

St Teath School Students Put Pen to Paper



Last month, some of the students from St Teath School joined children from other North Cornwall primary schools to enjoy a day of creative writing at St Endellion Church Hall for the North Cornwall Book Festival.

The students met and worked with three writers: Liz Kessler, Jo Cotterill and Matt Windle. Pictured are St Teath students with Liz Kessler and her latest novel, called Valley of the Vikings.

By chance, a Timepiece editor was at the event and can report that – although ALL the children were fantastic – there was no doubt that the St Teath pupils had the most enthusiasm, the best ideas and the most interesting writing styles (of course!)

Scarecrow Trail

If you would like to join in the fun and make a scarecrow, entries must be in by 2nd November.

It is free to enter; just ring Kev on 01208 850002.

There will be a prize for the best one: judged on 8th November.

Voting and maps of scarecrows' locations are £1 each and will be available from 9 am till 12 noon before the Soup Kitchen event in the Community Centre on Saturday 8th November.



St Teath Allotment Association

Autumn Soup Kitchen

Saturday 8th November 11.30am - 2.30pm

at the Community Centre



Freshly made soups, rolls and cakes will be available:

- £4 for soup and a roll
- £2.50 for tea/coffee and cake

**THIS EVENT IS RUNNING ALONGSIDE THE
SCARECROW TRAIL COMPETITION AND THE
PRIZE WINNERS WILL BE ANNOUNCED AT 3PM**



Bonjour St Teath

As you might have seen, we have sorted out the notice board outside Froggy's Cuisine at The Old Butchers Shop. Please feel free to put your posters for local events on there. There are some pins, but you may need to bring your own. As it is uncovered, if you can laminate your posters they will last longer – especially during our Cornish winter weather!

Karen's Cancer Care Fundraiser



The Village Hall was packed at the end of September for a lovely evening of pampering and fundraising. Karen Prideaux (pictured second from right, above), ably supported by her glamorous assistant Fleur (pictured centre, above) demonstrated her Temple Spa products and we all left smelling delightful and feeling very relaxed. As well as having fun, we also raised over £600 for Cancer Care!

If you would like Karen to organize a Temple Spa event, you can contact her on karenprideaux@hotmail.com

Bellringers Wanted!

The sound of the Church bells ringing out across our village is part of a long unbroken tradition. Those of us who currently keep this tradition alive are also entrusted with making sure it continues into the future. We are always looking for anyone who would like to join us to learn how to ring, or to take up ringing again. Once learnt, bellringing is a skill never forgotten. Whether you are young or old, it can be easily mastered.

To that end, we are holding an **open evening in the Church tower on Monday 24th November at 7.30 pm**, when anyone of any age can come and see what actually happens in the tower. This includes young people over the age of 14 in the hope that we can start a juniors' section (members of the current team hold safeguarding certificates).

There are six bells in the Church tower, ranging in size, weight and date. We are all volunteers and any funds we receive from weddings and so on are used to make sure the tower and bells are well maintained. If you find you are interested after visiting the tower, then members of the team will happily supervise a programme of learning.

Bob Fox | Tower Secretary



'We Remember'

Remembrance Sunday 9th November

10.45am St Julitta's Church, Lanteglos

Act of Remembrance at the War Memorial
Followed by a service in Church

10.45am St Teath

Act of Remembrance in Church Square
Followed by a service in Church

2.30pm Delabole

Act of Remembrance at the War Memorial
Followed by a 3pm service in St John's

Armistice Day 11th November

10.45am Acts of Remembrance

St Adwena Church, Advent

The War Memorial, Delabole

We Will Remember Them'

Christmas Fayre



**Saturday 6th December
IN THE CHURCH HALL
10 - 12 noon**

CAKE STALL, RAFFLE,
VARIOUS OTHER STALLS
LIGHT REFRESHMENT

MINCE PIES AND COFFEE
BY DONATION

Something for
everyone



Santa's Grotto!



**29th November 2025
2-5.30pm (last entry to the
queue at 5.15pm)**

Tickets available from
the church hall porch £4
Our famous mulled
wine and mulled apple
juice will be in the
hall along with our
legendary 'surprise in a jar'!
All raising funds for our
fantastic school and pre
school!



The Churchyards

We are blessed with many volunteers in our village, and the upkeep of our churchyards is no exception. Many thanks to our regular grasscutters and the Community Gardening team (some of whom are pictured below) as well as to Bob and all others who do their bit towards ensuring the churchyards remain a special place to remember our loved ones.

We have become aware of two unstable gravestones, which need attention. If anyone knows of surviving relatives for those named below, please do pass on any information to me. We would like to preserve the stones as they are, but cannot do so without seeking family permission.

