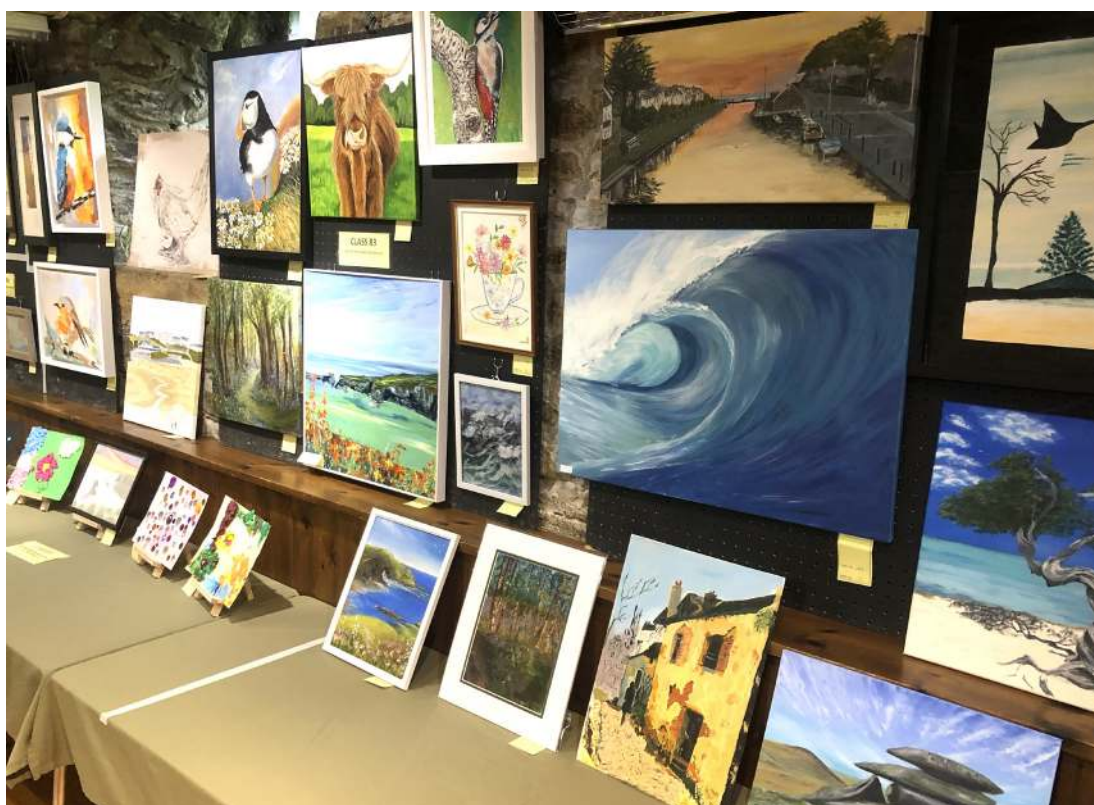


ST. TEATH TIMEPIECE

OCTOBER 2025

ISSUE 369

Another Super Village Show



Village Show Snapshots



Village Show Winners

I would like to thank everyone who took part in our 33rd Village Show at the end of August – it was yet another success for the people of St Teath.

My special thanks goes to Gerald Blewett, our president for this year, and to our hard-working committee who tirelessly put in so much effort.

My thanks also go to our judges and stewards for their time and support. And finally, thanks to Patrick Mewton and his mum, Liz, who so generously provided lunch for the committee and helpers on the day of the show.

The number of entries was a little down this year, but the quality was exceptionally good. It was nice to see more children's entries, with Ezra Lush-Williams taking home two trophies in the children's section.

Raine from the Acrewood Project (pictured below with Gerald) was awarded a trophy for the best art exhibit in the under-16s category. Very well done to both of you!



Dennis Pyra won the allotment cup for the most points in fruit and vegetables and a year's free membership to the Cornish Dahlia Society for the best dahlias.

Tony Prideaux won the best exhibit for four different vegetables on a 12-inch square. And, finally, the trophy for the most points in the entire show went to Marion Goodbourn (pictured above). Well done to all our 41 trophy winners, and we look forward to next year's village show.

– Kevin Hargrave, Village Show Chairman

Editor's note: A big thank you on behalf of everyone to all the committee and helpers who helped to make our Village Show such an enjoyable success.



In 1994, in Cadgwith Bay off the Lizard in Cornwall, a fishing boat sank, and its two crew sadly perished. This happened soon after many Coastguard lookouts had been closed down, and such was the depth of local feeling following the tragedy, the local community decided to establish a charity to provide a volunteer watch over that section of the coastline :the National Coastwatch Institution (NCI).

There are now 60 lookout stations around England and Wales where NCI watchkeepers provide eyes and ears along the coast, keeping watch and monitoring radio channels. They are there to alert HM Coastguard and direct the appropriate emergency and rescue services when people are in trouble. Our local station, Padstow NCI (pictured), is situated at Stepper Point and was built in the early 1920s to keep a watch over the approaches to Padstow and the Camel Estuary with its notorious Doom Bar.



HM Coastguard kept regular watches at Stepper Point until 1994, when the visual watches from Stepper Point watch house were abandoned. In 2006 it was renovated and opened as a fully operational lookout for NCI. Its full history can be seen on www.nci.org.uk by selecting Padstow.

