

ST. TEATH TIMEPIECE

OCTOBER 2024

ISSUE 359



Carnival Winners 2024

Congratulations to all the winners. This year's carnival entries were some of the very best the village has ever seen!

Class No.	Winners
1	No entries
2	Fireman Dexter
3	No entries
4	Ken and Barbie 10 years on – Sophie and Ben Broadhurst
5	St Teath Regulars - Anna Hawkey and the crew
6	St Teath School Safari
7	Paw Patrol – Georgia, Olivia and Alex
8	No entries
9	Emperor Nero – Liam and his servants
10	Hendra Carnival Queen - Molly
11	Hendra Carnival attendant - Holly
12	Hendra Carnival Queen Group
13	Hendra Fairy Queen - Scarlet
14	Camelford Fairy Queen attendants – Broley, Scarlett and Evie
15	Camelford fairy Queen Group – Sadie, Broley, Scarlett and Evie
16	Hendra Carnival Queen Group
Overall	St Teath School Safari



CARNIVAL 2024 FEEDBACK

The carnival team would like to take this opportunity to say a huge thank you to the whole village for all your support for carnival week: with a special mention to the Rubbish Ramblers and all the residents near the village green. What a village this is! Roll on Carnival 2025.

We would love to hear from you if you have any ideas to improve the carnival. Perhaps you have watched us and wondered why we are doing something the hard way, perhaps you have some suggestions or ideas to improve the event. We would love to hear from you.

1. What things do you like most about carnival week?
 2. What would you like to see more of?
- (We can't guarantee we can make your suggestions work, but we will try our best.)
3. What can we improve?
 4. Can you offer something – time/a skill/an event for the children?
 5. Anything else?

Don't be shy: let us know! You can e-mail us at st.teathcarnival@gmail.com or hand in your ideas at the café.

St Teath Village Scarecrow Competition

A Scarecrow trail and competition will be held in the village during half-term week, 28th October to 2nd November. Register your Scarecrow by telephoning Kevin H on 01208 850002 or by email to kevinhargrave51@gmail.com no later than 20th October,

with your name, contact number and the address of your scarecrow. Full instructions and competition rules will then be sent to you.



Scarecrow entries are completely free.

Maps of the Scarecrow trail will also be available at a cost of £2.00 from the Post Office and from 9.00am on the morning of the Soup Kitchen in the Community Centre on Saturday 2nd November (see advert on page 17). Judging will take place on Saturday 2nd and prizes will be awarded at 3pm after the Soup Kitchen.



St Teath Village Show

The people of St Teath have pulled it off again. Despite the horrendous summer that we have all had, the competitors produced some of the finest fruit, vegetables and flowers that we have seen. And, once again, there were some excellent arts and crafts entries for this year's Village Show.

The largest section was the fruit and vegetables categories, in which there were 150 entries! In the Cut Flowers section there were over 100 entries! Overall, there were just over 570 entries – almost a new record – to make it one of the best St Teath Village Shows yet. My thanks go out to our dedicated committee, the judges, stewards and volunteers, this year's President Bob Fox, but mostly to the people of St Teath, who never fail to amaze me.

Kevin Hargrave, Chairman of St Teath Village Show

St Teath Arts Fest 2024

Lambs and goats grazed peacefully on the lawn at the Old Vicarage, watched over by a dolphin, rook and seagull, while fish assumed uncharacteristic poses nearby. Yet all was not as it seemed. These were some of the spectacular displays created for St Teath's Arts Fest, an August bank holiday celebration of the arts created and performed by talented local artists, including children.

The church was a blaze of light and colour, art and crafts filling every available space. Visitors enjoyed paintings, ceramics, stained glass panels, woodwork, miniatures, photographs – a huge range of work by professional and amateur local artists. St Teath Art Group exhibited their work in the Hall. Members created an eye-catching display of ceramics,

portraits and landscapes in a variety of media, exhibiting their creativity, talent and enthusiasm.



'Words and Music for a Summer Evening' invited the weather to be unkind, and so it proved. Stubby's Jazz Band, along with guest soloists, soon brightened up the evening. Sue Bowden read works by John Betjeman, perfectly expressing the beauty and timelessness of our coast. Pimms and Prosecco offered a summer boost despite the rain and cold.

A highlight was the presentation of prizes by Bob Fox and Polly to the winners of the inaugural Anne Worrall 500 Words Short Story Competition – won by Cole Clements (above right), Eliana Cowles (left) and overall winner of the children's classes, Liam Curnow (below right).

Entries were of such a high standard that it was difficult to choose an overall winner of the competition, but judge Chloe Banks selected Reg Payne (below left) for his uplifting "Beat of the Wing". Congratulations to the winners and special thanks to Barbara Strachan for coordinating the competition and to the Banks family for their support.

Sunday afternoon's Organ and Choral concert given by Gareth Stubberfield and St Teath Church Choir continued the celebration of local music-making. A superb closing performance of Widor's Toccata earned Gareth a well-deserved standing ovation. And the cream tea was enjoyed too!



Arts Fest proved to be a hugely successful community event, bringing people together and raising £1,250. This is to be shared between St Teath Church, £750 towards new carpets, St Teath Man Shed, £300 for materials, and St Teath Art Group, £200. Organisers Bob Fox, Carol Blewett and Sue Imber would like to thank everyone who helped over the weekend, and particularly Gareth Stubberfield who organised all the musical entertainment. Finally, a big thank you to all the visitors who came to support us and to enjoy the superb work of our local artists and musicians. Eliana's and Reg's stories can be found in this issue; we hope to include Cole's and Liam's next month!



Methodist Musings – Be thankful!

Autumn seems to have arrived with a vengeance! The leaves are falling from the trees and our gardens are enriched with hues of red, brown and gold. So, as we leave summer behind, we look forward to approaching a season of celebrations.

As I write this, we're just starting a number of Harvest Festivals in our chapels and many of us will be looking forward to singing the ever popular "We plough the fields and scatter" and "Come ye thankful people come". Harvest Festival services, meals, auctions and sales are times when we come together to give thanks for God's provision.