GRAVE IN CHURCHYARD

Thomas Greenwood

Died at Rockhead, 2nd Feb 1901 (aged 75 years)

Also Elizabeth Greenwood (his Wife)

Died at Berrow, Worcestershire, 30th July 1905 (aged 78 years)

GRAVE IN NEW CHURCHYARD

James Tucker

Died Delabole, 26th August 1912 (aged 72 years)

Also Mary Gove (his Wife)

Died 20th August 1918

We do try to ensure the churchyards remain safe for all those wanting somewhere to pause and reflect. Please remember guidelines state no glass or plastic to be placed on memorial stones and particularly in the ashes plot area, to minimise trip hazards. An exception is made for children's memorials but otherwise no toys etc. should be placed on the stones. If you're uncertain what is allowed, do ask us!

Many thanks,

Gareth Stubberfield | Churchwarden | Stubbery2@hotmail.co.uk | 07498 580454



Some of the grasscutters after the final cut of the year (left); and Rob and Clare from the Community Gardeners.

Methodist Musings – Light in the Darkness

It's that time of year when all is dark and sleepy. Some animals go into hibernation, and some humans seem to as well! Many don't like the cold winter nights and prefer to stay indoors where it is much warmer and more comfortable.

The trees have lost their leaves, some plants are sleeping beneath the soil and so many hours of the day are dark. It can often be seen as a bleak time when it seems that life itself slows down as the temperature falls and the morning cobwebs glisten in the morning dew.



There are many who suffer through the dark winter nights. Some people become isolated and even fear venturing out in the winter gloom, while some suffer from seasonal affective disorder, in which a lack of sunlight is thought to have an effect on our mental health.

Yet the winter months can also be a time of beauty, during which unsightful things are veiled by a blanket of frost and a greater view is seen through the bare trees. Sometimes, though, we fail to see creation in all its fullness or appreciate its majesty.

I used to work in the coal mines, one of the few places that we get true darkness. We used to carry a cap lamp and battery with us to enable us to see where we were going. On more than one occasion, my battery failed part way through the shift and I had to slowly feel my way toward the pit bottom, which could be a couple of miles away. I was never so glad to see the lights there shining ever brighter as I got nearer to them.

Light seems to shine brightest in the darkness. I love dark, clear nights when you can see the many stars that fill the sky, even with the naked eye. Apparently, the farthest distance over which the average unaided human eye can see a candle is about 1.6 miles.

We all need light in our lives – we thrive on it. As well as physical light, we also need the light of love, the light of family and the light of fellowship in our lives. I would also say that we need the light of Jesus in our lives.

In the darkest winter nights of our lives we benefit from all of the above, so don't just fumble in the darkness but seek the light of life!

"When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'" (John 8:12)

Blessings, Rev Steve Swann



Coffee Morning with Breakfast Baps

Saturday 1st November
10 am–12 noon in the Village Hall – including stalls
Proceeds towards the Christmas Lights



Tales of The Acrewood Project

Autumn has brought us much good fortune with not one but two incredible fundraisers. The village bingo raised over £800 and was hugely supported by our Acrewood families and the community. We also were invited to the North Cornwall Miniature Railway & Toy Museum Open Day where we served our teas and cakes, raising £900! Our heartfelt thanks and gratitude goes to all those involved in the organising, baking, donating and attending of these events. The money, combined with our Sparks Fund grant, has been spent on a wonderful winter shelter tipi to be installed soon by one of our Acrewood families & owners of local company, My Tipi.

The children have been busy creating the Halloween Trail and making all sorts of goodies for Christmas Hampers over a warm campfire. Thank you to all those who donated logs to help this happen. If you would like to order a homemade hamper full of delicious chutneys, jams and jellies, get in touch. The children have foraged as much of the ingredients as possible to make some lovely things.



Our basket weaving workshop was a great success, with a warming campfire soup served for lunch. Next up we have the Christmas Wreath Workshop where we will be foraging for some materials and creating lovely door wreaths to take home. (This is for the grown-ups to enjoy the peace and tranquillity of Acrewood, except for the odd cock-a-doodle-do, obviously!)

With the leftover fundraising money, we treated the children to some new tools to replace the hand-me-downs they've become accustomed to. They were delighted to find that Western Supply had also delivered a huge pile of 'treasure' in the form of pallets, scrap wood and bits & bobs. Their imaginations were ignited and new projects started immediately. It's truly a delight to see what an active mind can create from one man's trash! The joy it brings is incalculable.



We have loved welcoming the village children to Stay & Play sessions on Saturday mornings. It's a chance for everyone to share a piece of Acrewood and collect some eggs, make a campfire eggy-breakfast or pitch in with some jobs!