If you are interested, visitors are always welcome to call in to the station if walking the coastal path. The walk up to the lookout is three-quarters of a mile, which is wonderful on a summer's day, but not for the faint-hearted.

At the present time, there are just under 60 local volunteers who cover a shift, between 3 and 4.5 hours depending on time of year, once a week or once a fortnight. If you are interested in volunteering, no previous experience is necessary. We have people from all walks of life, various backgrounds and all ages. Volunteers go through a training programme, which is mostly 'on the job' training.

For more information, please contact Peter Goodman, the current Station Manager:
Peter.Goodman@NCI.org.uk or 07774 235220

Tales of The Acrewood Project

We opened our gates off Treroosel Road for the very first time this summer, for children to enjoy some time in nature whilst learning valuable skills at the same time. We've been fully subscribed to every session we've advertised, both for neurodivergent children and the locals of the village. We've been blown away by the community support with all our random requests for help.



Navigating the world of SEND is notoriously difficult, stressful and glacial, with what feels like hurdles around every corner. St Teath, however, and all of its groups, committees and individuals have welcomed us with open and incredibly inclusive arms. There has been zero resistance or hesitation in offers of help and invitations to be part of the village show, the carnival and volunteers galore! We hope that the village as a whole knows how much of an impact their kindness has had on children and whole families that visit Acrewood.

We had a very busy summer term with lots of home-educated children from the local area. The children learnt about caring for the animals, foraging for and growing food, wild cooking, food preservation, maintenance and construction, water conservation and biodiversity to mention just a tiny part of our activities.

As the term finished, we dashed headlong into our Summer Stay & Play sessions where local children were able to come and experience The Acrewood Project during the school holidays. The mud kitchen was messy, the chickens cuddled and cared for, the goats fed and foraged. Child-led building projects were started and we now have a marvellous water run on the side of the field shelter, made from scraps of guttering by a rather clever four year old!

The ducks nearly have their pond after long last. The community has once again come together to sponsor ducks and name chicks to raise funds to finish the fencing. Little "Andrew Marshall" is doing just fine despite her name! We'd love to show all those who have helped us along the way, so get in touch to visit.

Carnival was challenging to accommodate the needs of neurodivergent children who can struggle with loud noises and lots of people, but the committee was incredible and popped us at the end away from the big brass band! We had a lovely time and raised £191 in the collection buckets. Once again, the children felt included and valued.

We have attended a few fetes too, selling our eggs, vegetables and preserved produce all grown, made or harvested by the children. Thank you if you've bought anything at those to support us. The Village Show was a huge success for us and we felt truly welcomed by the committee. Many of the children that attend The Acrewood Project do not go to school or other groups, so to feel part

(Continued from page 5)

of something and recognised for their entries was very special. The sense of belonging is invaluable and we believe every child deserves to feel welcome and that they belong. To some it's a rosette or a certificate to add to many sports days or music trophies, but to others it may be treasured like gold.

Our aim is for the children of Acrewood to feel proud of themselves, able to make valuable contributions, to feel heard and to have enjoyed their childhood not just survived it. Thank you, St Teath, for helping us with this goal. As ever we are on the hunt for water butts, spare wood, stones and virtually anything we can use to grow something, make something, save something or mend something! If you have anything kicking about get in touch!

Much Love, Sian & Claire
<https://theacrewoodproject.com/>



St Teath Art Group Annual Exhibition



Our Annual Exhibition will be held in the Hall
from Friday 24th to Sunday 26th October.

(Friday evening is by invitation only)

Saturday 10 am – 5 pm

Sunday 10 am – 4 pm

All are welcome



Firewood available in the Church cemetery

After the recent felling of a tree in the cemetery for safety reasons, there is now an amount of firewood available for villagers to take. Please note that the wood is not dried, so will need to be stored for about a year before burning.

Help yourself to the pile in the cemetery (the one across the Square from the Church lychgate), and if you would like to leave a donation, there is an alms box and a contactless card machine inside the Church.

Many thanks.



Rubbish Ramblers

So what's the backstory here?
Elaine (pictured left) found a discarded suitcase and three golf balls – along with the usual litter.

Has Tiger Woods been to St Teath and left in a hurry?

The Rubbish Ramblers set off from the pub car park at 10 am on the first and third Thursday of the month.

New faces very welcome – bring a bin bag and dress appropriately.

Dates for your diary: 2nd and 16th October, 6th and 20th November.

The 95 Bus and Parking around the Clock Tower

Dear St Teath folk and visitors to second homes and holiday lets,

We write with regard to the parking around the Clock Tower, especially near both junctions where the 95 bus has been forced to reroute due to safety reasons.

Because of this, the bus no longer passes through Trelill, Helstone or down Whitewells Road and along past Coldnorthcott towards Trelill. This has impacted those of us who do not drive, have a car or need to get to or back from the garage. At times, it has left us stranded in Wadebridge or St Teath and other places along the route – and has meant that we are unable to get out of our house without having to request lifts from friends.

We politely request that more care is taken to leave several metres of space before the junctions, particularly if your vehicle is large, and we ask that people do not double park.

Please will second-homers with paying guests and holiday lets leave information in your packs to this effect for your visitors.

We realise that parking is difficult in St Teath and, following the meetings with the councillors and MP, other bus options are being discussed and considered.

Thank you to those who signed the petition to have the bus reinstated and who attended the recent meeting.