We also look forward to other festivals and celebrations. In the Christian Church, rather than focusing on the increasingly popular Halloween, we tend to think more about All Hallows' Eve, when we're encouraged to remember and give thanks for people who've passed away, many of whom will have passed on 'God's story' or have been a positive influence in our lives. It's on this occasion when I remember people like my grandma, who always made time to chat and listen to me, no matter what she was doing, often offering words of encouragement, reminding me of relevant passages of scripture and sometimes giving stern advice! I wonder who you are thankful for, people who have enriched your life and without whom your life would've been impoverished?

The other big celebration is Bonfire Night, originally a thanksgiving for the failure of the plot to assassinate King James I, when Guy Fawkes was caught guarding gunpowder under the Houses of Parliament. Nowadays, we continue to celebrate with bonfires, fireworks and seasonal food as we get together with friends and family, and whilst the original reason for the celebration may have faded into the background, it's still a time to give thanks and celebrate life and light in the darkness. In the church, it reminds us of Jesus, who brings the light of God's love into what often seems to be a very dark world.

Although life can be challenging at times, we're told that being thankful can be very beneficial for our wellbeing. Indeed, the late Dr Michael Mosley advocated that as we climb into bed at the end of the day we count our blessings, thinking of three things that we're thankful for. Apparently scientific research shows that this not only makes us happier, but can bring physical health benefits too.

So as we travel through this season of celebrations, perhaps we can adopt an "attitude of gratitude" and maybe our lives will be enriched as we remember all the blessings we enjoy.

"Give thanks to the Lord, for he is good; his love endures forever." (Psalm 118, verse 1)

Julie Swann
Church & Community Worker
Camelford and Week St Mary Methodist Circuit

SAVE THE DATES

Christmas lights switch-on in the village will be on 30th November.
We will be putting the lights up on weekends of 16th/17th and 23rd/24th November.
Help in putting up the lights would be gratefully received. Whether you are new to the village or an old St Teathian, you are welcome to join us.
Any donation of cakes for crib time is especially welcome!

Something's Missing by Eliana Cowles

"Something's missing... but what else can there be?" She murmured. The 'She' in this case was a short, elderly woman, her ancience carving grooves and wrinkles into her skin, which resembled the bark of an old oak tree. The woman was sat in a cozy sitting room staring discontentedly at the quilt on her lap. The quilt was a true work of art, 99 squares of fabric sewn together each with an image embroidered on: some of forests, deserts and lakes others of plants and landscapes never before seen by the human eye but there was a space, a blank square hidden away in the corner. In frustration, she threw the quilt to the floor. She exhaled and bent to pick it up off the floor but as she pulled the quilt back onto her lap, the corner of it snagged on her arm chair and split down the middle. "Oh no... oh dear..." was all she said...

Three weeks later...

Opal and Onyx sat on a bench in the schoolyard eating lunch. "Onyx..." Opal said slowly "has anything... weird happened to you lately?"

"Not really, why?" Onyx replied

"Oh... no reason. Anyway, how's your wee-" Opal cut off as screams erupted though the playground. The two girls jumped up and sprinted towards the sound, fighting against the crowd as everyone else pushed past each other to get themselves to safety. Onyx did not hesitate to brutally shove anyone out of her way as their classmates fled in their destructive stampede and Opal followed behind her, head down, whilst also dodging the carnage her best friend left in her trail. Suddenly Onyx stopped dead, almost causing Opal to crash into her back. In front of them, stood a tall hooded figure in a black robe, whispering in some foreign dialect. The whispering continued for all of three seconds and then it fell silent. Now, I say 'it' because there was something off about the figure, an...air, an acknowledgement: that it couldn't possibly be human. The figure stopped dead and turned its head in one brisk movement to stop and stare at Opal.

Opal hadn't realised she was moving until she rounded the corner behind the English block, pelted out the school gates and stumbled onto the pavement alongside Onyx but when she did, she stopped dead and turned to Onyx, who had started sprinting down the street. "Wait!" she called after Onyx. "Where are you going?"

"We, you mean, and we're going wherever that thing is not!"

"Why, they- they didn't look dangerous" Opal argued

"It," Onyx corrected "And it is dangerous-"

"How do you know?!" Opal questioned

"Because I've seen it before..." Onyx admitted

"How?!"

"In my nightmares - and its always coming for you, no one else, only you..." Onyx said before quietly adding "and someone needs to stop it..."

"Where are they? Where did I put them?" the woman ranted. "Oh, I can't even find my needle and thread! Not a good look for a celestial..."

St Teath Rubbish Ramblers

The Ramblers stepped up to the mark during the Carnival as they turned up at the Green every morning to pick up varying mountains of rubbish, much inside the bins, much outside. The amount of cash dropped was down on last year, showing that Mr Starmer needs to stimulate disposable (literally) spending. Many thanks to the secret pisky who helped clear up before Sunday morning.

The team meets informally every first and third Thursday of the month at 10 am by the White Hart pub. Upcoming dates are: 3rd and 17th October. New helpers are always welcome. Please dress visibly, wear gloves and bring a bin bag. Routes range from short and flat, to the longer, hilly ones. Coffee and chat at the cafe afterwards.



Ulti-Mutt Village Dog Show

A round of a-paws is due to all the organisers and contestants at the St Teath Carnival Dog Show. The sun shone and all the dogs behaved themselves paw-fectly. There were lots of entries to all events, including the inaugural Ruth Reeves Labrador Rescue memorial trophy for the best rescue dog which was won by Billy Nichols.

Baxter and Beau Gale were awarded Best Fancy Dress, beating off some stiff opposition, and Martha Vollum (howl-ariously dressed as a nun, pictured below right) won the Fastest Bonio Eating prize. To round off a super event, a fantastic sculpture of Bonzo by Suzie Marsh was presented to Pearl. And once again, a wag-tastic time was had by all.



Community First Responders Update

Firstly I would like to thank the 45 or so people who came along to the coffee morning in St Teath. Everyone seemed to have a good morning and, hopefully, all left much more confident in their ability to save a life if they ever have to face treating someone having a cardiac arrest. When we run these events it is always great when people say, as they leave, they now feel confident to "give it a go".



As first responders we try to get to calls as fast as possible and nearly always arrive before an ambulance but, with local geography being what it is, we are always relieved to see someone has started resuscitation. We may be able to do a bit more than you but your early efforts will make a huge difference in those circumstances.

