the use of stock images.