Sincerely,
Val and Simon Thomas, Trelill

Methodist Musings – Light and Dark

The nights are drawing in and it's time to snuggle up by the fire with a hot chocolate and a good book, or a cup of tea and our favourite TV soap. For some of us it might be time to reflect on autumn nights past, perhaps as children, when we'd have conker conquests or play board and card games with the family. Or perhaps we're planners and this time of year gives us the opportunity to prepare for the forthcoming festive seasons, making to-do and to-buy lists so we're ahead of the game.



However we choose to spend our evenings at this time of year, there's no escaping the fact that it's getting darker and we're hurtling towards the day when we 'fall back' and gain an hour's sleep as the clocks change (Sunday 26th October). Soon it will be lights on by 5 pm, and we'll have more time to enjoy the night sky in this beautiful part of North Cornwall, pleasantly bereft of light pollution, and enabling us to look up at the myriad of stars and planets (cloud cover permitting!).

Of course if we do go out for an evening walk, we now need to remember to take a torch in order to avoid the potholes and puddles we might encounter along the way. This always reminds me of those words of Jesus in the New Testament book of John, when he says "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Nowadays, the word 'darkness' can have different meanings for each of us. For many people the world feels dark whether that is because of international discord, disease, poor mental health or just the challenges of day-to-day life. This darkness can feel frightening and overwhelming and we long for that light at the end of the tunnel, a little glimmer of hope to keep us moving forward.

These words of Jesus are really pertinent for us and the world today. If everyone did follow the way of Jesus – living the way God longs for by loving and respecting one another, thinking of others before ourselves and showing love and care for others and the world – then there really would be light instead of dark, hope instead of despair and peace instead of war.

Perhaps as we switch our lights on, attend our bonfire night celebrations and think about putting up the Christmas lights, we might remember that just as each light bulb, each spark, each flame lights up the darkness, so we can light up the darkness by doing our own little bit and following in the way of Jesus to bring hope and light into the darkest of places.

"The light shines in the darkness and the darkness has never put it out."
(John chapter 1, verse 5)

Julie Swann
Church & Community Worker
Camelford and Week St Mary Methodist Circuit

A Letter From Your MP

I've had a packed few weeks back in Parliament after summer recess. I was very proud to stand up in the House of Commons soon after returning to Westminster, to make the case for Cornwall during the Second Reading of the Government's English Devolution Bill. I made it clear that Cornwall must NEVER be lumped into a 'Devonwall' arrangement. In my office hangs a painting of the 1497 Cornish Rebellion, which is a clear symbol of our long-held resistance to unjust decisions imposed from Westminster. That same spirit lives on today. I spoke firmly in support of a Cornwall-only devolution deal, one that reflects our National Minority status, our unique way of life, and the distinct challenges we face down here. I really believe that decisions for Cornwall should be made IN Cornwall, by an elected Cornish Assembly – not in Plymouth, Bristol or Westminster. The current Bill does not deliver on that, which is why I voted against it and will be working hard to push for changes during the Bill's Committee stage.



Alongside that, I've been raising urgent local issues with ministers. I called for a debate on access to hospital care in rural areas like ours, because many of my constituents are forced to travel for hours to access basic services. In North Cornwall specifically, where our public transport is patchy at best, it's really hard for many to get to their nearest district hospital, be it Treliske, Derriford or Barnstaple. That's why I've requested a debate on setting up new district hospitals, which could potentially be in towns like Bodmin, so that people can access the care they need closer to home.

I also met with Minister Chris Bryant and officials at the Department for Science, Innovation and Technology to raise several concerns from constituents. I pressed for immediate action on the digital switchover and its impact in areas like Boscastle, where one elderly constituent was left without help for hours during a power cut, because of the limited mobile signal there. I also raised issues around Wildanet's rollout of fibre internet, with some residents being quoted thousands of pounds to be connected (despite earlier promises of access). I also pushed for clarity on the Government's new Registration Scheme for Furnished Holiday Lets, and was told it is expected to launch by spring 2026, which I'll continue to chase and keep you all updated on.

I also recently voted to scrap the archaic system of hereditary peers in the House of Lords. For far too long, unelected individuals have been able to shape our laws simply by birthright. We Liberal Democrats have long called for a fully elected second chamber (one that reflects modern democratic values and, importantly, is accountable to the people). I'll continue pushing the Government to go further: ending political patronage, reducing the size of the Lords and ensuring that every lawmaker in Britain has a democratic mandate.

I've now officially launched my 'MP for the Day' competition, which is open to anyone under 18 in North Cornwall. I'm inviting young people to send in a 60-second video, sharing what they'd do if they were in my shoes for a day – their big idea, or the change they'd make. If you know someone who might be interested, I want to hear from them! Entries can be emailed directly to me.

My time otherwise has been filled with lots of meetings with campaign groups who are working on issues that affect us in North Cornwall. I look forward to seeing many more of you during a range of community visits in the coming weeks – but until next time, take care.