The coffee morning raised £135 which goes to the South West Ambulance Service Trust Charity, ring fenced for items to assist your local first responders. We are funded jointly by it which has the role of expanding our ability, and by the Ambulance Service which provides the basics such as supplies. The Charity, for example provides the Raizer Chairs that you may have seen for lifting casualties off the floor. In this case the money is going to supply uniform jackets that not only keep your local responders warm in the winter but, are sometimes pressed into action to keep patients warm prior to the ambulance arriving.

The big news is that we now have 3 local First Responders with backup from the Tintagel and St Breward groups, which should greatly increase our availability.

Some of you may have seen the Responder Car which we had at the Delabole Carnival Services Day and at the St Teath coffee morning. These cars are provided by the Charity funds and allow responders to be much more mobile. They are often dual crewed and respond across the county as required. Currently, we only have one in Cornwall, but the charity has just started fund raising for a second one for us so we hope to have one based out of Bodmin and another out of Redruth. They cost (including the conversion and fitting out) is £30,000 so we have a steep hill to climb. All donations will be welcome. Please contact me or go to the following link <https://www.justgiving.com/campaign/crv-cornwall>. Many thanks in advance.

Finally we are considering more events to offer more training. At these events we will always cover resuscitation for people who haven't tried it before or who want to practise as that is vital. We are considering some other topics, possibly control of serious/catastrophic bleeding since that is another area where rapid and early treatment is essential.

Any thoughts or questions are always welcomed. Please email me on ron.wilkinson@yahoo.co.uk

Village Strimmer Available to All

St Teath Parish Council and the Sparks community fund have purchased a strimmer and safety equipment that can be used by anyone in the village.

The strimmer and fuel are kept at 3 Eglos Court and are available from Gerald Blewett with 24 hrs notice (phone 07770 568870).

Please use all safety equipment provided when using the strimmer.

St Teath Community Gardeners

We've had a busy summer taking care of all the different areas around the village. We've enjoyed all the lovely events and were delighted to win the quiz night at Carnival week until we realised we have to write next year's quiz!! Nobody warned us about that, did they?

A couple weeks ago we were back at the school tidying the garden ready for the return from the summer holidays. We'd like to say a massive thank you to Bruce (pictured) who has kept the school area absolutely beautiful: adding planters and flowers and keeping it all so tidy. Bruce, you are a legend, and we are lucky to have you!

Also of course a thank you to my helpers for their continued support.

End of season clean-up will be on Wednesday 2nd October at 10.30 in the churchyard. Could you please spare an hour for our last clean-up of the season in the churchyards? Various jobs, no gardening experience needed. We just need your help please.

Tania



St Teath AFC

Wildcats Update

Our young girls' football provision has kicked off again, and it's safe to say the girls had an absolute blast at the first session! This team trains every Wednesday at 5:30 PM and is open to all girls aged 5-11 – no experience necessary. Just come along, bring a friend, and join the fun! We're also looking for an extra volunteer to support Louise and Neil, so we can always ensure two adults are present each week. If you'd like to get involved, please email us at stteathyouthfc@gmail.com.



Kernow Mini Kickers

Our newly formed Kernow Mini Kickers team has been a fantastic success! A huge thank you to Alan Woods, Jonny Strout, and Finley Woods for their hard work in getting this team for 4-6-year-olds up and running. It's been wonderful seeing new faces each week. If you have a little footballer eager to join the fun, come along to our sessions every Saturday at 10-11 am.

An Evening with Johnny Cowling, Saturday 23rd November in the Hall

Tickets £15 including a drink. Doors open 7pm. Cash-only bar and raffle. To book, visit the St Teath AFC website (www.stteathfc.com) or call Lyn Burden on 01208 851 102 or 07817 163910.

Thank you to the Carnival Committee

The club very much appreciates the kind donation from the Carnival Committee of the soft drinks and snacks that weren't used during Carnival Week - thank you!

Timepiece Crossword

Answers on page 24

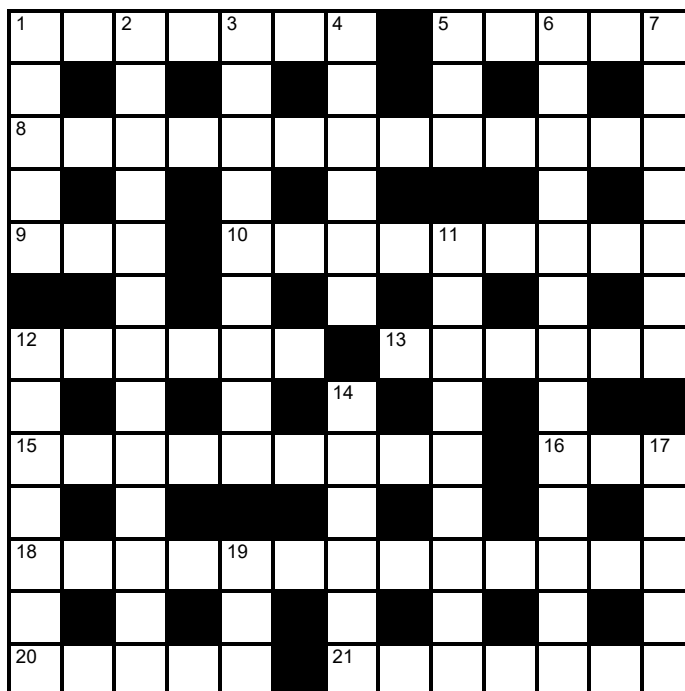
Across

- 1 Thrust quiet insect unchecked (7)
- 5 Grouch doctor has strong spirit within (5)
- 8 Crazy lesbians pined for essential (13)
- 9 Beast of burden starts avoiding something strenuous (3)
- 10 Mixed spice with supporter in particular (9)
- 12 Turn leper around a reverse (6)
- 13 Spoke about energy in covid disruption (6)
- 15 Misguidedly ushering around theatre opening is a certainty (4,5)
- 16 Permit trainee alien film star (3)
- 18 Roughly oust insomniac being self righteous (13)
- 20 Support for young goose without enthusiasm (5)
- 21 Confused, dull and icy in a very clear way (7)

