

ST. TEATH TIMEPIECE

FEBRUARY 2021

EDITORIAL

ISSUE 322



Don't lose hope. Daffodils in Whitewells Road in January this year

Our message to you all in these difficult times is simply the title of a recent David Hockney painting:

Just remember – they can't cancel the Spring.



Crocus in the Churchyard

FROM OUR COUNTY COUNCILLOR

As I write this in early January the national vaccination programme has begun to roll out in North Cornwall and there are a lot of queries about how this will be achieved locally. It is being run by the NHS and is the largest vaccination programme that has ever been run in the UK. In Cornwall, they will be endeavouring to vaccinate about 334,000 people in the first phase. This is a huge undertaking and significantly more people than are vaccinated for flu every year. In addition, (as I write), there is not yet a consistent supply of either vaccine to any part of the country which makes the detailed planning of who and where the vaccine will be received very difficult through the early weeks.

The Pfizer vaccine is also a difficult vaccine to manage. You will have heard that it must be stored at -70 degrees C and, once thawed, has a limited shelf-life. It is delivered thawed to GP sites in large volumes of around 975 doses - or in smaller boxes of 75 designed for care home use - and must be used within 3 days. Furthermore it is not permitted to move the Pfizer product from one GP practice to another or to use it to vaccinate those who are housebound. This means that in order to meet the government's timetable, we need the Oxford Astra Zeneca vaccine to become much more widely available, since it is more straightforward to store, transport, prepare and administer.

Many of you may be concerned about whether staff and residents in care homes, the elderly and frontline health services are in fact receiving the vaccine as a priority, but hopefully by the time you read this you will all know some people who have been vaccinated.

Vaccinations are in line with Joint Committee for Vaccines and Immunisations (JCVI) prioritisation, with vaccines being given to the most vulnerable first, as set out in a list of nine high-priority groups. To date the immediate focus has been on the top **two** groups - but the government is working to vaccinate all the top four groups by the middle of February;

1. Residents in care homes for older adults and staff working in these care homes.
2. All those 80 years of age and over and frontline health and social care workers.
3. All those 75 years of age and over.
4. All those 70 years of age and over and clinically extremely vulnerable individuals

The long-term goal is to offer the entire adult population a vaccine by the autumn.

Care home and frontline health staff are currently being invited to attend vaccination clinics at the Royal Cornwall Hospital Treliske and University Hospital Plymouth Derriford. Others will be vaccinated by GPs at the same time as care home residents. GPs have also started to visit care homes, prioritising the largest homes first, and as more Oxford Astra Zeneca vaccine arrives, they will be visiting care homes to ensure that all the 6,000 residents county-wide are vaccinated as quickly as possible.

Meanwhile it is incumbent upon us all to follow the current lockdown restrictions to the best of our ability, so that we can reduce pressure on the NHS as they try to cope with the current rise in Covid cases and hospitalisations whilst also rolling out the vaccine. Please stay at home if you can – it will save lives.

Dominic Fairman
Cornwall Councillor - St Teath, St Breward & Delabole
07939 122303 dominic.fairman@cornwallcouncillors.org.uk

THE VILLAGE SHOP

You don't know what you've got until you lose it, as the saying goes. We have taken it for granted for so long, but by the time you read this, unless there has been some sort of a miracle, we shall have lost our village shop.

Lockdown has claimed many notable victims among big retail businesses over the past year, but Lynne has battled on despite the very difficult conditions and the growing financial burden of keeping staff on when the shop's turnover has decreased dramatically. With the government telling everyone to stay at home, many villagers, particularly the elderly and vulnerable, have turned to supermarket deliveries in place of their regular visits to the village shop. Second home-owners and holidaymakers have been banned from coming to Cornwall for most of the past year, further reducing the number of customers using the shop. The result is that, despite her best efforts and all her hard work, Lynne can no longer afford to run the shop.

This is especially sad after the courage and determination Lynne has shown over the past two years in carrying on with the shop after the unexpected and tragic death of Steve, which put an end to all their plans and dreams for the future. It was a brave decision to take on the running of the shop and post office without Steve's help, but, with the loyal support of her family, Tracy and the rest of the staff, Lynne soldiered on very successfully serving the community and providing for villagers' needs throughout 2019.

Then came Covid.

We want Lynne to know that we are very grateful to her, as well as to Tracy and to all her helpers, for the time, effort and energy they have put into keeping things going for so long in such difficult circumstances. We are so sorry that it has come to this. The shop, together with the café and the pub, form the heart of our community. They are not just places where we go to buy provisions or quench our thirst, they are where we see familiar faces, catch up on village news, where we celebrate happy events and commiserate with those who are troubled. The value of these places to the community is inestimable.

Lynne is open to any offers to rent or lease the shop, so where is the knight on the white charger who will ride in and save this precious amenity?

EDITOR

NOTICE TO ADVERTISERS

Should any advertisers wish to change their advertisements from April 2021, would they let me know by 10 March at the latest, please?. You will be pleased to know the rates remain the same as last year's.

EDDIE JONES
email: e.p. jones@hotmail.com
tel: 01208 850388 / 07890 633702

ST TEATH PARISH COUNCIL REPORT

Councillors are: **Delabole:** Gerald Heard, Pete Homans, Chris Keat, John Richards, Lance Rose, Andrew Stacey, Nev Turner, Mandy Upsall.

St Teath: Roger Lyle (Chair), Tracey Kingdon (Vice Chair), Darren French, Will Kitto.

Owing to the current Coronavirus (Covid 19) restrictions the Parish Council continues to hold virtual online meetings via Zoom. Members of the public are welcome to attend, please get in touch if you require the meeting log-in details. The agendas are displayed on the parish notice boards and both the agenda and minutes are on the website.

Governance Review – The Shadow Council has now started the process of setting the precept for the new Delabole Parish Council.

St Teath Parish Council Precept for 2021/2022. The Parish Council has now set the St Teath precept for the forthcoming financial year. This is £25,000. Residents should see a slight decrease in the monthly charge on next year's council tax. This is mainly due to the separating of the parish, with St Teath and Delabole now having to set individual budgets.

Delabole Park and the St Teath Village Green and Play Area – There is little going on in the parks at this time of year but please enjoy these open spaces ensuring that you adhere to the Coronavirus social distancing rules. Please dispose of your litter in the bins provided.