Thanks must go out to Arborcare who deliver us wood chippings whenever they can to help us combat our mud problem. We are slowly getting a little track in place thanks to the older teen volunteers who work hard for us when they can.

We are all looking forward to seeing what this winter brings us, it's been such an adventure so far. Finally, don't forget to pop your blue tokens in the Acrewood box when you're shopping in Tesco's!

Much love, Sian & Claire



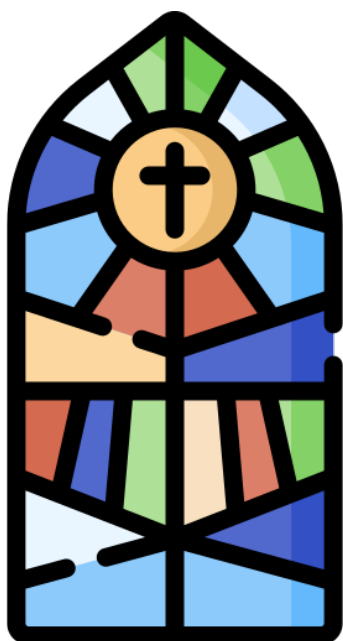
It's Coming!

The countdown has started to the BIG CHRISTMAS LIGHTS SWITCH-ON:
Saturday 29th November at 6 pm!

There will be stalls in the Hall and Community Centre from 2 pm, and Santa trail tickets will be available from the Hall.

To those who park in The Square:

Could everyone please find alternative parking on the weekends of **15th–16th November & 22nd–23rd November** as the crew will be putting up the lights. Many thanks in advance!



Help to decorate the Church for Christmas

St Teath Church welcomes all village organisations and individuals to decorate a window or pillar for Christmas! Our theme this year is Christmas Around the World.

A sign-up sheet will be available at the back of the church. Just add your name (or the name of your organisation) and your chosen country, and suggest where you would like to put your arrangement.

Windows and pillars will be allocated on a first-come, first-served basis. Thank you!

Advance Notice of December Church Services

Saturday 6th Dec 10.00 to 12.00 Christmas Fayre

Sunday 7th Dec 11.00 Celebration Communion

Sunday 14th Dec 11.00 Morning service

Sunday 14th Dec 4.00pm Christingle Service

Sunday 21st Dec 11.00 Choral Communion

Sunday 21st Dec 3.00pm Lessons & Carols

Weds 24th Dec 5.00pm, Crib Service

Weds 24th Dec 11.30pm, Midnight Communion

Thursday 25th Dec 10.00 am, Informal service

Sunday 28th Dec 10.30am, Benefice Communion

A Letter From Your MP

I was very pleased to visit a number of schools and colleges here in North Cornwall over the last few weeks, continuing my efforts to ensure young people feel empowered to get involved in politics and make their voices heard. I've stopped by Padstow Primary School, Callywith College, Sir James Smith's School, and Wadebridge Primary, where I had the chance to speak with pupils about what it means to be an MP and how our democracy works. They asked some brilliant, thoughtful questions and I left feeling hugely inspired, while making sure politics feels accessible and relevant to the next generation.



Alongside this, I've also been encouraging entries to my 'MP for the Day' competition, which invites under-18s across North Cornwall to send in a short video explaining what they would do if they were in my shoes for 24 hours. Entries were open until the end of October, so I'm looking forward to hearing the ideas young people want to share!

On the national stage, I was proud to speak at the Liberal Democrat Conference recently to propose a motion on legal aid. In my speech, I made the case for community-based Law Start Centres that could provide early advice on everything from domestic abuse to housing and debt here in North Cornwall. This is an issue affecting so many in our constituency, and having helped a number of constituents with their cases on access to legal aid, I'll continue to really push for proper access to justice for all.

I also made an appearance on Politics South West recently, where I repeated my call for urgent infrastructure investment to support Cornwall's rail links. Since the Dawlish line was washed away in 2014, we have still not seen the resilience or upgrades that our region desperately needs. I again made the point that North Cornwall is still without a single mainline station, which continues to hold our area back. I also spoke on the show about the housing crisis we face here in Cornwall, whereby the proliferation of second homes – and a lack of real affordable housing – is affecting so many of my constituents, especially the younger generation who are being forced to move far away to find somewhere to live.

I was very glad to host another local drop-in at Lanivet's One For All community centre recently, as these sessions are a great way to raise issues directly with me, and I'd encourage anyone nearby to come along and say hello over a cuppa at the next session. I'll be posting details on my Facebook page, so make sure to keep an eye out there if you'd like to join next time.