Ben Maguire | Liberal Democrat MP for North Cornwall | ben.maguire.mp@parliament.uk

Timepiece Crossword

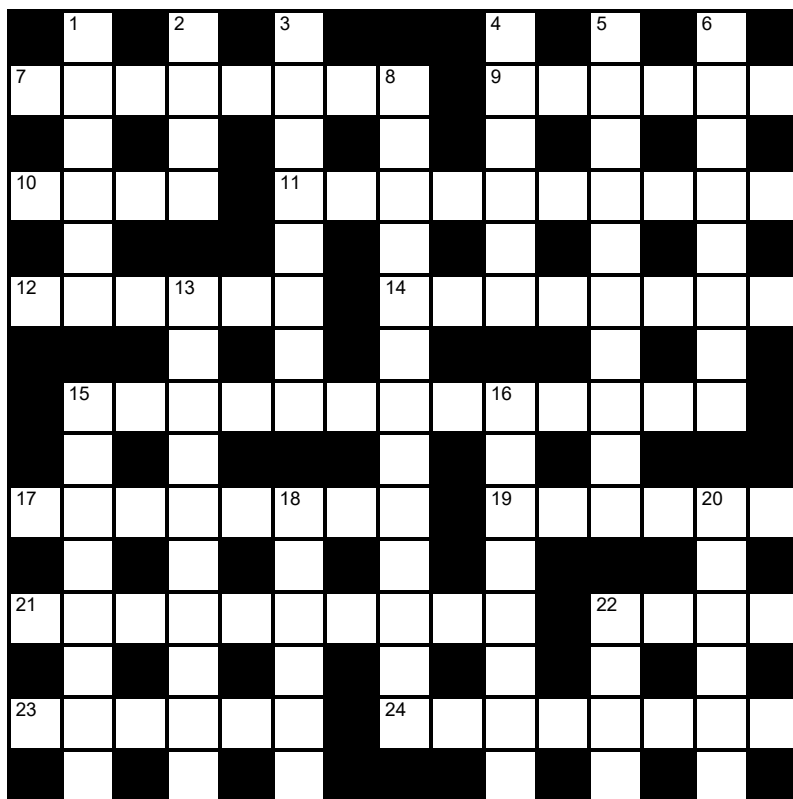
Answers on page 24

Across

- 7 A French choir in disarray around emporium's opening is cowardly (8)
- 9 Work with intelligence in wicked lies (6)
- 10 Thug likes to hide fruit (4)
- 11 Decorative manor demolished by misguided endless talent (10)
- 12 Latin dance without a Greek character (6)
- 14 Sharpest one of walkers is French (8)
- 15 Reflection of madly erotic Adonis (13)
- 17 No faster running on beach (8)
- 19 Last two made endless greed an academic award (6)
- 21 Persevere with rude tongue gesture (5,2,3)
- 22 Rocker rival ends first fashion (4)
- 23 Fish consumes canary tail - could mean a trial (3,3)
- 24 See the French pass without dad being totally clean (8)

Down

- 1 Imagine losing one inadvertently - it's a mystery! (6)
- 2 Home is just a part of a bellicose mind (4)
- 3 Autonomous cab could steal to turn a cricket team (8)
- 4 Reunion guests turn in after unsightly maul (6)
- 5 Most important part of pipes quietly toll (10)
- 6 Purveyor of lethal force like elite unit leading to wrongdoing (8)
- 8 Meticulous combination of coins and counties (13)
- 13 Carbon feet disturbing kindly helper (10)
- 15 Rare, cute wild animal (8)
- 16 Extension of idiot and chaos! (8)
- 18 Painkiller I consumed after work briefly (6)
- 20 Most senior of the Spanish decided head is French (6)
- 22 Huge number missing molecule factory (4)



Revd. Nicki Writes...

Dear Friends,

October sees us moving well into autumn with the days getting shorter and the trees around us changing colour to beautiful gold, red and amber. We are reminded that change is both natural and necessary as we watch the leaves gently fluttering down.

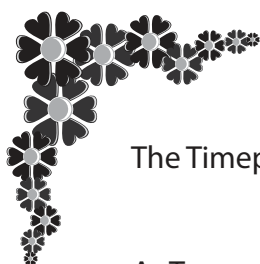
Autumn makes us remember that life is made of seasons, each with its own purpose. Autumn is a time of both beauty and surrender, and an opportunity to release and let go of those things in life which are unhelpful, just as the trees let go of their leaves as they come to the end of their season.

In John 15:2, Jesus teaches 'Every branch that does not bear fruit he prunes, that it may grow more fruit.' Gardeners will know the importance of pruning the right amount, at the right time, in the right way, in order to help the plant to flourish. Ecclesiastes 3 reminds us there is a 'time for everything' even to rest, reflect and retreat. It is in these times of slowing down and reflection that we notice both the world around us and awareness of our selves, and we recognise the parts of our lives that will benefit and flourish if pruned. Pruning and letting go are not signs of death, but of preparation for future growth.

Autumn is also a time of harvest, recognising the growth that has taken place in the previous seasons, a time of gathering in, of giving thanks and sharing God's blessings of provision and faithfulness with others. We are reminded that God is at work both in our lives and creation around us.

Beneath the soil, life is being readied for spring. So, too, in our seasons of waiting and loss, God is preparing new things – often unseen but deeply rooted. As the leaves fall and the earth quiets, autumn whispers a sacred truth: with God every ending carries the promise and hope of a new beginning.

Yours in Christ,
Nicki



With Sympathy

The Timepiece team sends love and condolences to Gill Jones and family after the sudden loss of Eddie.

As Treasurer of the Timepiece, Eddie kept a watchful eye on our finances, bringing in advertisers and making sure we could afford to keep printing to bring you village news and events each month. He was a firm hand on the tiller when Timepiece faced an uncertain future, and helped to guide us to the safer position we are in today. Thank you for everything, Eddie – we will miss you.