Dog Bin and Posters – The new dog bin along Treligga Downs Road is well used and the council are monitoring this. Maybe in the future it will need to be emptied twice a week, but the cost for this has to be met by the Parish Council as it was installed after the current bin-emptying contract was issued by Cornwall Council. An additional emptying will cost the Parish Council £342 per year. The council was made aware that the area around the bin has become very muddy over the winter, so has agreed to instruct their contractor to install some paving slabs around the base.

Elections in May 2021 – At the time of writing it is still anticipated that Parish and Town Council elections will go ahead in May 2021 alongside Cornwall Council elections and those for the Police and Crime Commissioner. Please keep an eye on the newsletter, as I think the editors will be running articles in which those who are standing for a Parish Council election can introduce themselves.

Future Meetings. Dates for the next two meetings are **2nd February and 2nd March 2021.**

Parish Council contact - Please have a look at our website www.stteathparishcouncil.gov.uk where you can send us a message.; or you can contact the Parish Council by email clerk@stteathparishcouncil.co.uk or phone on 01208 72789.

Please note this report is a brief update on Parish Council matters and further details including the minutes of each meeting can be found on the website.

Jenny Hoskin
Clerk to St Teath Parish Council

ST TEATH ART GROUP

The Art group will start its activities again once we are released from lock down.
New members will, as always, be most welcome.

Our friends in the community will be interested to know that at some time during the coming summer/autumn we shall be organising an exhibition of our work.

Look out for details.

BOB FOX

"The time has come," the walrus said..... **THOUGHTS ON ST TEATH PARISH COUNCIL**

I was pleased to read the excellent article by Roger Lyle, our Chairman, concerning the splitting of St Teath Parish Council, Thank you, Roger for expressing the mixture of feelings of personal sadness that after so much shared history and achievement over many years the Parish is splitting, but also in sharing your optimism for the future. I am sure, like myself, these feelings are also felt by many ex councillors who have represented both villages in the past.

I was a member of the Parish Council for 24 years and was privileged to serve as Chair for 16 of those. During that time I was very fortunate to be supported by many superb councillors in both wards. Also, I was always made very welcome by residents in both Delabole and St Teath at community events, serving as a school governor in both villages, helping with flower festivals and other functions and just stopping for a chat with residents.

The camaraderie between councillors was great throughout my time on the council and many became personal friends. Who in St Teath could ever forget that larger-than-life character, David Honey? Barry Burton, Rick Everett and Henry Richardson were also members, as was Paul Burden who served for many years, and of course, Willie Kitto, who is still a member. There are also so many to include from the Delabole Ward, almost too many to mention.

When I first joined the council, we had an election and quite a few of us were appointed for the first time and served alongside each other for many years: Ray and Margaret Worden, Adrian Hoskin, Sally Holden, Tricia Hicks to name but a few. When I took the Chair, Ann Hopkins became my vice chair, always ready to help and advise me. Then there was the wonderful John Lugg, our District and Parish Councillor, completely devoted to the Parish and always bringing along new ideas to the meeting. In fact, meetings always lasted a lot longer when John was there! Andrew Stacey joined the council not long after I did and is still serving today. During my time we had two excellent County Councillors, Fred Whiting and Glenton Brown who kept us well informed and were always happy to share their knowledge, expertise and advice with us. Our first chairman, Beric Raymond Barker guided us novices through the unknown parish rules and protocols and this support was continued by Roy Crosley, who was Chair until his untimely death. As his vice chair I was privileged to work closely with Roy. We were also fortunate at that time to have the services of an excellent clerk, Cyril Hicks and on his retirement the lovely Jayne Stark.

During these years we shared many great Parish moments, such as permission to build the Sports Pavilion, Princess Diana Garden and Village Green at St Teath, the tarmacking of Vell Lane and Treligga, plus the Millennium Clock in Delabole. For me one of the greatest achievements was persuading representatives of the National Trust to repair The Steps at Tregardock rather than close access to the beach. It was worth the sore feet that councillors endured hiking to view the crumbling steps. Many successful events were organised by councillors and residents and we enjoyed some wonderful celebrations for the Queen's Jubilees and the Millennium. In 1994 a celebration was held for the 100 years of the Parish with an exhibition and celebration evening in St Teath Church Hall. Retired councillors were invited and guest speaker was ex parish chairman, Mr Brian Setchell.

I thoroughly enjoyed my years serving as a councillor. I would recommend to anyone, who is interested in working to help provide the best for their community in either village, to seriously consider standing in the forthcoming Parish elections in May 2021. How good it would be to see two councils formed of new and enthusiastic members joining with existing experienced councillors. Our communities have risen to the challenges of the pandemic in so many new and innovative ways over these past months, for which those of us who have been confined to our homes have been so grateful. It's been so good to know that the willing help and community spirit are still very much alive and with this in mind, I am certain exciting times are ahead!

PATRICIA MOLLOY

Ex Parish Councillor, Delabole Ward.



Rick Everett, Fred Whiting, John Lugg, Sally Holden, Alan Shore, Tricia Hicks, Bill Drey, Jane Stark, Paul Burden
Bonnie Cook, Patricia Molloy, Anne Hopkins.....1994



Parish Council Centenary Celebrations...1994
John Lugg, Anne Hopkins, Harry Jeffery, Beric Raymond-Barker, Mary Thom, Ken Williams, Adrian Hoskin, Nigel Hicks, Henry Richardson
Patricia Molloy, George Iles, Cyril Hicks, Brian Setchell

ST TEATH SCHOOL REPORT

Once again I write to you in a time of change and uncertainty. Since I arrived back in the UK, things have been in an unprecedented state of flux, so much so that it now seems the norm.

Having returned to school on Monday morning with carefully prepared plans for opening the school as safely as we could, communicating this to parents and trying to ease their worries over sending their children into school, all of that was thrown in the air again by Monday evening with new government instructions to close all schools and switch to remote learning for the foreseeable future. However, what I would like to say is this: despite all this uncertainty and the last-minute radical changes to policy, teachers, parents and pupils have responded wonderfully well.

Live teaching online was in place by Wednesday morning and pupils are logging in from home to access this just like on a normal school day. Our attendance at online lessons is very strong and the support from parents has been amazing. We have loaned out a lot of tech to help get people online, with the result that we are running out of it in school to support the children of critical workers!

After putting out a plea to parents, we have now received a large amount of donated kit which we are re-purposing ready to go out to families, as well as two sizable donations that have allowed us to buy 6 more brand new machines. THANK YOU to everyone concerned for their assistance in this. If you do have any more old laptops at home gathering dust, drop them in to us. We should be able to re-configure them as chrome books for our pupils. (don't worry, all your old files will be professionally wiped!) This just shows once again what an amazing community we have here in the village.