I am also proud that I'll be continuing to serve as the Liberal Democrats' Shadow Attorney General. In this role I have been able to speak up on a national platform about issues that directly affect North Cornwall, including failing police standards, the lack of a rural crime strategy, and more.

Finally, I learnt recently that Cornwall Councillor Rowland O'Connor has left Reform UK and now sits as an Independent on Cornwall Council. This means that North Cornwall no longer has any Conservative or Reform representation at council level, which I believe reflects a clear political shift locally, with residents choosing practical, community-focused politics over culture wars and division. I look forward to continuing to work constructively with Lib Dem and Independent Councillors like Rowland, to deliver on the issues that matter most to our area.

Ben Maguire | Liberal Democrat MP for North Cornwall | ben.maguire.mp@parliament.uk

Timepiece Crossword

Answers on page 24

Across

- 9 Prepare in the oven early to be like Australia before 1770? (7)
- 10 Go back to see inside pure entertainment (2-5)
- 11 Joint has unseemly clunk within extremes of knowledge (7)
- 12 Original quality book, thank you! (7)
- 13 Maybe gluttony ends daily upheaval (6,3)
- 15 London blues drop south east pincer (5)

- 16 Sprint to California and my first recorder (7)

- 19 Seamen's confusion as a whole (2,5)

- 20 Rich airhead inexplicably becomes one in authority (5)

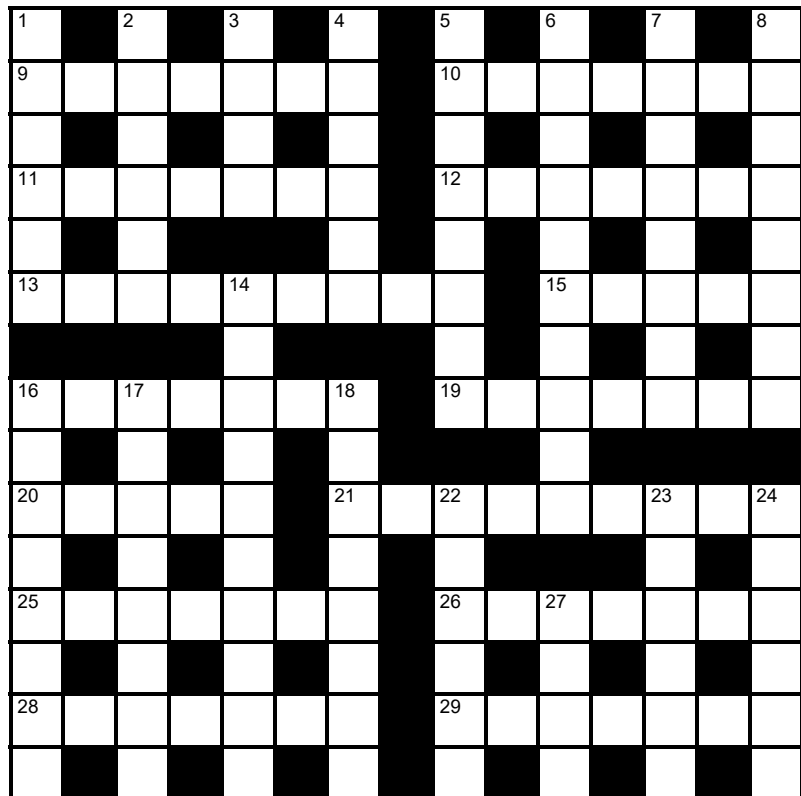
- 21 Walkover without criminal exam (2,7)

- 25 Police briefing after fruit drop (7)

- 26 Scruffy coat fed in practice (2,5)

- 28 Initially even Uruguay remains as somewhere inside astonishingly large landmass (7)

- 29 One who inherits fish wound back round gate (7)



Down

- 1 Freaked out - lost nothing like a bicycle wheel (6)
- 2 Small whale part of rebel Ugandan force (6)
- 3 Castle reveals decapitated villain (4)
- 4 Kisser puckers up for smooth travellers (6)
- 5 Mounted guns pounded acorn den (8)
- 6 Mother nearly starts after ace soldier (10)

- 7 Evil paramilitary enclose conversationalist with unwanted followers (8)

- 8 Cake collection smashed by karate (8)

- 14 Weeping, the French cry about hearts with some disdain (10)

- 16 Chirped out of tune around end of bridge - work that out! (8)

- 17 As a ratty mangled marble collection? (8)

- 18 Intelligence turns in a short time to smallest details (8)

- 22 Misled after medic

- turned to treat indulgently (6)

- 23 Stimulate close finish - 91 and the French turn (6)

- 24 Scoop resistance into dryer (6)

- 27 Old fashioned type is very unclear without gravity (4)

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Church Services at St Teath in November

Sun 2nd: All Saints' Day 11am - Celebration Holy Communion

Mon 3rd: All Souls' Day 7pm. A gentle service where we
remember those we have loved but see no more.