MONDAY 3RD NOVEMBER 2025

ALL SOULS' DAY



There will be a short,
gentle service at 7pm, in
ST TEATH CHURCH

that we may pause and
remember again those
we love, but see no more

All Welcome

please bring a rose, if you wish



Rector & Pioneer Priest, Rev Nicki Farr
01840 219376 / 07587 001320

BUMPS, BABES, TOTS & TOYS [BBTT]



A group for expecting mums, parents,
carers, babies & toddlers

Thursday mornings during term-times

October 2nd, 9th, 16th, 23rd

[The Grace Project will be there on 23rd with a
selection of clothing for children 1 – 12 years]

9.30am – 11.30am

St John's Church, Delabole

Everyone welcome,
come and join in; have a cuppa & chat
toys - craft - story - songs - toys

Just turn up; for any more information, please contact
Rev Nicki Farr on 01840 219376 / 07587 001320

revnfarr@icloud.com

camelallenchurches.org.uk

BREAKFAST CHURCH @ ST TEATH



Please come along to share in ...
a tasty breakfast
an informal, relaxed service
Bible story & reflections
activities for children
music & songs
for all ages

Oct 26th
Nov 23rd
not in
December!
January 25th



breakfast from 9.45am

EVERYONE WELCOME!



'BEACON OF HOPE'



Christians in Delabole
welcome everyone
to gather together in
St John's Church,
[opposite the playing field]

SUNDAY 26th October

7pm

Food - Faith - Friendship

All Welcome

Just turn up or for more information, please contact
Rev Nicki on revnfarr@icloud.com
or 01840 219376 / 07587 001320

www.camelallenchurches.org.uk

County Council

As summer gently winds down and the evenings grow cosier, it's the perfect time to hop aboard your local bus and enjoy the changing scenery. I'm working on requests to reinstate the 95 bus service through St Teath and onwards to Trelill. The service has been withdrawn due to the difficulties in turning at the Clock Tower in St Teath. We'd be really grateful if you could help by keeping the area around the tower clear, so the bus can safely turn onto the B3267. If this turning space remains accessible, there's a genuine opportunity to request the reinstatement of the service. Your support could make all the difference.



As a scuba-diving instructor and someone who deeply values our coastline, I was proud to vote in favour of Cornwall Council's voluntary ban on plastic flying rings. Often left on beaches, they pose a serious threat to seals and other marine life. I've seen seals with deep wounds caused by these rings getting stuck around their necks. The ban encourages retailers to stop selling plastic rings and asks beachgoers to choose safer alternatives. It's not enforced by law, but it sends a clear message: we care about our wildlife and our environment. Let's spread the word and make thoughtful choices, helping protect the coast we all love.

At the last full council meeting, we passed an historic motion calling on the Government to formally recognise Cornwall as the fifth nation of the UK. This is about identity, voice and respect. We live in a parish that is rich with heritage, community spirit and a deep connection to the land and sea. Yet too often, decisions that affect our lives are made far away in Westminster, without our voices being heard. This motion is a call to change that. It's about ensuring Cornwall's future is shaped by us, for us. This recognition would mean more than symbolic pride – it could bring real investment, meaningful devolution and a stronger say in our own affairs.

Councillor David Garrigan
Cllr.David.Garrigan@cornwall.gov.uk | 07722 923412

St Teath Scarecrow Trail

This year's scarecrow trail and competition will take place between Monday 27th October and Saturday 8th November.



To register your Scarecrow and receive an application form, please telephone Kevin Hargrave on 01208 850002 and leave your name and contact details no later than 25th October.

Free to enter: cash prize for the winner.

Maps of the trail will be available for £1 between 9 am and 12 noon on 8th November at the Soup Kitchen event in the Community Centre, when the judging will also take place.

Good luck to all!
Kevin Hargrave



Interested in joining?
Phone
Lynne Beavis
07711 056138

**October 10th in the
Community Centre 2.30pm**

Elaine Reynolds from



Bruallen Flowers

CHARITY BINGO NIGHT



In aid of The Acrewood Project
in St Teath

Friday 3rd October, Village Hall

Doors at 6.30pm
Eyes down 7.30pm



Coffee Morning with Breakfast Baps



Saturday 1st November
10 am–12 noon in the Village Hall – including stalls
Proceeds towards the Christmas Lights

SAVE THE DATE! Christmas lights switch-on: 29th November 2025

Cartoon Corner





Birthday Wishes

Happy birthday to Glenda on 1st October and to Eileen on 14th October. With love from David and Lorraine

SURPRISE! SURPRISE! SURPRISE! SURPRISE!

Happy 70th birthday to Phil Delahunty!

Thank you for everything you do to look after your family and your community, we'd be lost without you! Loads of love from Liz, Russell and Louise xxxx

Pearl's Birthday Celebrations



Several friends celebrated Pearl Pluess M.B.E.'s 93rd birthday on 15th July 2025 at Hatchmoor home, Great Torrington.

The birthday girl shared her special cake and other sweet gifts with over 40 other residents. Pearl was particularly delighted when her two oldest friends, Bill Pearce (see left photo, pictured with Pearl) and Phyllis Williams, attended her celebratory event.

Pearl wanted to thank all her friends and former neighbours for sending her birthday messages and cards. She said: "Everyone is so kind and wonderful with me".