Whilst this will create more disruption to the education of our pupils, we do readily accept that closing schools is the right thing to do to keep people safe. I would just like to thank everyone for their support in these challenging times. Despite all of this, we still managed to record a fantastic nativity show for parents and enjoy all kinds of socially distanced festive activities. Father Christmas still found time in his busy schedule to pop in and say Hello AND we achieved a coveted third place in the village Christmas Lights Trail competition! (I would like to say that I feel Irene and Bruce's efforts on the School House helped boost our contribution quite significantly, so a big thank you to them.)

So life continues in the new state of normal here in school. We have no idea how long learning will be online, but we know that at least our children continue to get an amazing experience, thanks to the efforts of their teachers and parents.

I hope you are all managing to stay safe and sane in this latest lockdown.

Phil Banks

Headteacher
St Teath School
Chief Executive Officer
North Cornwall Learning Trust.



**North Cornwall
Learning Trust**
Working Together for Local Children

TO THE STAFF OF ST TEATH SCHOOL FROM A GRATEFUL PARENT

That we have an amazing school here in our village goes without saying. The staff are an inspiration and always enthusiastic and friendly. You would not think they could excel themselves any further. However, somehow, during these unsettling times, they have managed to pull even more 'oomph' out of the bag.

As we sat watching the news with uniforms laid out and bags packed ready for the first day of term, I, for one, had a real pit in my stomach as Boris announced Lockdown No 3. My first thought was, 'Help, not more home-schooling?!' After experiencing home-schooling during the first lockdown, I was filled with dread at the prospect of having to do it all over again.

As well as the parents being all ready for the start of a new term, so were the teachers. Classrooms were laid out, displays prepared ready to fill and worksheets all printed. How disheartening it must have been for them to learn all their hard work had been for nothing. But lo and behold, the amazing team did not let that stop them from miraculously managing to turn everything around to 'virtual' learning in less than 24 hours. In those 24 hours all I had managed to do was to get myself in a pickle with the worry and anxiety of how I was going to get through the next 6 weeks.

Wednesday morning came and the teachers all 'virtually' greeted our children online with the same passion and gusto as if they were in the actual classroom. Having sat in for a short while on a few of my son's lessons during the first days, (to get a feel for things), I truly do not know how the teachers do it. Not only are they themselves learning how to work a completely new way of teaching, but they have a whole class of children firing questions at them as they too struggle to get to grips with the system. Not once do the teachers lose their patience, although I'm sure they often feel like 'going offline'. Knowing that my child was in the capable hands of his teacher enabled me to take a step back, take some deep breaths and get my anxiety levels back to a more manageable state. Having seen the positive feedback from many other parents, I can confidently say that I am not the only one to be thankful for our amazing school. The staff have gone over and above their duty and it is reassuring to know that during these really trying times their passion, commitment and loyalty have not wavered in the slightest.

I am lucky enough to have had some insight into what is involved in getting the school up and running during COVID-19, yet I cannot even begin to imagine what a logistical nightmare it has been for our Head Teacher, Mr Banks. I do not know how he has found the time to run a school and a Trust, as well as complete everything required for COVID-19 rules, regulations and the challenges it creates. Yet, through all of this (coming up to 12 months now), he has always dealt with every issue head on with a smile on his face. As a parent it reassures you that 'we will get through this', because Phil oozes that positivity and determination to get through.

Words do not seem enough to thank Mr Banks, Mr Howard, Miss Rowe, Mrs Lane, Mrs Gregson, Miss Brown, Miss Goodman, Mr Harvey, Jack Procter, Katie Hughes, Bob Wilson, Lou Gettings, Cath Turner, Sandra Phillips, Jess Mountain, Rhiannon Bicheno, Jo Watson, Irene Lewis, Anne Wilce, Caroline Smith, Julie Davies and not forgetting Lando (the school dog), for all they have done and continue to do, but I hope this goes a little way towards complimenting them in the way they deserve.

I am proud to be part of 'Team Teath'. We truly are living up to our school motto of *Learning Today for a Better Tomorrow*.

EMMA DAVOUST-ZANGARI. (Now a lot calmer parent)



We wish everyone a Happy New Year, and hope this finds you safe and well.

A huge thankyou to everyone who donated to *Bags to School*, we raised a whopping £255. This money will be used to purchase much needed sports equipment for the children to enhance outdoor provision and learning. We are always collecting, so if you are having a clear-out, do let us know and we can arrange a drop off or collection.

Over the next month our topic is Dinosaurs. The children will be busy learning about all things to do with Dinosaurs as well as celebrating Pancake Day, Valentine's Day and learning about the Chinese New Year.

Over the last couple of months the staff and committee have cleaned up the outside areas ready for spring, a special thank you to Bryony Martin and Stevie-Jane Paul for your huge efforts in clearing away rubbish and pressure-washing our pathways. We hope to spend lots more time outside and with support from fundraising we can continue to develop our provision and enhance learning and play.

We now have 14 children on roll and have spaces for new children. If you would like any information or a new starter pack please email : stteathpreschool@talktalk.net.

This year we are looking at expanding our provision. Currently, we open for children between age 2 and 5, however we are in the process of developing a new room for children between age 1 and 2. If this provision is something you would be interested in, please don't hesitate to drop us an email and register your interest. We hope to have this up and running after the Easter Holidays, all being well.
J.M.

COMMUNITY BUS NEWS

During Lockdown we will not be running the usual trips to Truro and Wadebridge. We hope to get back to normal service as soon as possible.

In the meantime we wish you a very Happy New Year – stay safe!

MANDY WOODS

SOME CHRISTMAS CRACKERS

(Q.) Why did the drunken Mexican push his wife off the cliff?

(A.) Ta keel her! (Tequila)

(Q) What Bee can never be understood?

(A) A mumble Bee.

(Q) Why did the Golfer wear two pairs of trousers?

(A) In case he got a hole in one!

(Q) What music do the elves like on the radio in Santa's Workshop?

(A) Wrap music !

(Q) What would you get if all the cars in Britain were red?

(A) A Red Car Nation!

Community Centre Update

These are challenging times for all of us, not least for your local Community Centre.

Over the past twelve months we have purchased new (more comfortable) chairs, arranged for remedial works to be carried out on the stairs, had much needed electrical work done and replaced the railings outside, as the old ones were becoming loose and unsafe. We are just awaiting the return of our "sign" post to complete these works.