Sun 9th: REMEMBRANCE SUNDAY.

at the Clock Tower followed by a service in
Church

Sun 16th: 11am Choral Communion at Church

Sun 23rd: Christ the King Sunday with 10am Breakfast Church
(Breakfast from 9.45am)



Camel-Allen Churches
Sharing God's Love

Sun 30th: Holy
Communion for All at
St Julitta's Church,
Lanteglos at 10.30am

Please do contact
Revd Nicola Farr or
Gareth Stubberfield
if we can help in any
way:

Revd Nicola Farr Rector:

01840 219 376

revnfarr@icloud.com

Gareth Stubberfield:

(Churchwarden)

07498 580 454

stubberty@hotmail.co.uk

A Lay Reader Writes...

Dear Friends,

Before my Mother moved across the country to Cornwall, she lived in a village just outside Newmarket, in Suffolk. Along the street is a beautiful, enormous, Georgian, dolls-house-style home, in which lived a former lady-in-waiting to the late Queen. From time to time Her Majesty would stay, incognito, with her. Who would recognise her when she walked the dogs alongside the river in wellies and waxed jacket?



There was an occasion when the Queen was staying there and the lady popped out, leaving the Queen alone. Someone knocked on the door (we don't know who – an Amazon driver, a lady collecting for the Poppy Appeal, a child asking for their football back...) but the Queen, in what was surely one of the very few occasions she ever did, opened the front door and responded to the visitor. Can you imagine? Who would recognise her? Who would expect any front door would be answered by the monarch? How would you feel if you were that visitor?

Now, why do I share this? Well, come the end of November, the Church will celebrate Christ the King Sunday. The final Sunday in the Church Year, the following one being Advent and the countdown to Christmas (as I didn't use the word!) On Christ the King Sunday, this year on 23rd November, we celebrate Jesus as the Lord and Ruler of all; present before the world was created, all-powerful and mighty. We also remember that he knows each one of us; he loves us, cares for us and will walk every step of our life with us; this doesn't mean there will never be hard times, but it means we are not alone in them – there is nothing he will ever shy away from.

Then when the time comes for our earthly life to end, Jesus is right there, too. The Bible tells us that when he was speaking to his disciples, on the night before he was arrested, then tried, found sinless, but still crucified on a stinking rubbish tip [for us, that we might be free] he says, 'In my Father's House are many rooms. If it were not so, would I have told you that I go to prepare a place for you? ... I will come again and take you to myself, that where I am you may be also' [John 14:2,3] As he speaks to them, so he looks over their shoulders and speaks to everyone, through all time, including each of us.

Can you imagine what it will be like when Jesus answers Heaven's door personally to us, in turn, and shows us to our room? Not just the monarch of a few earthly countries, but Christ the King of All. The same King who, three days after he was crucified and died, rose again; destroying the darkness of death for all; forever. No wonder that we celebrate Christ the King.

If you want to know more, do come along to one of our services that day, a warm welcome awaits...

9.30am – Holy Communion at St John's Delabole

10am – Breakfast Church at St Teath Church (come hungry to this!)

Claire Salzmann

Licensed Lay Minister

Camel-Allen Churches

<https://www.camelallenchurches.org.uk>

MONDAY 3RD NOVEMBER 2025

ALL SOULS' DAY



There will be a short,
gentle service at 7pm, in
ST TEATH CHURCH

that we may pause and
remember again those
we love, but see no more

All Welcome

please bring a rose, if you wish



BREAKFAST CHURCH @ ST TEATH



Please come along to share in ...
a tasty breakfast
an informal, relaxed service
Bible story & reflections
activities for children
music & songs
for all ages

Nov 23rd
not in
December!
January 25th



breakfast from 9.45am



EVERYONE
WELCOME!



Rector & Pioneer Priest, Rev Nicki Farr
01840 219376 / 07587 001320

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Thursday mornings during term-times

The Grace Project will be there on the fourth Thursday of
the month, with a selection of clothing for children 1 – 12 yr

9.30am – 11.30am

St John's Church, Delabole

Everyone welcome,
come and join in; have a cuppa & chat

toys - craft - story - songs - toys

Just turn up; for any more information, please contact
Rev Nicki Farr on 01840 219376 / 07587 001320

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'BEACON OF HOPE'



Christians in Delabole
welcome everyone to
gather together in
St John's Church,
Delabole

SUNDAY 23rd NOVEMBER

at 7pm

Food - Faith - Friendship

All Welcome

Just turn up or for more information, please contact

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or 01840 219376 / 07587 001320

camelallenchurches.org.uk

County Council

Cornwall Council is developing a Local Plan: a blueprint for how our towns, villages and countryside will grow and change in the next 20 years. This plan will guide decisions on everything from housing and transport to protecting our natural environment.