AURELIA

BEAUTY

LASHES • BROWS • NAILS • PEDICURES • WAXING • MASSAGE

BASED IN ST TEATH

FIND US ON FACEBOOK & INSTAGRAM @ _AURELIA.BEAUTY



07707 589813



Aurelia-beauty@outlook.com

DDAS

**Delabole
Domestic
Appliance
Repairs**

ALL MAKES AND MODELS REPAIRED

*Washing machines • Cookers • Dishwashers • Fridges
Tumble Dryers • Freezers and more*

MARK TURNER

07899 756 772



Independent Family Funeral Directors

R. J. Bray & Son

Llywoddyon Ynkleudhyas Teylu Anserghok

EGLOSHAYLE ROAD, WADEBRIDGE, CORNWALL, PL27 6AD

Telephone : (01208) 812626 Email : david@rjbray.co.uk

Golden Charter
Funeral Plans



Find us on
Facebook

Day and Night Service
Private Chapels of Rest
Funeral Plans Available

NEATE FEET

for all your foot care requirements

Claire & Simon Neate DPCFHP

Qualified Foot Health Practitioners

Nail care, ingrowing toenails,
diabetic care, verrucae, paddings &
dressings, corn removal.



SIMON: 07870 508 867

CLAIRE: 07968 232 344

Path's End, St Teath Bed & Breakfast

All rooms ensuite

Rosie Robinson

01208 850441

Gareth Stubberfield SINGING, PIANO, KEYBOARD & ORGAN LESSONS

Also available for hire as accompanist
for exams, weddings, funerals & social
events

07498 580 454

stubby2@hotmail.co.uk

Church Services at St Teath for October

Sun 5th: 11am Family Communion

Sun 12th: 11am Morning Worship

Sun 19th: 11am Choral Communion

Sun 26th: 10am Breakfast Church.

And at Camelford:

Thur 23rd: 7pm Healing Service at St Thomas

*Please do contact Revd
Nicola Farr or
Gareth Stubberfield
if we can help in any way:*

*Revd Nicola Farr, Rector:
01840 219376
revnfarr@icloud.com*

*Gareth Stubberfield
(Churchwarden)
07498 580454
stubby2@hotmail.co.uk*



St Teath Community Bus

Special Trips on the Community Bus

Tavistock: Tuesday 4th and Tuesday 18th November (£8)
Leaving from the White Hart at 9.30 am, returning from Tavistock at 2.30 pm.

Exeter: Tuesday 2nd December (£12)
Leaving from the White Hart at 9.30 am, returning from Exeter at 2.30 pm.

Hall for Cornwall Trip

MIDSOMER MURDERS: The Killings at Badger's Drift

Thursday 22nd January 2026: £30 including bus fare
Leaving from the White Hart at 12.45pm (performance at 2.30pm)

To book a place on any of our trips, please call Di Cox on 01208 850983

Community Bus Regular Services

Mondays: Truro. 9.30am from White Hart (returning at 2pm)

Fridays: Wadebridge/Tesco. 9.30am from White Hart (returning at 12 noon)

Any other enquiries regarding the bus contact Mandy Woods on 01208 851346.

Speedwatch

Good news! Only 4 speeders were recorded in the latest session in the St Teath 20 mph zone: 2 x 27, 1 x 26, 1 x 24

For comparison, there were 14 + 23 speeders in the previous two sessions:

1 x 33, 3 x 32, 2 x 31, 4 x 30, 2 x 29, 4 x 28, 4 x 27,
3 x 26, 4 x 25, 10 x 24

Thank you for watching your speed.
The Speedwatch Team





FARM SHOP & RESTAURANT

FARM SHOP:

Open 7 days a week

Monday to Saturdays 9am-4:30pm

Sundays 9am-4:00pm

RESTAURANT:

Open 7 days a week

Now OPEN MONDAYS!!

9am-4pm

We look forward to seeing you!!!

'HOLIDAY COTTAGES AVAILABLE'

To get in contact with Trevathan call us on

01208 880164

www.trevathanfarm.com

FIND US ON THE B3314 at St Endellion.

Follow us:   

beauty by fleur



Beauty Therapist with over
20 years experience.

Salon open in
North Road, St Teath.

For information and bookings
07811 850 943



CHRIS WOODWARD

GENERAL BUILDER AND HANDYMAN

City and Guilds Approved
Over 30 years experience

Tel: 07766 500 852

Email: chriswoody36@hotmail.co.uk

Celebrating Life and Love

Fiona Solomon
Celebrant

07527 081872
fionasolomoncelebrant.com



Sheridan Skin Health
benefit your skin



Sheridan Foot Health
Give foot problems the boot

Covering St. Teath and surrounding areas

- Nail trimming
- Corn and callus removal
- Fungal nail
- Athlete's foot and verrucae treatments
- Diabetic foot care

• ADVANCED EPILATION

*Treatment used to remove moles, skin tags,
sebaceous cysts, warts and more...*

• EAR WAX MICROSUCTION

Suction removal of Ear Wax

All in the comfort of your own home.

Call: 07557 029429 to book

email: diane@sheridanfoothealth.co.uk

www.sheridanfoothealth.co.uk

 /happyhealthyfeet

Diane Sheridan RN MCFHP, MAFHP

PHILIP SLEEP FLOORING

01840 212077

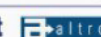
The professional & reliable family run business with over 20 years experience.

**FREE
QUOTATIONS**

New shop location
THE STRIP, ROCKHEAD,
DELABOLE, PL33 9BU



lifestyle



OPENING TIMES

Mon-Fri 9am - 2.30pm

Sat 9am - 1pm

Proper Job PROPERTY & GARDEN SERVICES

Plastering, Painting & Decorating, Tiling,
General Repairs, Lawn Care, Hedge Cutting,
Planting, Garden sitting service.