Many of you have commented favourably on these works, however some consider them a waste of time and money. Here are some of the reasons for spending on these items:

In order to keep our treasured little centre open and conform to insurance and other requirements, the railings HAD to be replaced (Health and Safety). Everyone complained how uncomfortable the old chairs were, so the Committee agreed to purchase new ones. This was before the first lockdown was announced and we did not take into consideration the fact that these new chairs would be more difficult to sanitise than the old ones, but then again we didn't have a crystal ball to foresee the lockdown and Covid restrictions. So they remain in their plastic wrapping until we can get back to normal.

The renovation of the railings was paid for by a Covid-19 grant from Cornwall County Council, for which we are very grateful, as it enabled us to keep our 'buffer' balance for paying the usual electricity and water bills, as well as the insurance on the Centre. This grant also paid for the PPE, sanitiser and disinfectant, together with cleaning cloths, spray mop etc. What we did not envisage was being unable to open for such a long time, and the fact that when we could re-open, the social-distancing requirements meant that several groups did not return.

Now is the time of year when we send out our little brown envelopes for you to subscribe to the Community Centre and this year is no different. **HOWEVER**, this year we are asking for '*donations*' rather than subscriptions (as we do not know when we will be able to reopen or what the restrictions will be when we can). We have to keep the electricity on to run the heating and dehumidifier, as without these the Centre would be too damp to be used at all and the snooker table upstairs would be ruined. Our insurance costs £1,000 per year, electricity and water costs are variable, but as an example our electricity has been approx £200 per quarter and water £130 for this year. Our income has dropped dramatically and although our outgoings have also reduced, we still face a shortfall and need your help to keep the Centre going. Any amount will be very welcome, just put it in the envelope enclosed with this issue of Timepiece and pass it to a Committee member when taking your daily exercise. **THANK YOU** for your ongoing support.

ST TEATH COMMUNITY CENTRE ASSOCIATION

Committee Members:

Lynne Beavis, Secretary,	Lismore, The Meadows
Barbara Clark,	49 Valley View
Kevin Hargrave, Chair	3 Rosewater Park
Sue Hargrave, Treasurer,	3 Rosewater Park
Kim Ingram,	Brambleside
Fiona May,	The Old Minehouse, Treroosal Road

THANKS

TO THE VILLAGE LIGHTS Team for the dazzling display which brightened our lives over this rather bleak Christmas. Every year we say the lights cannot get any better – and every year the team manages to pull something new and different out of the hat to take our breath away. This year the appearance of the lights was especially moving, as there had been doubt about whether the work involved in erecting them would be allowed at all, due to Covid restrictions. We cannot thank everyone enough for all their hard work in raising money throughout the year, in procuring and finally erecting this magnificent display. It made such a difference to this year's cheerless festive season.

ST TEATH CHRISTMAS LIGHTS TRAIL The lights team would like to say a BIG THANK-YOU to everyone who helped in any way again this year, any help is always appreciated. Also to the many families who superbly decorated their houses and took part in the Trail to make the village look spectacular once again. We do hope that it helped to lift everyone's spirits.

Trail winners: 1st Emily & Clive Grey; 2nd Patrick Mewton; 3rd St Teath Primary School
Well done to everyone!

After such a difficult and distressing year what a wonderful light display around the village!
A massive thank you to the Lights Committee and all the private displays. We missed the Christmas Market stalls but the augmented Church Choir singing from the raised churchyard were most effective.
FANTASTIC. The villagers of St. Teath never fail to amaze - thank you One and All.
And a final thank you to Lynne at the Post Office, Kerri at Churchtown Cafe, Barry at The White Hart and Kevin the Butcher and ALL their "little helpers".
DAVID & LORRAINE

The village owes a debt of gratitude to **TANIA SLEEP** and **CHRISSIE STRAFFON** for their initiative and considerable hard work seeding a wildlife / nature area and also tidying up part of the new cemetery, including cleaning memorial stones. The whole area has been vastly improved and will look spectacular when the wildflowers emerge in the spring. Thank you to you both.
P.M.



Before and after photos courtesy Patrick Mewton

ENDELIENTA

With a return to lockdown across the country, we at Endelienta have once again had to put on hold all live events we were due to run until at least mid-February. We will ensure we keep you up to date with everything that is happening at St Endellion as and when events are safe to start up again.

I am however happy to announce that every concert planned for the next few months that has had to be cancelled has been rearranged for later in the year. This means that Resonance, Helen Porter and Krysia Osostowicz will all join us in the spring/summer seasons. New dates will be released on our website this month and ticket sales reopened. If you have booked tickets for any of these events, then one of our team will be in touch with you to organise a refund or date switch in the near future.

I am pleased to be able to tell you that Endelienta has a new Artistic Director / General Manager. Plum Grosvenor-Stevenson, previously our marketing coordinator, has been recruited from a strong field of candidates and has taken up his post as of 4th January 2021. We wish him well in leading Endelienta through these topsy-turvy times.

Please stay safe during these difficult times and we hope to be able to welcome you back to St Endellion when all is well again.

IAN SANDBROOK
Chair of Endelienta

NORTH CORNWALL BOOK FESTIVAL 2021

Discussions and planning have started for the annual North Cornwall Book Festival, to be held at St Endellion near Port Isaac. It has been decided that this year the event will be held from **23rd – 26th SEPTEMBER 2021**.

The School Days are scheduled for 23rd and 24th, the Adult days with visiting authors, workshops and café will be held on 25th and 26th. Music Evenings on 24th and 25th.

PLEASE NOTE THAT THESE DATES REPLACE THOSE PREVIOUSLY ISSUED (in October)

Between July and December, a number of mini films were made with the authors due to attend in 2020, and these can be viewed on

www.ncornbookfest.org/north-cornwall-book-festival-at-home

or search for *North Cornwall Book Festival at Home* on YouTube/Facebook/Instagram/or Vimeo

In November, a selection of video interviews with a number of children and young adult authors were launched, which included a creative challenge set by the authors for children to complete in their own time. They are entirely free for use either in the classroom or at home and these can be found on the following link

www.ncornbookfest.org/ncbf-at-school

We look forward to seeing you again

A METHODIST MINISTER'S VIEW

In order to meet editorial deadlines, the articles which I write are submitted some three weeks before they appear in print in local communities. Someone once said that a week is a long time in politics - and at the present time situations in our local communities can change a great deal in three weeks. Therefore, there is a danger that what one writes about can seem as though it is no longer appropriate.