We all know the challenges we face: finding affordable homes, keeping our communities connected, and making sure our beautiful landscapes are protected for future generations. We also have a real opportunity to influence how things improve, that starts with hearing from you.

Importantly, the Local Plan is legally binding. That means once it's adopted, it will shape what gets built and where, including the over 4,400 homes a year we are being asked to deliver by the Government. We can't change that target, but we can influence what those homes look like, who they are for, where they go, and how they fit into our communities. Crucially, we can also push for an infrastructure-first approach, making sure that roads, schools, health services and public transport are planned alongside new housing – not after it.

I recently went along to one of the drop-in sessions in Bodmin and it was welcoming, informal and suitable for all. With interactive and thoughtful tasks to complete, asking a series of questions to help capture what's important to you in a home, in your local area and in the everyday interactions you have in our community. It's a great way to make sure your voice is heard.

Drop-in sessions are happening across Cornwall from now through January – find the sessions online by searching Cornwall Local Plan events. Let's make sure the future of Cornwall reflects what we love most about living here.

Councillor David Garrigan
Cllr.David.Garrigan@cornwall.gov.uk | 07722 923412



Rubbish Ramblers

As the hedges die back, the summer's litter comes to the surface: our own harvest.

Come and join us. We leave from the White Hart car park at 10 am on the first and third Thursday of the month.

Dress visibly and bring a refuse bag.
Long and short routes on offer, as well as sparkling conversation.

Dates for your diary:
6th and 20th November,
4th and 18th December.



Kev's Christmas Quiz

Monday 24th November

7.30 pm in the White Hart

£10 for a team of four



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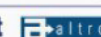
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St Teath Community Bus

Community Bus trips: still a few places left!

Tavistock: Tuesday 4th and Tuesday 18th November (£8)
Leaving from the White Hart at 9.30 am, returning from Tavistock at 2.30 pm.

Exeter: Tuesday 2nd December (£12)
Leaving from the White Hart at 9.30 am, returning from Exeter at 2.30 pm.

Hall for Cornwall Trip
MIDSOMER MURDERS: The Killings at Badger's Drift

Thursday 22nd January 2026: £30 including bus fare
Leaving from the White Hart at 12.45pm (performance at 2.30pm)

To book a place on any of our trips, please call Di Cox on 01208 850983

Community Bus Regular Services

Mondays: Truro. 9.30am from White Hart (returning at 2pm)
Fridays: Wadebridge/Tesco. 9.30am from White Hart (returning at 12 noon)

Any other enquiries regarding the bus: contact Mandy Woods on 01208 851346.

Thank Yous and Anniversary Wishes



A big thank you from St Teath Church and the Grace Project to everyone who has kindly dropped off pre-loved children's clothing in the church. The Grace Project takes the gift of good-quality clothing (for ages 0–12) and redistributes it for free throughout our community and beyond.

Visit St John's Church in Delabole on 27th November for a selection of clothes (see also the Grace Project advert on page 22).

Thank you to Bruce and Irene Lewis for all their hard work in making the verge at the end of the footpath by The Old School House look so beautiful and tidy. Bruce made the green planters himself and he and Irene have planted daffodil bulbs to keep the display going. – From an appreciative footpath user

Belated congratulations to David and Lorraine Jasper, who celebrated their 58th wedding anniversary last month.

The happy couple were spotted in the cafe having a lovely breakfast to mark the occasion. Sending best wishes to you both!



Speedwatch

Sadly, it looks like the session in which only 4 speeders were recorded was a blip. This time, 20 speeders were recorded in the St Teath 20 mph zone:

1 x 36, 1 x 35, 1 x 33, 2 x 32, 1 x 31, 2 x 30, 2 x 29, 2 x 28,
3 x 27, 2 x 26, 3 x 25

Please watch your speed.
The Speedwatch Team



Letter to the Editor

Dear Editor,

Earlier this year, I was caught doing 80 mph on the A30 in Devon. It cost me £100. Because I agreed to attend a speed awareness course, I did not get any points on my licence and my insurance remains unaffected. But note you can only attend one of these courses – after that, it's an automatic conviction.