Down

- 1 Melted tiara dip (5)
- 2 Way of working defence ministry on American musical - confused din follows! (5,8)

- 3 Trembling saints sat for supporter (9)
- 4 Heard signs of upset with rows (6)
- 5 Helium accelerator (3)
- 6 Earliest lifeline crucial - limbo dance starts erratically (9,4)
- 7 Drunk spotted following pastry item (3-4)
- 11 Lifeless batting or confusingly gain confident start? (9)
- 12 Avoids temptation and takes exams again around start of September (7)
- 14 Gloomy within crowd is malevolent (6)
- 17 Teaching assistant on pig pen is delicious (5)
- 19 Ticket hidden in pocket again (3)



CMC
Crazy Maids Cleaning

- * Holiday accommodation
- * Offices
- * End of Tenancy
- * Private Homes

Based in North Cornwall
Fully insured with DBS
07704 497 282
crazymaidscleaning@yahoo.com

 /CrazyMaidsCleaningCornwall  /CrazyMaidsCleaning

DDAS | **Delabole Domestic Appliance Repairs**

ALL MAKES AND MODELS REPAIRED
*Washing machines • Cookers • Dishwashers • Fridges
Tumble Dryers • Freezers and more*

MARK TURNER
07899 756 772

 **Independent Family Funeral Directors**
R. J. Bray & Son
Ljwgydhyon Ynklaudhyas Teylu Ansegbek


EGLOSHAYLE ROAD, WADEBRIDGE, CORNWALL, PL27 6AD
Telephone : (01208) 812626. Email : david@rjbray.co.uk

Golden Charter
Funeral Plans 

 Find us on Facebook

Day and Night Service
Private Chapels of Rest
Funeral Plans Available

 **KERNOW GARDEN SERVICES & PROPERTY MAINTENANCE**
TEL: 07800 726047

**GRASS CUTTING
HEDGE TRIMMING
STRIMMING
BRUSH CUTTING**

**MADE TO ORDER GARDEN PLANTERS
CALL FOR MORE INFORMATION**
Email: kernowgardenservices@hotmail.com

Helping to fulfil your dog's ability

 A complementary therapy that can help with pain management and help improve mobility for dogs suffering:
Arthritis / Hip & elbow dysplasia/
Spondylosis / OCD / Cruciate ligament disease/ Luxating patella
Lameness / slowing down

www.manubuscaninmassage.co.uk
Julie Shee - 07796 865 524

NEATE FEET

for all your foot care requirements
Claire & Simon Neate DPCFHP
Qualified Foot Health Practitioners

Nail care, ingrowing toenails,
diabetic care, verrucae, paddings &
dressings, corn removal.



SIMON: 07870 508 867
CLAIRE: 07968 232 344

Path's End, St Teath
Bed & Breakfast
All rooms ensuite
Rosie Robinson
01208 850441

Gareth Stubberfield
**SINGING, PIANO, KEYBOARD
& ORGAN LESSONS**

Also available for hire as accompanist
for exams, weddings, funerals & social
events

07498 580 454
stubbery2@hotmail.co.uk

A Lay Reader Writes...

Dear Friends

Our villages and town have seen weeks of busyness and activity: shows, carnivals, festivals and more, all of which have been a success, due mainly to people coming together – using their talents to plan and organise, prepare and labour. A huge thank you for making this part of Cornwall such a special place in which to live.



How do you approach organising an event, whatever it may be? Do you write lists or wing it? Do you seek the help of others or rather work alone? Do you have countless sleepless nights before an event, or are you as cool as a cucumber? However you play it, some events require much planning...

When a new baby is due to arrive, there are many preparations to be made. They have many particular needs and they arrive with absolutely nothing to their name – they even have to be given that. Many young families struggle at this time, as the financial squeeze tightens. Do you know that Baby Basics operates in Cornwall?

"Baby Basics are a volunteer group aiming to support families who are struggling to meet the financial and practical burden of looking after a child," says organiser Jayne Reed. "We are trying to make things better for new mums and families with newborn babies and children up to 5 years old, working with health professionals to give support directly where it is needed. We provide donated equipment, toiletries for mum and child, clothes, toys and books. We buy new mattresses to supply with our cots, Moses baskets and new sterilisers." Baby Basics works with midwives, health visitors and other professional groups; further details can be found at <https://baby-basics.org.uk/>

Nothing happens without some form of planning. Even God, who created everything, put in thousands of years of planning and preparation before sending his Son Jesus into the world, as a baby – with nothing to his name and all the needs of any other human. All because He loves us beyond all measure and longs for our hearts to be open to Him.

... 'Is that a star up there?'
'Where?'
'Up there, in the east?'
'Oh yes, and it's coming this way.'

Before you all turn away, thinking that it's far too early to be considering the C-word, and for many it is, I heard today that various C- food items are already on the shelves. We are delighted that the churches and chapels within the local area will be coming together again to share the Christmas story in a Live Nativity, thanks to Sarah and James at Sea View Farm Shop, on Monday 23rd December.

Details to follow – but please put the date in your diaries, both to come and watch. Just as importantly, look out for details of how to get involved in the planning, preparation and on the day itself!



**Fun sessions for babies and toddlers
in St Teath church @ 9.30am**

**October dates: Monday 7th and Monday 21st
November dates: Monday 4th and Monday 18th**

Rhymes, stories, action songs, musical instruments, sensory play.

Refreshments.

All Welcome. No charge.

Supported by the Diocese of Truro 'Funds for Mission'

THE GRACE PROJECT
-CHILDREN'S CLOTHES BANK

Free children's clothes aged 0-12

What is the Grace Project?
It is an award winning project serving the local community. We take the gift of pre-loved children's clothing and re-distribute them to those who would like our help.

Reduce. Reuse. Recycle

REQUESTS
If you need clothing for your child/children, get in touch using the contact details below

DONATE
Good quality clothes can be donated and dropped off at St John's Delabole, St Thomas Camelford and St Teath Churches; open daily

GET IN TOUCH
FACEBOOK.COM/WADEBRIDGEGRACE
INSTAGRAM.COM/THETRACEPROJECTGLOSCURCH
GRACE@WADEBRIDGEPARISH.ORG.UK

NEW COAT

BREAKFAST CHURCH @ ST TEATH

Please come along to share in ...
a tasty breakfast
an informal, relaxed service
Bible story & reflections
activities for children
music & songs
for all ages

Oct 27th
Nov 24th
none in Dec
Jan 26th

breakfast from 10am

EVERYONE WELCOME!