At the time of writing, we are experiencing the highest number of cases of people contracting the COVID-19 virus in Cornwall since the start of the pandemic. This is an alarming fact that none of us would have envisaged in the closing months of 2020. All of us will have a perspective on the situation together with our personal thoughts and concerns. As I think about these things it brings to mind the old adage about whether your glass is half full or half empty.

As I pursued my thinking, a story from the New Testament of our Bible came to mind. In John Chapter 21 is the story of Jesus appearing to his disciples sometime after his resurrection. The disciples had gone fishing all night and caught nothing. Jesus tells them to cast their nets on the other side of the boat with the result that they had a large haul of fish. No doubt they put their nets out in faith and probably were surprised at the consequences after their all-night experience.

We have choices about how we respond to the current situation but the words from a poem used by King George VI in one of his Christmas addresses to the nation before World War II seem an appropriate challenge for us. They are: -

And I said to the man who stood at the gate of the year:
 "Give me a light that I may tread safely into the unknown!
 And he replied: "Go out into the darkness and put your hand into the Hand of God.
 That shall be to you better than light and safer than the known way."
 So, I went forth, and finding the Hand of God, trod gladly into the night.
 And he led me towards the hills and the breaking of day in the lone East.

Every blessing in these difficult days.

BRYAN EDE

Words of Wisdom

Open your eyes

To the beauty around you

Open your mind

To the wonder of life

Open your heart

To those who love you

And always

Be true to yourself

UNKNOWN

PAUSE FOR THOUGHT



I lift my eyes up to the mountains:
Where does my help come from?
My help comes from you,
maker of heaven, creator of the earth.

So begins a version of Psalm 121, part of the 'songbook' of the ancient Hebrew people and subsequently of the Christian Church.

Believers or not, many of us have found solace in creation in these strange days of isolation and restrictions. We are fortunate to have gardens and beautiful countryside all around us. Can you imagine being stuck in a city high-rise flat?

Even as I write in early January, there are primroses in the garden, snowdrops in the churchyards (our crocus won't be long) and the first daffodils (my favourites) in the shops and along the roadsides. The other day, I came home to find a woodpecker helping-itself to seeds from the bird-feeder just outside my kitchen window – a joyful sight to me, though the gold-finches were a little put out!

How welcome are these glimpses of new life and hope in this dark and tragic Covid winter. We need to keep these hopeful signs in focus as we battle through another lockdown. Knowing that our help comes, not from the hills themselves, but from the one who made them: the creator of the earth will be our strength and our helper, as the Psalm ends...

The Lord will keep your going out and your coming in
from this time on and for evermore.

Take very great care and stay safe.

ANGELA
Rector,

St Teath and the Camel-Allen Churches

ST TEATH CHURCH HALL

Rupert Down (Chairman)	01208 852039
Lon Evans (Treasurer)	01840 212400
Eileen Treby	01208 369684
Jean Nicholls	01208 850594
David Jasper	01208 850650
Anne Blewett	07778 422717

**For church hall bookings please contact
Lon Evans on 01840 212400.**

[In the event of Lon being unavailable, please contact Rupert Down on 01208 852039]

7 Lovely Logics

1) Make Peace with your Past
so it doesn't spoil your Present.

2) What others Think of you is
None Of your Business.

3) Time Heals Almost Everything,
Give the Time, Some Time.

4) No one is the Reason of your Happiness
Except You yourself.

5) Don't compare your Life with others,
You have No Idea what their journey is all about.

6) Stop Thinking too much,
It's Alright not to know all the Answers.

7) Smile, you don't own
all the Problems in the World.

FROM A SEENAGER

I've just discovered our age group! I'm a Seenager (Senior teenager).

I have everything I wanted as a teenager, only it's 55-60 years later.

I don't have to go to school or to work. I get an allowance every month. I have my own pad. I don't have a curfew. I can come and go whenever and wherever I like. I have a driver's licence and my own car. I have ID that gets me into bars and the wine shop. I like the wine shop best.

The people I hang around with are not scared of getting pregnant. They aren't scared of anything, they have been blessed by living this long, why be scared?

And I don't have acne. Life is Good!

If you're a Seenager, you'll feel much more intelligent after reading this. The brains of older people are slow because they know so much. We don't decline mentally with age – it just takes us longer to recall facts, because we have so much more information in our brains. Scientists believe this also makes you hard of hearing since all this knowledge puts pressure on your inner ear.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for and only remember when they have gone back to where they were originally. It is NOT a memory problem; it is nature's way of making older people do more exercise.

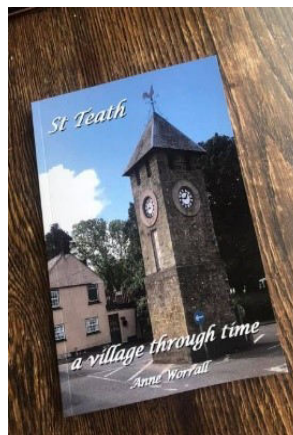
SO THERE!