I was a little sceptical before I went about the usefulness of what I was to be told, but that soon changed. It was so useful that I decided to share some of the information and put it alongside the valuable work of our Speedwatch team (above), because it affects our village.

Here are the main points that I discovered:

- Drivers who persist in going over 20 mph in our village are dangerous. Why? Because for every 1 mph over 20 mph, you become more liable to injure any person you collide with. So imagine hitting a child or anyone else who steps out in front of you! At 20 mph, you are likely to be able to stop. At 21 mph or over, you will be very unlikely to be able to stop. At 30 mph, you will hit and cause severe damage to whoever, or whatever, you hit.
- 'Ah, but what if I am in a hurry?' you ask. Tests have shown that if you are 30 minutes late for a 100-mile journey, the best you will make up is less than 50%. This means that if you are late for shorter journeys, you will remain late.
- A speed restriction starts (and ends) as soon as you pass the road sign showing the permitted speed. It is not as you pass any electronic indicator.
- A good way to limit your speed is to use your gears: 2nd gear for 20-mph zones, 3rd gear for 30-mph zones. Extensive testing shows that any increased fuel expense is minimal. All the data used on the course was validated by the main motoring associations and the independent testing organisation RoSPA.

I hope that others in the village can learn from this experience. We are lucky to live in such a relatively safe place. I think we should all try to keep it as safe as possible.

Best wishes,
Bob Fox



**November 14th in the
Community Centre at
2.30pm**

**ADRIAN LANGDON
Illustrated talk on**



Alaska

CHRISTMAS BINGO



In aid of St Teath AFC

Friday 7th November, Village Hall

Doors open at 6.30pm
Eyes down 7.30pm

Raffle ~ Tea & Coffee

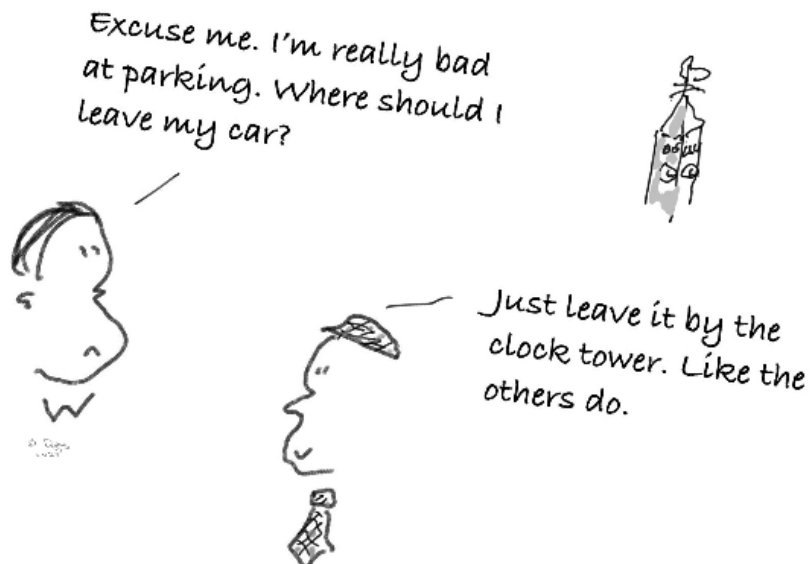
Merlin Christmas Cards

Christmas cards in aid of The Merlin Centre are now on sale in the Post Office, Cafe and from David and Lorraine Jasper at Bruallen.

STOP PRESS!

The Harvest Auction on 15 October raised a fantastic £1400 for the Christmas Lights. Thanks to auctioneer Gerald and to all who donated prizes and supported the event.

Cartoon Corner





Saturday 6th December *Family Christmas Crafts Day*

We've come over all crafty for this Christmas season! Join us for 4 different Christmas crafts, mulled wine, mincepies and luxury hot chocs!

4 x 1.5 hour sessions between 10:30am and 3:30pm.
Cracker making, bauble painting, snowflake making and gingerbread decorating. £15 per child, adults FREE.

Saturday 6th December *Christmas Party Night!*

It's time to organise the annual Christmas party again, and why not join us at Pengenna this year for something a bit different?!

Enjoy a canapé reception, full 2 course sit down festive feast, Christmas cocktails, grown-up party games and professional DJ disco in our fully decked barn. Party starts 6:30pm. No minimum number required. Fully stocked bar.