Fully insured, RHS qualified.

Registered waste carrier

Dave Williams 07896 613 472

R. MEARS & Son CHIMNEY SWEEP

Vac & Brush, Cowl fitting service.

CCTV investigation work done.

01840 261 221 * 07737 533392

www.sweepcornwall.com

Covering Cornwall & W. Devon

Est. over 30 years. NO711/30134



STURDI

.co.uk
**OUTDOOR
FURNITURE**



**PICNIC BENCHES
GARDEN SEATS
STREET FURNITURE
PLAY EQUIPMENT**

www.sturdi.co.uk

07939 022 820

01840 213362

Bespoke commissions welcome

Designed and made
locally

Strong construction

Tanalised
softwood
or Recycled

Plastic
(for extra
durability)



Need a plumber or gas engineer?

The reliable plumber is a small, fully qualified, and fully
insured local family-run business

The **RELIABLE**
Plumber

Tel: 07534 311 366

email: reliableplumber@gmail.com

- *Bathroom installations including tiling
- *Boiler servicing, maintenance and repairs
- *General plumbing and breakdowns
- *Work done correctly and explained
- *No call-out charge (diagnostic charge may apply)
- *Local, friendly and knowledgeable engineer
- *Your house treated with respect
- *All work carries a 6 month warranty

ROYA | WINDOW CLEANING

Tel: 07581025449

Email: royalwindowclean@hotmail.com

Website: royal-window-cleaning.weebly.com

Find us on Facebook

Window Cleaning - Gutter Clear/Cleans
Fascia/Soffit Cleans - Pressure Washing

SPROULL

SOLICITORS

ACCIDENT CLAIMS
PROBATE

CONVEYANCING
WILLS

SPROULL SOLICITORS LLP

8 Fore Street

Camelford

PL32 9PG

Tel: 01840 212315

42 Fore Street

Bodmin

PL31 2HW

Tel: 01208 72328



Saturday 25th October

Pengenna Pumpkin Trail!

Visit us this Halloween for some spooky shenanigans at the Manor with a trail through the grounds, marshmallow toasting, themed colouring, and tea and cake.

Tickets £10 per child for the trail, adults FREE. Two sessions – daytime 11am and an extra spooky nighttime 6pm session!



Pengenna
Manor

**BOOKING
ESSENTIAL
FOR ALL
EVENTS.**

MORE INFO:



www.pengenna.com



HOME AND
GARDEN
MAINTENANCE

TONY PRIDEAUX

General Garden services
including Mowing,
Strimming, Hedge Cutting,
Fencing, Pressure Washing,
Fascia & Gutter cleaning

GENERAL HOME DIY

tony.prideaux@hotmail.com

07771 884 052

**St Teath Post
Office**
Stationery, Postal
Packaging

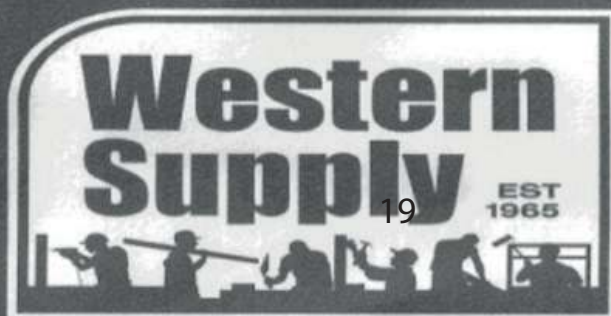
*Medical
Prescriptions still
being taken*



OPEN: Mon - Fri
9am - 5pm
CLOSED: Saturday
and Sunday

01208 850220

Builders Merchants & Decorator Centre



Family owned and
run since 1965

Atlantic Road, Delabole,
Cornwall PL33 9DN

01840 212580

www.westernsupply.co.uk

KELLANDS
(PLANT SALES) LTD

TRADE COUNTER NOW OPEN
GENERAL PUBLIC WELCOME
30 Tregoth Business Park, Camelford, PL32 9TX
01840 212393

DRAPER Tools **REISSER** **westland**

Kellands (Plant Sales) Ltd Trade Counter now open.
Stockist of Tools, Garden Products, Screws / Fixings and more.

Open Monday to Friday 8am - 5pm
Easy Access / Ample Parking / Free Local Delivery

The Angry Anchovy Pizzeria



10 New Road, Port Isaac
Next to Trelawney Garage
01208 881 384

BIG DUNK'S Paintball
& Outdoor Laser Tag

01840 211 460

A Green Heating Solutions LTD
Oil & Gas Boiler Servicing & Maintenance
Heating & Hot Water Diagnostics & Repairs
Domestic Gas & Oil Safety Certification

Over 20 Years Industry Experience
Telephone - Andy Green - 07743 585125
Email - andy@agreenheatingsolutions.com
North Cornwall

OFTEC 502208 **safe** 949615

**TO ADVERTISE
IN TIMEPIECE**

Please contact
Anne Blewett
anne.blewett@gmail.com
07778 422717




CornishRisk
Expert risk advice & customised
insurance for business owners.