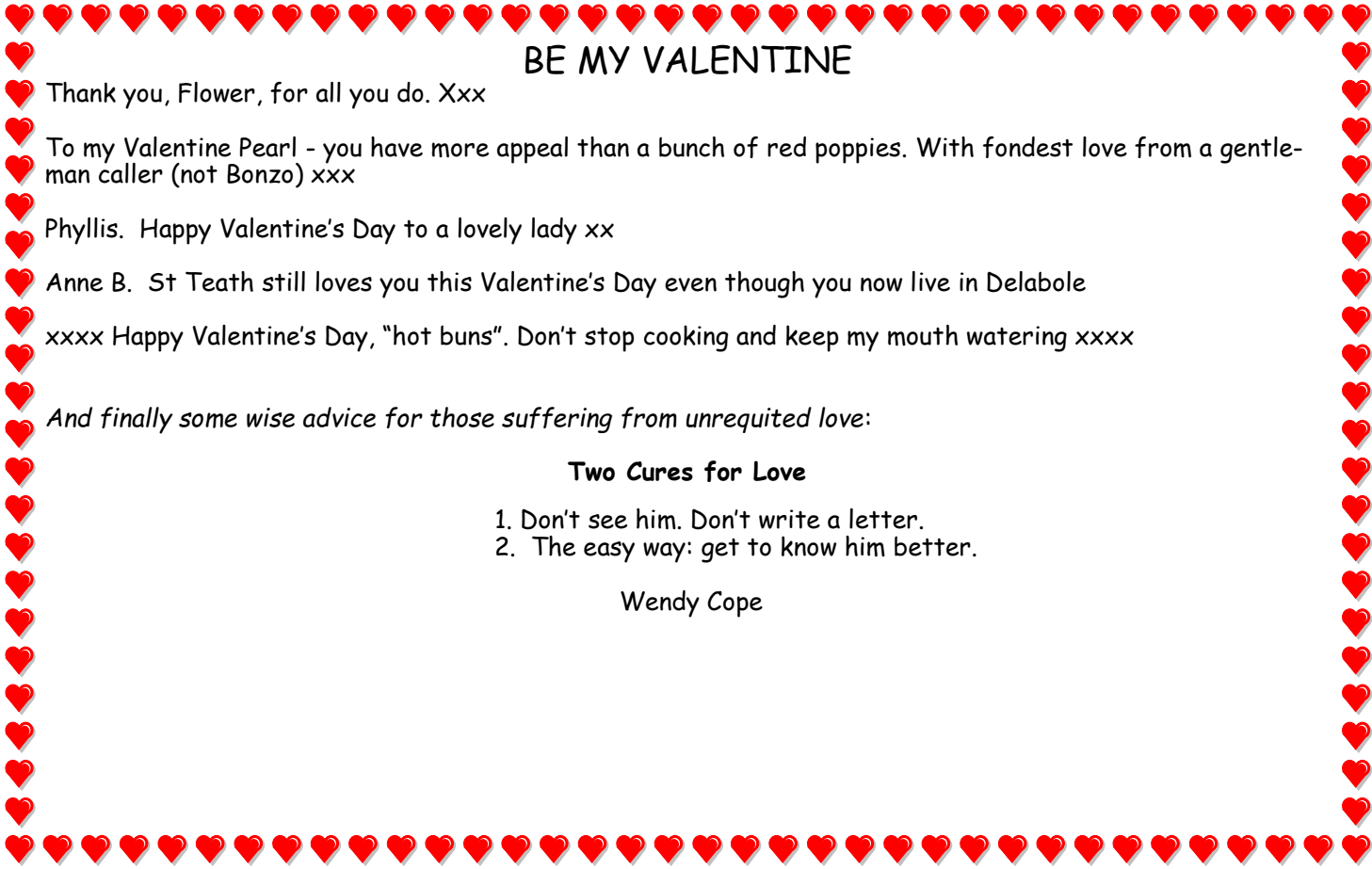
The fascinating story of our village

Only £6.99!

anne@zoptic.force9.co.uk

Or Tel: 01208 850522





BE MY VALENTINE

Thank you, Flower, for all you do. Xxx

To my Valentine Pearl - you have more appeal than a bunch of red poppies. With fondest love from a gentleman caller (not Bonzo) xxx

Phyllis. Happy Valentine's Day to a lovely lady xx

Anne B. St Teath still loves you this Valentine's Day even though you now live in Delabole

xxxx Happy Valentine's Day, "hot buns". Don't stop cooking and keep my mouth watering xxxx

And finally some wise advice for those suffering from unrequited love:

Two Cures for Love

1. Don't see him. Don't write a letter.
2. The easy way: get to know him better.

Wendy Cope

THOUGHTS FOR TROUBLED TIMES

Turn your face to the sun and the shadows fall behind.

Maori proverb

Never bear more than one kind of trouble at a time. Some people bear three – all they have had, all they have now and all they expect to have

Edward Hale

The mind is its own place and can make of heaven a hell and of hell a heaven **John Milton**

I like living. I have sometimes been despairingly, acutely miserable, racked with sorrow, but through it all I still know, quite certainly, that just to be alive is a grand thing.

Agatha Christie

The only way out is through.

Helen Keller

It is better to light a candle than to curse the darkness.

Eleanor Roosevelt

February Cryptic Crossword and Sudoku

Across

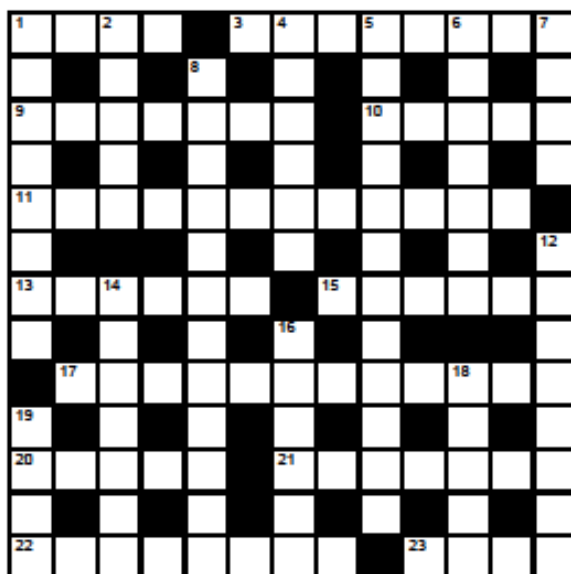
- 1 Strain if in street (4)
 3 Very good (in an old fashioned way) for chant to hold maths ratio - very loud! (8)
 9 Shakespeare had one for one (7)
 10 Force the little devil to be with the Spanish (5)
 11 Excitedly cures cysts so becomes a tale of wonderful achievement (7,5)

- 13 One with greatest age within longheld established views (6)
 15 Small ball the French hide in skin (6)
 17 Twisted Trump ego came as call of duty for example (8,4)
 20 Small hound loses first of bones to American symbol (5)
 21 Encounter golf peg thrown inside ancient vase (7)
 22 Warwickhire opener yearning to try sorcery (8)
 23 Initially brings unusually small horse to Australian wilderness (4)

Down

- 1 Sees term confused for term (8)
 2 Former currency sounds honest (5)
 4 Make happy with requests prior to evening opening (6)
 5 Timid and shaken - then fed tiara! (5-7)
 6 Strangely limper, I put into danger (7)
 7 Casual girl and a festival (4)
 8 Early starter pens cheques bizarrely to royal address (6,6)

- 12 Power shows that real enterprise never goes to humble beginnings (8)
 14 Dirtiest ends around crude lack of water (7)
 16 Saint ends prayer for part of a flower (6)
 18 Farewell to another diet implying eating undercooked starters (5)
 19 Feline communication for loose women without direction (4)



				6		3	9	
4			3	9		1	8	
		9	2		1			
	4	3	9					1
5		1	7		3	9		4
6					8	5	7	
			6		2	4		
	3	8		7	9			6
	6	4		3				

NEATE FEET

for all your foot care requirements

Claire & Simon Neate DIPCFHP

Qualified Foot Health Practitioners

Nail care, Verruca, Ingrowing toenails
Diabetic care, Corn Removal, Paddings
& Dressings

Simon - 07870508867

Claire - 07968232344



Telephone

Bodmin (01208) 850996

Producer and Buyer of Quality
Hormone - free Meat Deep Freeze
Orders



ST TEATH BUTCHERS

(Kevin Schofield)

Butcher's Shop, St Teath, Bodmin
Cornwall

GENERAL GARDEN SERVICES

ED DENNIS

07870558164

R. MEARS & Sons CHIMNEY SWEEP

Vac & Brush

Cowl fitting service

CCTV investigation work carried out

01840 261 221 • 07737 533392

www.sweepcornwall.com

Covering Cornwall & West Devon

Est. Over 30 years

NO711/30134



Steve Straffon Property Services

Home & Garden Maintenance

'Looking after your home inside and out'.