County Council

One of the early decisions of the new Labour government has been extremely controversial – namely the dropping of the Winter Fuel Payments as a universal benefit for all pensioners.

This is something that the Lib Dems are challenging both locally at Cornwall Council and in Westminster – however, with such a large majority in the House of Commons this remains entirely in the hands of the government, and at the time of writing both the Prime Minister and the Chancellor of the Exchequer appear to be determined to push this through.



In Cornwall, around 119,600 pensioners will be affected by the change in eligibility criteria, meaning roughly 88% of pensioners currently eligible for Winter Fuel Payments will no longer be able to claim this support from this winter onwards. This is at a time when the Energy Price Cap is due to increase by 10%, which will add an additional £149 to the average household bill.

The Winter Fuel Payment will still be available to pensioners who claim Pension Credit but there is widespread concern that only 63% of eligible individuals are receiving it, leaving over a third without this vital support. This probably equates to well over 1500 pensioners in North Cornwall alone.

Pension Credit gives you extra money to help with your living costs if you're over State Pension age and on a low income. Pension Credit can also help with housing costs such as ground rent or service charges. If you have reached State Pension age and your weekly income is below £218.15 (or £332.95 if you live with a partner) you could be eligible – even if you own your home or have savings.

Even if you are close to these income levels and only eligible for a small top up – you will also become eligible for other help such as the Winter Fuel Allowance, Housing Benefit (if you are in rented accommodation), Council Tax discount and a free TV licence if you are over 75.

You can claim online through the GOV.UK website or you can ring the Pension Credit Hotline on 0800 99 1234 and they can fill in the application form for you over the phone.

The following other organisations and charities are also offering advice and support:

Age UK's Advice Line – 0800 169 6565

Independent Age Helpline – 0800 319 6789

Citizens Advice – 0808 812 7156

Dominic Fairman
Cornwall Councillor
St Teath & Tintagel Division

Mobile: 07939 122303
Home: 01208 850491
cllr.dominic.fairman@cornwall.gov.uk

Ladies Who Lunch!

We are sure that everyone in St Teath would like to join us in wishing our lovely poppy lady Pearl MBE all the very best whilst she is enjoying some respite time at Hatchmoor with her best friend, Phyllis Williams (pictured together, right). The ladies are having a lot of fun making new friends together, playing bingo and catching up on old times.

Happy birthday to Glenda on 1st October!
Wishing you a wonderful day,
with love from Barbara.



St Teath Community Bus

We will be running some special trips in November and December.

Tavistock – Tuesday 5th and Tuesday 12th November.
Leaving from the White Hart at 9.30am and returning from Tavistock at 2.30pm.
The price of this trip will be £8.

Exeter – Tuesday 3rd December. Leaving from the White Hart at 9.30am and returning from Exeter at 2.30pm. The price of this trip will be £12.

To book a place, please call Di Cox on 01208 850983.

The bus is available for private hire by local organisations and private individuals but we respectfully remind anyone hiring the bus that they are responsible for settling the cost of any penalties incurred during their period of hire. The bus is not available for hire to commercial organisations.

To hire the bus please contact
Di Cox on 01208 850983 or 07484752162.

Please note: When hiring the bus please make sure you leave it as you find it. We have had many instances where it has been left in a dirty state. We are considering charging a deposit on all future hires, which will not be returned if the bus is left in a mess.

Any other enquiries regarding the bus contact Mandy Woods on 01208 851346.

Services
Mondays: Truro
9.30am from the White Hart (returning at 2pm)
Fridays: Wadebridge/Tesco
9.30am from the White Hart (returning at 12.00 midday)

Beat of the Wing

Reg Payn

Your soul is nearer heaven when your heart is on the wing
When you're givin out the lovin it makes everybody sing
Reach out with your spirit yeah and reach out with your mind
To build a new reality and leave the old behind

Beat of the heart beat of the wing
Bringing us together in a one love thing
Words from the heart words on the wing
Sending out the message of a one love thing.

Greed and waste and ignorance, causing such pollution
You can make a difference, be part of the solution
Think about your footprint, tread softly on your way
Join the revolution flying to a brighter day

Beat of the heart beat of the wing
Bringing us together in a one love thing
Words from the heart words on the wing
Sending out the message of a one love thing.

If we open up our ears and open up our eyes
Listen to the wisdom of the birds up in the skies
Learn important lessons of how to live and be
In tune with Mother Nature and to live in harmony

Beat of the heart beat of the wing
Bringing us together in a one love thing
Words from the heart words on the wing
Sending out the message of a one love thing.

Your soul is nearer heaven when your heart is on the wing
When you're givin out the lovin it makes everybody sing
Reach out with your spirit yeah and reach out with your mind
To build a new reality and leave the old behind

Beat of the heart beat of the wing
Bringing us together in a one love thing
Words from the heart words on the wing
Sending out the message of a one love thing.

If we open up our ears and open up our eyes
Listen to the wisdom of the birds up in the skies
Learn important lessons of how to live and be
In tune with Mother Nature and to live in harmony.

Beat of the heart beat of the wing
Bringing us together in a one love thing
Words from the heart words on the wing
Sending out the message of a one love thing

St Teath Allotment Association

Autumn Soup Kitchen

Saturday 2nd November 11.30am - 2.30pm

at the Community Centre



Freshly made soups, rolls and cakes will be available. £3 for soup and a roll; £2 for tea/coffee and cake (cash only).

THIS EVENT IS RUNNING ALONGSIDE THE SCARECROW TRAIL COMPETITION AND THE PRIZE WINNERS WILL BE ANNOUNCED AT 3.00PM



Friday Oct 11th
in the
Community
Centre 2.30pm

All about Essential Oils by Bridget Prusik



Visitors / Prospective members
welcome £3

Yearly membership £15

Details:
Lynne Beavis on 01208 851277



Volunteer Drivers Needed in Your Area

- Enjoy Driving?
- Meeting People?
- Helping Others?