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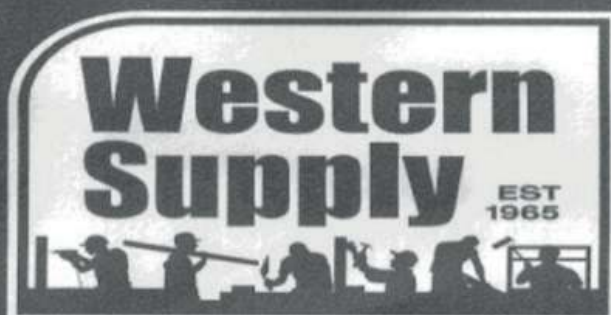
*Medical
Prescriptions still
being taken*



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**TO ADVERTISE
IN TIMEPIECE**



Please contact
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anne.blewett@gmail.com
07778 422717



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THE GRACE PROJECT



-CHILDREN'S CLOTHES BANK

**Free children's clothes
aged 0-12**

What is the Grace Project?



It is an award winning project serving the local community. We take the gift of pre-loved children's clothing and re-distribute them to those who would like our help.

**Reduce. Reuse.
Recycle**



REQUESTS

If you need clothing for your child/children, get in touch using the contact details below

DONATE

Good quality clothes can be donated and dropped off at St John's Delabole, St Thomas Camelford and St Teath Churches; open daily

GET IN TOUCH

FACEBOOK.COM/WADEBRIDGEGRACE
INSTAGRAM.COM/THEGRACEPROJECTGLOSCHURCH
GRACE@WADEBRIDGEPARISH.ORG.UK

Polly's Village Diary

Every Tuesday	Coffee Morning	10.30 am - midday	Community Centre
Every Tuesday	Yoga	9.15 - 10.15 am	Church Hall
Every Tuesday	Chair Yoga	10.30 am - 11.15 am	Church Hall
Every Wednesday	Art Group	2 - 4.30 pm	Community Centre
Every Thursday	Badminton Club	8.30 - 10 pm	Church Hall
2nd Friday	Joybirds	2.30 - 5 pm	Community Centre
	Main Meeting		
4th Tuesday	Joybirds	2.30 - 4.30 pm	Community Centre
	Book Club		
1st Thursday	Parish Council	7 - 9 pm	Community Centre
	Meeting		
1st & 3rd Thursday	Rubbish Ramblers	10 am	By the White Hart Pub

What's On In November

Sat 1st Nov	10 am – 12 noon	Village Hall	Coffee Morning for Christmas lights
Fri 7th Nov	Doors 6.30 pm	Village Hall	Xmas bingo for St Teath AFC
Sat 8th Nov	9 am – 12 noon 11.30 am – 2.30 pm	Community Centre Community Centre	Scarecrow trail maps Soup Kitchen
Sun 9th Nov	10.45 am	The Square (Followed by service in Church)	Act of Remembrance
Fri 14th Nov	2.30 pm	Community Centre	Alaska talk (Joybirds)
Sat 15th–Sun 16th	All weekend	The Square: lights set-up, please avoid parking	
Sat 22nd–Sun 23rd	All weekend	The Square: lights set-up, please avoid parking	
Mon 24th	7.30 pm 7.30 pm	Church tower White Hart	Bellringing open evening Kev's Christmas Quiz
Thurs 27th Nov	9.30 am – 11.30 am	St John's Delabole	Free children's clothing
Sat 29th Nov	2 pm – 5.15 pm 6 pm	Village Hall The Square	Santa's Grotto XMAS LIGHTS SWITCH-ON!

Crossword answers

Across:

9. precook, 10. re-enter, 11. knuckle, 12. novelty, 13. deadly sin, 15. chela, 16. dashcam, 19. en masse, 20. chair, 21. no contest, 25. plummet, 26. de facto, 28. Eurasia, 29. legatee

Down:

1. spoked, 2. beluga, 3. rook, 4. skiers, 5. ordnance, 6. serviceman, 7. stalkers, 8. traybake, 14. lachrymose, 16. decipher, 17. statuary, 18. minutiae, 22. coddle, 23. excite, 24. trowel, 27. foggy

Don't forget the Village Website is regularly updated:
<https://stteath.uk>

making it easy to advertise your local events.
Please use the contact form on the website.

CHURCH HALL BOOKINGS

Contact Carol Blewett on 07792 278778

or email: st.teath.hall@gmail.com

Bookings can also be made through Messenger
on our Facebook page:

St Teath Church Hall

To hire the

COMMUNITY CENTRE

Please contact

Emma Davoust Zangari 01208 851843

or Jan Mewton on 01208 850742

Or book via Messenger or Facebook
(St Teath Community Centre)

stteathcommunitycentre@gmail.com

INFORMATION: This is an independent newsletter, distributed free to households in St Teath Ward only by the Timepiece Team. The views published are not necessarily those of the Team, who reserve the right to alter/refuse any material submitted for publication. We do not accept items submitted anonymously, although contributors' names may be withheld on request.

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