Professional, Reliable and Friendly Service

Call - 07966 169997

E-Mail - stevestraffon.ps@outlook.com

From small one-off jobs to fully scheduled maintenance.



Great Value

Picnic benches
(from £85+vat)

Garden Seats
(from £75+vat)

Improved designs.
Made locally.
Bespoke options
available.



138 High Street, Delabole, PL33 9AJ

Tel: 07939022820

01840 213362

Email: sales@hazy-days.co.uk

Website: www.hazy-days.co.uk

Proper Job

Property & Garden Services

*Plastering, Painting & Decorating, Tiling,
General Repairs, Lawn care, Hedge cutting,
Planting, Garden sitting service. Fully insured,
RHS qualified, Registered Waste Carrier.
Call David Williams on 01208 851222 or
07896 613472*

Paths End, St Teath Bed & Breakfast All Rooms En Suite

**Rosie Robinson
01208 850441**

DeLuxe Styling

Unisex Mobile Hair Stylist
Kat Luxton

Booking in advance is advisable, to avoid disappointment.
Call or text the number below.

Tel: 07766904677



Find us on
Facebook

DAN TILLEY PLUMBING & HEATING

ALL ASPECTS OF PLUMBING & HEATING WORK

Boiler Servicing
Central Heating
Bathrooms & Tiling
21 Hour Call Out
Free Quotations
Phone 01840211159
Mobile 07791530961
E-mail: danieltilley404@gmail.com



Need a plumber or gas engineer?

The Reliable Plumber is a small, fully qualified & fully insured, local family run plumbing business.

The **RELIABLE** Plumber

Tel: 07534 311 366

contact.reliableplumber@gmail.com

- Bathroom installations including tiling
- Boiler servicing, maintenance and repairs
 - General plumbing and breakdowns
 - Work done correctly and explained
- No call out charge (diagnostic charge may apply)
- Local, friendly, knowledgeable engineer
 - Your house treated with respect
 - All work carries 6 month warranty



Richard Hughes & Robert Dagley Electrical Contractors 18

Domestic; New Installations
Commercial; Agricultural
Rewires; Portable Appliance; Testing
Showers; Night Storage Heaters
Supplied & Fitted

Free Estimates & Quotations

Over 30 years experience Working in the Electrical Trade
Tel: 01208 851318 or 01840 213443

Katie's Cakes

Handmade to order

Tel: 07870440151

Facebook: @katieapplebycakes

Instagram: @katiescakesandcreations

M.E.R Electrical and Property Services

Qualified Electrician 25 yrs in the trade

All types of electrical work carried out

T.V, Telephone, CCTV, Security Alarms

Portable Appliance Testing (P.A.T)

Indoor and Outdoor Property Maintenance

For a Friendly Reliable Service call Mark

01208 851 724 or 0779 478 2627

BIG DUNK'S
Paintball
&
Outdoor Laser Tag

01840 211 460

DDAS
DOMESTIC APPLIANCE SERVICES

Appliance Repairs

ALL MAKES & MODELS REPAIRED

WASHING MACHINE - COOKERS - DISHWASHERS - TUMBLE DRYERS - FRIDGES - FREEZERS & MORE

Mark Turner

CALL NOW ON

07899756772

The Angry Anchovy Pizzeria



10 New Road, Port Isaac
Next to Trelawney Garage
01208 881 384

Colin Goodman and Clyde Ferguson

For all your Garden and Builders Machinery Repairs and Servicing

C F Garden Services

Mob 07752291687 / 07779599252

28 Tregoodwell
Camelford
01840212513

MutsCuts



Dog groomer

Please call me to discuss your dogs individual needs.

www.mutscuts.co.uk

Mob: 07549 040 316

Tel: 01208 850616

Facebook: mutscuts

Crispins

St Teath

PL30 3JB

beauty *by fleur*



Beauty Therapist with over 10 years of experience. Salon now open in North Road, St. Teath. For information or to make a booking please call 07811 850943.

Gareth Stubberfield

Singing, Piano. Keyboard and Organ lessons

07498580454

Stubbery2@hotmail.co.uk

Also available for hire as accompanist for exams, weddings, funerals & social events.

New Parks HOG Roast

New Parks Hog Roast

New Parks Farm, North Road, St. Teath, BODMIN. PL30 3JX

Tel: 07811 850943

Ants
Cockroaches
Fleas
Flies
Moths
Moles
Rabbits
Rodents
Wasps/Hornets

North Cornwall Pest Solutions

24hr Call Out

Fully Insured

07770677029

finnmore2000@aol.com

Discrete, Prompt, Friendly Service



BPCA Level 2 in Pest Management



M J SHARPE

ELECTRICAL

(City & Guilds Qualified)

New installations; storage heaters;
Showers; PAT testing and fault finding

Over 30 years experience

NICEIC registered

Tel: 01208 851197

Mobile: 07989984409

Builders Merchants & Decorator Centre



Open 7 days a week
Supplying Trade & DIY

Atlantic Road, Delabole,
Cornwall PL33 9DN

01840 212580

www.westernsupply.co.uk



FARM SHOP & RESTAURANT

HOME PRODUCED BEEF & LAMB.

HOMEMADE JAMS & CHUTNEYS. HOMEMADE
CAKES. LOCAL CHEESE. RODDAS CREAM & MILK.

CHOUGH BAKERY BREAD. MEAT.

FRESH FRUIT & VEG. PASTA. CRISPS &
SNACKS. BISCUITS. FUDGE. ICECREAM.