Do you have spare time?

- Couple of hours
- Regular or Ad-hoc
- Evenings/Weekends
- Odd days



You will be providing a vital service and helping isolated and vulnerable people get to where they need to be.

Our drivers complete journey for:

- Hospital appointments
- School runs
- Charities & group events

Drivers are required to undertake training in Safeguarding and MiDAS every 2 years

Mileage is reimbursed at a rate of 45p per mile

Email at bookings@volunteercornwall.org.uk or call on 01872 265300

Celebrating Life and Love

Fiona Solomon
Celebrant

07527 081872
fionasolomoncelebrant.com

We Have Moved!

**PHIL SLEEP
FLOORING**

tel: 01840 212 077

Opening September 2nd

The Strip
Rockhead
Delabole
PL33 9BU

STURDI!
.co.uk

**OUTDOOR
FURNITURE**



**PICNIC BENCHES
GARDEN SEATS
STREET FURNITURE
PLAY EQUIPMENT**

www.sturdi.co.uk

07939 022 820

01840 213362

Bespoke commissions welcome

Designed and made
locally
Strong construction
Tanalised
softwood
or Recycled
Plastic
(for extra
durability)



Proper Job

PROPERTY & GARDEN SERVICES

Plastering, Painting & Decorating, Tiling,
General Repairs, Lawn Care, Hedge Cutting,
Planting, Garden sitting service.

Fully insured, RHS qualified.

Registered waste carrier

Dave Williams 07896 613 472

**R. MEARS & Son
CHIMNEY SWEEP**

Vac & Brush, Cowl fitting service.

CCTV investigation work done.

01840 261 221 * 07737 533392

www.sweepcornwall.com

Covering Cornwall & W. Devon

Est. over 30 years. NO711/30134



**ROYA | WINDOW
CLEANING**

Tel: 07581025449

Email : royalwindowclean@hotmail.com

Website: royal-window-cleaning.weebly.com

Find us on Facebook

Window Cleaning - Gutter Clear/Cleans

Fascia/Soffit Cleans - Pressure Washing

Need a plumber or gas engineer?

The reliable plumber is a small, fully qualified, and fully
insured local family-run business

The **RELIABLE**
Plumber

Tel: 07534 311 366

email: reliableplumber@gmail.com

- *Bathroom installations including tiling
- *Boiler servicing, maintenance and repairs
- *General plumbing and breakdowns
- *Work done correctly and explained
- *No call-out charge (diagnostic charge may apply)
- *Local, friendly and knowledgeable engineer
- *Your house treated with respect
- *All work carries a 6 month warranty

SPROULL

SOLICITORS

ACCIDENT CLAIMS
PROBATE

CONVEYANCING
WILLS

SPROULL SOLICITORS LLP

8 Fore Street

Camelford

PL32 9PG

Tel: 01840 212315

42 Fore Street

Bodmin

PL31 2HW

Tel: 01208 72328

Thank yous

Lorraine and David would like to say a big THANK YOU to all the hardworking people who made our summer in the village so special. The carnival, arts festival, village show etc etc. Thank you one and all. (Below left is a lovely picture of David's beautiful dahlias arranged by Lorraine, which won the bowl class at Heligan. They didn't know we were sharing this picture – but we thought you would all enjoy it. Also: happy 55th wedding anniversary to David and Lorraine for 7th October!)

The Timepiece Team would like to thank Bob Lanaway (pictured below with Timepiece co-editors Jo and Anne) and all his amazing team at North Cornwall Miniature Railway and Toy Museum. We had a wonderful day enjoying the trains, toys and teas! Bob's fundraising raised a very generous donation to the Timepiece which will help us to keep on sharing village news with you. If you haven't yet been to one of their Open Days, we can highly recommend them!



Thank you from the church

As you walk around the village, you may have noticed that the wall between the church and the road has had all the weeds cut back and the ground around the church has been cleared. Everyone at the church would like to say a very big thank you to the team of villagers who spent a Saturday clearing it all. We really appreciate all the time this work took. The churchyard and surrounding area looks very tidy and well cared for. THANK YOU.

St Teath Drama Group

Auditions and castings for the Christmas play will be taking place on Sunday 6th October at 2.00pm in the Church Hall. We are looking for some young people to join our group; they must be accompanied at all times by an adult. If you are interested or need more information please contact Kevin on 01208 850002.

There's Been a Murrnderrrr!

A great time was had by all at the Murder Mystery Evening in the Church Hall. Set in a local zoo, there were no real animals in sight – but plenty of red herrings abounded. Twists and turns kept the audience on their toes looking for all the clues to the dastardly culprit – with many gasps at the end when all was revealed. There were some very entertaining performances from the cast: mad matriarchs, vicious vets, shifty shop assistants and creepy keepers! A particular mention is due to the younger cast members who did a great job – and to the directors who pulled the whole show together in short time. Bravo and more please!

Will & Rudi

The World Agility Open of 2024 in the Netherlands was one of truly mixed emotions for Will and Rudi who proudly represented Scotland for final time. Will, a former pupil at St Teath CP School, was still recovering from glandular fever but was determined to see Rudi bow out at the very highest level. There were no expectations of a medal, but more a wish to give Rudi the finish to his career that he deserved.



Will and Rudi took part in several competitions at WAO and the number of high quality competitors our pair would be facing was clear from the start. Agility round 1 was in the main arena and a steady, well-handled clear round was exactly what was required. This clear round was good enough to see them through to rounds 3 and 4 despite an elimination in Round 2. The jumping course was a lovely one for Rudi to finish on, overcoming some fatigue to produce one final clear round. What a super way to finish a stellar career at the World Championships! There were plenty of celebrations, and not a few tears from supporters and Scotland team members, as Rudi took the final jump. Will and Rudi, in a pentathlon class of nearly 100 of the world's best pairings, finished in a very creditable 35th place.