Offering
Public & Employers' Liability
Property / Cyber Protection
Professional Indemnity
Directors & Officers
Business Interruption
Commercial Vehicle & Marine

01840 212895

CornishRisk is a trading style of MercariRisk
Management Limited authorised and
regulated by FCA number 840548

THE WHITE HART INN

St Teath 01208 850281

**OPEN ALL YEAR
7 DAYS A WEEK**



Family and pet friendly
Good Beer and Food
Home cooked food served with a smile
A la Carte Menu
Ample Free Parking
Small parties are catered for
Your host: Barry Burton
Find us on Facebook and Tripadvisor



Volunteer Drivers Needed in Your Area

Do you have spare time?

- Couple of hours
- Regular or Ad-hoc
- Evenings/Weekends
- Odd days

- Enjoy Driving?
- Meeting People?
- Helping Others?



You will be providing a vital service and helping isolated and vulnerable people get to where they need to be.

Our drivers complete journey for:

- Hospital appointments
- School runs
- Charities & group events

Drivers are required to undertake training in Safeguarding and MiDAS every 2 years

Mileage is reimbursed at a rate of 45p per mile

Email at bookings@volunteercornwall.org.uk or call on 01872 265300



THE GRACE PROJECT



-CHILDREN'S CLOTHES BANK

**Free children's clothes
aged 0-12**

What is the Grace Project?



It is an award winning project serving the local community. We take the gift of pre-loved children's clothing and re-distribute them to those who would like our help.

**Reduce. Reuse.
Recycle**



REQUESTS

If you need clothing for your child/children, get in touch using the contact details below

DONATE

Good quality clothes can be donated and dropped off at St John's Delabole, St Thomas Camelford and St Teath Churches; open daily

GET IN TOUCH

FACEBOOK.COM/WADEBRIDGEGRACE
INSTAGRAM.COM/THEGRACEPROJECTGLOSCHURCH
GRACE@WADEBRIDGEPARISH.ORG.UK

Polly's Village Diary

Every Tuesday	Coffee Morning	10.30 am - midday	Community Centre
Every Tuesday	Yoga	9.15 - 10.15 am	Church Hall
Every Tuesday	Chair Yoga	10.30 am - 11.15 am	Church Hall
Every Wednesday	Art Group	2 - 4.30 pm	Community Centre
Every Thursday	Badminton Club	8.30 - 10 pm	Church Hall
2nd Friday	Joybirds	2.30 - 5 pm	Community Centre
	Main Meeting		
4th Tuesday	Joybirds	2.30 - 4.30 pm	Community Centre
	Book Club		
1st Thursday	Parish Council	7 - 9 pm	Community Centre
	Meeting		
1st & 3rd Thursday	Rubbish Ramblers	10 am	By the White Hart Pub

What's On In October and November

Fri 3rd Oct	7.30 pm	Village Hall	Charity Bingo for Acrewood Project
Fri 10th Oct	2.30 pm	Community Centre	Bruallen Flowers talk (Joybirds)
Fri 10th Oct	TIMEPIECE DEADLINE: please send us your copy for the November issue		
Sat 25th Oct	10 am – 5pm	Village Hall	Art Group Exhibition
Sat 25th Oct	11 am & 6pm	Pengenna Manor	Pumpkin Trail
Sun 26th Oct	10 am – 4pm	Village Hall	Art Group Exhibition
Sun 26th Oct	2 am	Clocks go back one hour to GMT	
Mon 27th Oct		Scarecrow Trail opens	
Sat 1st Nov	10 am – 12 noon	Village Hall	Coffee Morning for Christmas lights
Sat 8th Nov	9am – 12 noon	Community Centre	Soup Kitchen & Scarecrow judging
Sat 29th Nov	SAVE THE DATE – Christmas Lights Switch-on!		

Crossword answers

Across:

7. unheroic, 9. liaise, 10. ugly, 11. ornamental, 12. lambda, 14. crispest,
15. consideration, 17. seafront, 19. degree, 21. stick it out, 22. mode, 23. try out, 24. spotless

Down:

1. enigma, 2. semi, 3. robotaxi, 4. alumni, 5. mainspring, 6. assassin, 8. conscientious,
13. benefactor, 15. creature, 16. addition, 18. opiate, 20. eldest, 22. mill

Don't forget the Village Website is regularly updated:
<https://stteath.uk>

making it easy to advertise your local events.
Please use the contact form on the website.

CHURCH HALL BOOKINGS

Contact Carol Blewett on 07792 278778

or email: st.teath.hall@gmail.com

Bookings can also be made through Messenger
on our Facebook page:

St Teath Church Hall

To hire the

COMMUNITY CENTRE

Please contact

Emma Davoust Zangari 01208 851843

or Jan Mewton on 01208 850742

Or book via Messenger or Facebook
(St Teath Community Centre)

stteathcommunitycentre@gmail.com

INFORMATION: This is an independent newsletter, distributed free to households in St Teath Ward only by the Timepiece Team. The views published are not necessarily those of the Team, who reserve the right to alter/refuse any material submitted for publication. We do not accept items submitted anonymously, although contributors' names may be withheld on request.

Editors:	Jo Fleet		fleet.joanne@yahoo.co.uk
	Anne Blewett	07778 422717	anne.blewett@gmail.com
Hon. Editor:	Jane Poynder		
Proofreaders:	Jenny Tidd & Sarah Lush		
Distribution:	Yvonne Tew	01208 850 497	
Timepiece by Post:	Gill Jones	01208 850 388	

Thanks to Sian Hewett for providing a photo for this issue.

Credit to clipart-library.com for the use of stock images.