HOME DELIVERY SERVICE AVAILABLE AND
NON- CONTACT CAR PARK COLLECTION TEL 01208
880164 TO ARRANGE.

TELEPHONE: 01208 880164

www.trevathanfarm.com

FIND US ON THE B3314 at St Endellion.

Follow us: [f](#) [t](#) [i](#) [g](#)

The White Hart Inn

ST TEATH 01208 850281

OPEN ALL YEAR
7 days a week



Find us on Facebook and Tripadvisor



Family & pet friendly
Good beer and good company
Home cooked food served with a smile
A La Carte Menu
Ample Free Parking
Small parties catered for

Your Host: Barry Burton



Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk

*Your local venue for weddings, parties, anniversaries, birthdays, events and
function hire of all kinds, from 2 to 350 guests.*

RT*nails*
and tanning
07940161785

ROYA | WINDOW
CLEANING

Tel: 07581025449

Email : royalwindowclean@hotmail.com

Website: royal-window-cleaning.weebly.com

Find us on Facebook

Window Cleaning - Gutter Clear/Cleans -
Fascia/Soffit Cleans - Pressure Washing

Philip Sleep Flooring.

Professional & reliable family run business with over 20 years experience.

01840 212077

We offer a large selection of
carpet, vinyl, karndean,
remnants & safety flooring
at honest prices.

Free consultation, free fitting and free delivery
(terms apply)



SHOP NOW OPEN

Unit 4, pentire workshops,
delabole PL33 9BA
(behind Atlantic Signs)

OPENING TIMES

Mon-Fri 9am - 2.30pm
Sat 9am - 5pm



Sproull Solicitors

LLP

SPROULL

SOLICITORS

www.sproullllp.co.uk

**ACCIDENT CLAIMS
PROBATE
BUSINESS**

**CONVEYANCING
WILLS
DIVORCE/CHILDREN**

8 Fore Street
Camelford
PL32 9PG
Tel 01840 212315
Fax 01840 212792

42 Fore Street
Bodmin
PL31 2HW
Tel 01208 72328
Fax 01208 77881

Crossword and Sudoku Solutions.

ACROSS

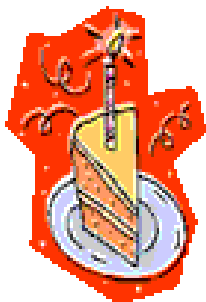
1. sift
3. spiffing
9. measure
10. impel
11. success story
13. eldest
15. pellet
17. computer game
20. eagle
21. meeting
22. witching
23. bush

DOWN

1. Semester
2. Franc
4. please
5. faint hearted
6. imperil
7. gala
8. Queen's speech
12. strength
14. drought
16. stamen
18. adieu
19. meow

8	1	7	5	6	4	3	9	2
4	2	6	3	9	7	1	8	5
3	5	9	2	8	1	6	4	7
7	4	3	9	5	6	8	2	1
5	8	1	7	2	3	9	6	4
6	9	2	1	4	8	5	7	3
9	7	5	6	1	2	4	3	8
1	3	8	4	7	9	2	5	6
2	6	4	8	3	5	7	1	9

FEBRUARY BIRTHDAYS



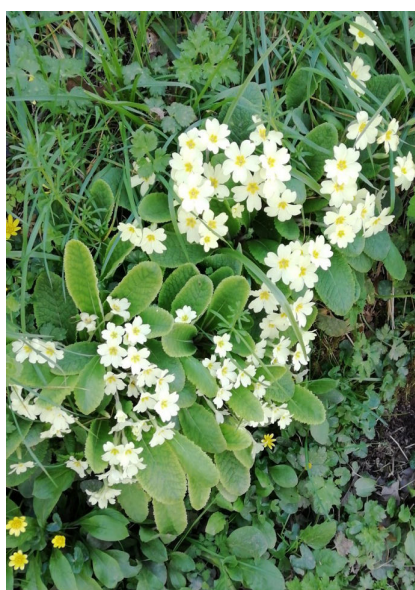
8th - Wishing **HESTER** the very best of birthdays in spite of everything ! With love from all your friends in the village.

Happy Birthday for the **9th**. With all my love. D. xxx

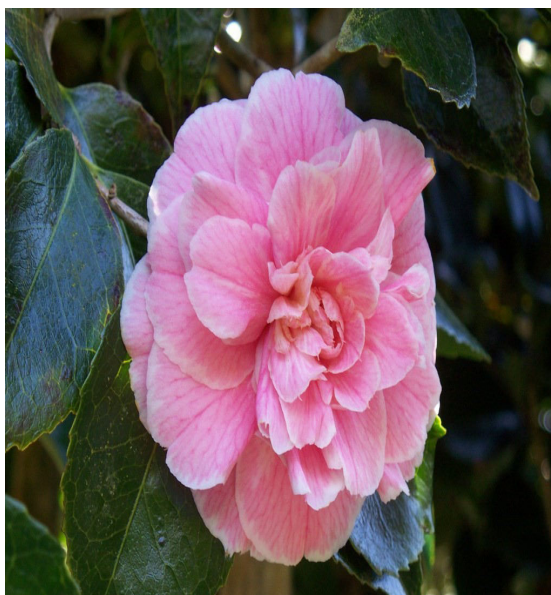
9th - Birthday Greetings to **LORRAINE** from the Ladies who Lunch and all your many friends in St Teath and beyond.

20th - Wishing **YVONNE** a very Happy Birthday from the Timepiece team and all your friends. Thanks for all your help.

21st - To **JAY** – no longer a teenager! Have a great birthday and a great year! Love from Mum, Dad and all the family.



Primroses



Camellia



Blossoming Beauty

INFORMATION: This is an independent newsletter, compiled, published, printed and distributed free to households in the **WARD OF ST TEATH ONLY**, by the St Teath Timepiece Committee. The views published in the newsletter are not necessarily those of the Committee. The Committee reserve the right to alter/refuse any material submitted for publication.

This Newsletter was composed by:

EDITOR:	Anne Perisic	01208 850522	anne@zoptic.force9.co.uk
HONORARY EDITOR:	Jane Poynder		
GUEST EDITOR:	Barbara Strachan	01208 367032	
ASSISTANT EDITORS:	Jenny Tidd		
	Anne Blewett		
PRODUCTION:	Susan Hargrave	01208 850002	sue.hargrave55@gmail.com
	Louise Stubberfield		
DISTRIBUTION:	Yvonne Tew	01208 850497	
TREASURER:	Eddie Jones	01208 850388	e.p.jones@hotmail.com