On his retirement, we should say a few words about Rudi. This incredible dog was rehomed aged 17 months and Will was told by his previous owner that he was untrainable. Nothing could be further from the truth. Despite his late start, Rudi has had an incredible career with Will. The pair have twice brought home gold medals for Team GB from the Junior Open Agility World Championships, have a record breaking 7 Young Kennel Club titles together at Crufts, countless championship final appearances, a fourth place finish in the final of KCI - the biggest agility show in the world, and Rudi won an International Tour event meaning Will became the youngest ever handler to achieve this feat. All of this when lockdown robbed Rudi of nearly two years of competition in the middle of his career when he was at his absolute peak. He is the most loving, loyal and easily trainable agility dog you could wish for - a true star.

Rudi is now enjoying his well-deserved retirement, whilst Will is focussing on the next agility dog in the family, Brave, who has already started to move up the grades. You can see lots of photos, videos and stories about Will, Rudi and the other spaniels including his runs at WAO this year and in previous years at willbacchus.com



CHARITY BINGO
In aid of
Riding for the Disabled Association
Friday 11th October



At the Church Hall ~ Eyes down at 7.30pm

Speedwatch

July (one session) – 41 speeders in the 20 mph zone:

1 x 37, 2 x 32, 2 x 31, 1 x 30, 5 x 29, 8 x 28, 6 x 27, 4 x 26

7 x 25, 5 x 24

August (three sessions) – 110 speeders

1 x 38, 2 x 37, 1 x 35, 1 x 34, 2 x 33, 3 x 32, 4 x 31, 9 x 30

12 x 29, 15 x 28, 17 x 27, 15 x 26, 16 x 25, 12 x 24

September (two sessions) – 83 speeders

1 x 37, 1 x 35, 2 x 34, 7 x 33, 6 x 32, 2 x 31, 6 x 30, 7 x 29, 10 x 28, 9 x 27, 15 x 26

7 x 25, 10 x 24.

Over the past year, there have been 3 vehicles caught 3 times and 20 vehicles caught twice. Please watch your speed! The Speedwatch team



ST TEATH
Drop-in roadshow event

🕒 **30 October**, 10am to 12pm
📍 St Teath Community Centre

Food waste, recycling and rubbish changes

www.cornwall.gov.uk/wastechanges

Cornwall recycles
Kernow a vira eyigylghya

TALK TO US FACE-TO-FACE

LOST

A pair of red-handled
'Felco' secateurs

Last seen in the Hall at the
Village Show on
Saturday 31st August

If found, please contact Cathi
Young at Trevellan (on
Knightsmill Hill) or one of the
Timepiece Team.

Thank you!

Church services for October

Sunday 6th Oct	11 am	St Teath Church	Family Communion
Sunday 13th Oct	11 am	St Teath Church	Morning Worship
Sunday 20th Oct	11 am	St Teath Church	Choral Communion
Sunday 27th Oct	10 am	St Teath Church	Breakfast Service

Church contact details:

Revd Nicola Farr, Rector, 01840 219376 revnfarr@icloud.com

Gareth Stubberfield, Churchwarden, 07498 580454 Stubbery2@hotmail.co.uk



Saturday 19th October *Drag Queen Cabaret Bingo!*

Come join us for a party night like no other with award-winning drag artist Jolene Dover!

7pm. Tickets £25 to include a hog roast, bingo dabbers, bingo card, and a giant glow stick. Fully stocked bar until late. 18+ ONLY.



Pengenna
Manor

**BOOKING
ESSENTIAL
FOR ALL
EVENTS:**



www.pengenna.com



Saturday 26th October *Pengenna Pumpkin Hunt + Spooky Film*

Visit us this Halloween for some spooky shenanigans at the Manor!

- Pumpkin hunt • Marshmallow toasting • Halloween craft make • Themed colouring • Fancy dress competition
- Showing of Wallace & Gromit: Curse of the Were-Rabbit!



HOME AND
GARDEN
MAINTENANCE

TONY PRIDEAUX

General Garden services
including Mowing,
Strimming, Hedge Cutting,
Fencing, Pressure Washing,
Fascia & Gutter cleaning

GENERAL HOME DIY

tony.prideaux@hotmail.com

07771 884 052

St Teath Post Office Stationery, Postal Packaging

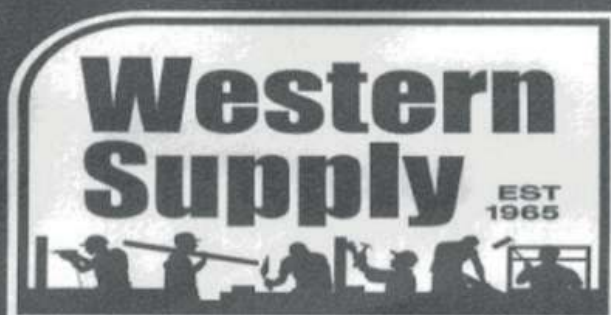


*Medical
Prescriptions still
being taken*

OPEN: Mon - Fri
9am - 5pm
CLOSED: Saturday
and Sunday

01208 850220

Builders Merchants & Decorator Centre



Family owned and
run since 1965

Atlantic Road, Delabole,
Cornwall PL33 9DN

01840 212580

www.westernsupply.co.uk

The Angry Anchovy Pizzeria



10 New Road, Port Isaac
 (next to Trelawney Garage)
 01208 881 384

beauty by fleur



Beauty Therapist with over
 20 years experience.

Salon open in
 North Road, St Teath.

For information and bookings
 07811 850 943

BIG DUNK'S
 Paintball
 &
 Outdoor Laser Tag

01840 211 460

CHRIS WOODWARD
**GENERAL
 BUILDER AND
 HANDYMAN**

City and Guilds Approved
 Over 30 years experience

Tel: 07766 500 852
 Email: chriswoody36@hotmail.co.uk

KS3
 GCSE
 A Level

**ONLINE & IN-PERSON
 MATHS TUTOR**

One-to-one private maths lessons.
 Improve problem solving.
 Learn mathematical techniques.
 Achieve academic goals.

**JODIE
 YOUNG** BSc Mathematics
 DBS Checked
 Experienced Tutor
 Competitive Rates

Feel free to get in contact
 to ask any questions or
 check availability.

St Teath
 07933 224935
 jodieyoungtutoring@gmail.com

KELLANDS
 (PLANT SALES) LTD

TRADE COUNTER NOW OPEN
 GENERAL PUBLIC WELCOME
 30 Tregath Business Park, Camelford, PL32 9TX
 01840 212393

DRAPER Tools **REISSER** **westland**

Kellands (Plant Sales) Ltd Trade Counter now open.
 Stockist of Tools, Garden Products, Screws / Fixings and more.

Open Monday to Friday 8am - 5pm
 Easy Access / Ample Parking / Free Local Delivery

A Green Heating Solutions LTD

Oil & Gas Boiler Servicing & Maintenance
 Heating & Hot Water Diagnostics & Repairs
 Domestic Gas & Oil Safety Certification

Over 20 Years Industry Experience
 Telephone - Andy Green - 07743 585125
 Email - andy@agreenheatingsolutions.com
 North Cornwall



502208



949615

THE WHITE HART INN

St Teath 01208 850281

**OPEN ALL YEAR
7 DAYS A WEEK**



Family and pet friendly
Good Beer and Food
Home cooked food served with a smile
A la Carte Menu
Ample Free Parking
Small parties are catered for
Your host: Barry Burton
Find us on Facebook and Tripadvisor



James Sweeney
BUILDER & HANDYMAN

Highly recommended, reliable, clean and efficient.

Painting, decorating, plastering, brickwork and general repairs

T: 07706990397

E: J1swe@hotmail.com

TO ADVERTISE
IN TIMEPIECE



Please contact
Eddie Jones



01208 850388
e.p.jones@hotmail.com



FARM SHOP

Open 7 days a week

Monday – Saturday 9am until 4:30pm

Sundays 9am until 4:00pm

RESTAURANT

Open Tuesday – Sunday 9am until 4pm

(CLOSED MONDAYS)

Pick your own Pumpkins ready mid October

'HOLIDAY COTTAGES AVAILABLE'

To get in contact with Trevathan call us on

01208 880164

www.trevathanfarm.com

FIND US ON THE B3314 at St Endellion

Follow us:   

WE INVITE YOU TO OUR
**HARVEST
AUCTION**
AT THE WHITE HART-ST.TEATH
RAISING MONEY FOR
ST.TEATH CHRISTMAS LIGHTS & THE VILLAGE HALLS



MONDAY 21ST OCTOBER

STARTING AT 7.30PM
EVERYONE WELCOME
ALL DONATIONS GRATEFULLY
RECEIVED

Polly's Village Diary

Every Monday	Djembe Drummers	7 - 9.15 pm	Community Centre
Every Tuesday	Coffee Morning	10.30 am - midday	Community Centre
Every Tuesday	Yoga	9.15 - 10.15 am	Church Hall
Every Tuesday	Chair Yoga	10.30 am - 11.15 am	Church Hall
Every Wednesday	Art Group	2 - 4.30 pm	Community Centre
Every Thursday	Badminton Club	8.30 - 10 pm	Church Hall
2nd Friday	Joybirds	2.30 - 5 pm	Community Centre
	Main Meeting		
4th Tuesday	Joybirds	2.30 - 4.30 pm	Community Centre
	Book Club		
1st Thursday	Parish Council	7 - 9 pm	Community Centre
	Meeting		
1st & 3rd Thursday	Rubbish Ramblers	10 am	By the White Hart Pub

What's On In October and November

Fri 11th Oct	7.30pm	Hall	Charity Bingo for RDA
Sat 19th Oct	7pm	Pengenna Manor	Drag Queen Cabaret Bingo
Sat 26th Oct	Daytime	Pengenna Manor	Pumpkin Hunt + Spooky Film
Weds 30th Oct	10am-12	Community Centre	Recycling drop-in roadshow
Mon 28th Oct-Sat 2nd Nov		Village-wide	Scarecrow Competition
Sat 2nd Nov	All day 11.30-2.30 3 pm	Village-wide Community Centre Community Centre	Scarecrow Trail Allotments Soup Kitchen Prizes for Scarecrow Competition
Tues 5th Nov	9.30am	White Hart	Community Bus to Tavistock
Tues 12th Nov	9.30am	White Hart	Community Bus to Tavistock
Sat 23rd Nov	7pm	Hall	An Evening with Johnny Cowling

STOP PRESS: Harvest Auction in the White Hart
Monday 21st October at 7.30 pm
In aid of the Hall, Community Centre and Christmas Lights

All welcome ~~ Donations gratefully received

Crossword answers

Across:

1. rampant, 5. grump, 8. indispensable, 9. ass, 10. specially, 12. repeal, 13. voiced, 15. sure thing, 16. let, 18. sanctimonious, 20. sling, 21. lucidly

Down:

1. raita, 2. modus operandi, 3. assistant, 4. tiered, 5. gas, 6. umbilical cord, 7. pie-eyed, 11. inorganic, 12. resists, 14. dismal, 17. tasty, 19. tag

Don't forget the Village Website - NOW REVAMPED AND REGULARLY UPDATED

<https://stteath.uk>

where you can advertise your local events.

Please use the contact form on the website.

CHURCH HALL BOOKINGS

Contact Carol Blewett on 07792 278778

or email: st.teath.hall@gmail.com

Bookings can also be made through Messenger on our Facebook page:

St Teath Church Hall

To hire the

COMMUNITY CENTRE

Please contact

Emma Davoust Zangari 01208 851843

or Jan Mewton on 01208 850742

Or book via Messenger or Facebook
(St Teath Community Centre)

stteathcommunitycentre@gmail.com

INFORMATION: This is an independent newsletter, distributed free to households in St Teath Ward only by the Timepiece Team. The views published are not necessarily those of the Team, who reserve the right to alter/refuse any material submitted for publication. We do not accept items submitted anonymously, although contributors' names may be withheld on request.

Editors:	Jo Fleet		fleet.joanne@yahoo.co.uk
	Anne Blewett	07778 422717	anne.blewett@gmail.com
Hon. Editor:	Jane Poynder		
Proofreaders:	Jenny Tidd & Sarah Lush		
Distribution:	Yvonne Tew	01208 850 497	
Treasurer:	Eddie Jones	01208 850 388	e.p.jones@hotmail.com
Timepiece by Post:	Gill Jones	01208 850 388	

Thanks to Paul Kenealy and Tania Sleep for providing photos for this issue.
Credit to clipart-library.com for the use of stock images.