

**MARCH 2023 ISSUE 343** 



In the aftermath of the tragic earthquake, it's hard to witness on our TV screens so much suffering and to feel so helpless to do anything to ease these people's pain. We can't all travel across the world to offer practical help, but everyone can do something.

The Cornish charity, Shelterbox was one of the first on the scene providing tents, blankets and essential supplies to families who had lost everything. The cost of one of their boxes is £590. Please come to the Church Hall, maybe bake a cake or a few biscuits, or simply give whatever you can afford, to help us raise the funds to provide shelter, warmth and, above all, hope to at least one of these families We know we can depend on you. Thank you!

#### FROM OUR COUNTY COUNCILLOR

By now you may already be aware that the current Conservative administration is proposing a 4.99% increase in Council Tax in Cornwall for next year. This is the maximum amount allowed by the government, who fully expect local authorities to adopt this increase in addition to any central government grants in order to maintain public services.

It will provide the Council with around an extra £15M, but this needs to be considered within the context of the extra demand for Adult and Children's Care which alone will require around £26M.

Social Care is rarely out of the news these days and the knock-on effect in our hospitals and ambulance response times is well documented with phrases such as "bed blocking" and "delayed discharges" now common on the local news. Ever since I was elected in 2016, we have continually underfunded and under appreciated this vital service and the carers on whom many people rely for day-to-day compassion and care.

As the Local Government Association has recently put in a letter to the Secretary of State for Health and Social Care: "Much of the recent narrative on social care suggests that it exists solely to ease pressure on the NHS and is failing to do its job. However, social care is an essential service in its own right and needs to be valued equally as highly as the NHS."

Sadly, I fear that this is a problem that can no longer be fixed by simply improving the funding to local authorities. It is the pay and conditions of the work-force that need to be seriously addressed to attract the next generation of carers who will replace those who have left the vocation for better-paid work or to return to their home countries as a direct result of Brexit. Nationally the Lib Dems have called for a £2 an hour increase in the minimum wage for carers and this is something I would support as a first step.

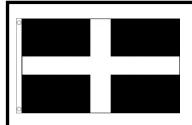
I call it a vocation deliberately. Not because I feel that the work itself should be reward enough, but because it remains a job which should and needs to be recognised much more as a profession with clear development and progression for employees.

If becoming a carer is something that might interest you, then the Council have a dedicated website which has lots of information about different roles and careers in caring including a job search page and details of all the various employers in our area. www.proudtocarecornwall.org.uk

Dominic Fairman Cornwall Councillor.

Mobile: 07939 122303

St Teath & Tintagel Division cllr.dominic.fairman@cornwall.gov.uk



KERNOW BYS VYKKEN!

HAPPY ST PIRAN'S DAY TO ONE AND ALL!

#### ST TEATH COMMUNITY CENTRE

We are delighted and relieved to tell you that during the public meeting held in December, a committee was formed. A group of people with various interests, backgrounds and skills stepped forward to give their time and energy to keep this wonderful building alive and being used regularly in our village. A huge 'thank you' to all who took on roles and we look forward to planning the year ahead and beyond!

The first meeting was held at the Community Centre in January when we discussed the general upkeep of the whole building as well as improvements to the main room downstairs and the snooker room. We are pleased that there are a number of regular groups who use the Centre and we hope to share what there is to offer with others; for parties, meetings, games nights etc. You can send an enquiry/message about booking to Emma Davoust-Zangari via the St Teath Community Centre Facebook page or you can email:

stteathcommunitycentre@gmail.com beginning the subject with BOOKING.

You can also ring Emma on 01208 851843 or Jan Mewton on 01208 850742

The Community Centre has been open for over 30 years and it would be lovely to share and reminisce about some of the events that have happened there during that time! If you have a photo you would like to share, please go to the Facebook page and create a post or if you prefer, email us, using the address above. Please make sure the people in the photo are happy for it to be shared publicly.

Tuesdays at the Community Centre continue with the usual welcome! The weekly coffee mornings held between 10.30 and 12.00 every Tuesday, including the special occasion ones, have become a regular and much-loved part of the St Teath social calendar!

There are a few ideas that have been suggested to us in recent weeks that we would like to explore. We are keen to look into setting up a Youth Club and providing something in the community for our younger members! Although we have someone willing to organise it, more adults are needed for it to work. If there is anyone out there who may like to help either on a regular basis or as part of a rota please get in touch! Are you a parent with older children who misses crafting, a retired teacher/teaching assistant or someone who would like to share an interest/skill? Please get in touch! There will be a requirement to do some basic safeguarding training (free) and get an up-to-date DBS check.

Finally, on <u>March 22<sup>nd</sup> at 7pm</u>, we invite all members of the St Teath community to attend a general meeting to agree an updated constitution. In short, it is an opportunity for all villagers to take part in deciding the aims and purpose of the Centre and to ensure everyone understands how it's run. If you are interested in this please come and join the meeting, or alternatively you can email me on the email below, beginning the subject with MEETING and I will email you a copy of the proposed constitution and details about any amendments.

We are committed to making our lovely historic building a place that meets the needs of our community. Any feedback and comments are most welcome.

Clare Hutchison <u>stteathcommunitycentre@gmail.com</u> Secretary | Community Centre Association

#### ST TEATH PARISH COUNCIL

Everyone knows the clock tower. which has been at the centre of our village for over 100 years, commemorating those who died in two world wars and the Korean war.

Perhaps we may take this listed building for granted on occasions, but the time has come for our historic landmark to need renovation. This is a huge project, especially for such a small parish council and it was the main topic at the February meeting of the council. Look out for updates on future discussions as the council has promised to keep everyone informed of progress.

The Parish Council is at full strength again thanks to three volunteers. Julie Fairman has taken on the position of clerk. She brings a wealth of experience and knowledge to the role but will also be updating her clerk training. The council feels she is perfectly suited to the village and looks forward to working with her. Our new councillors are Jo Fleet and Sam Burton who bring the council back to a full complement of seven.

You may remember the Parish Council asked for your thoughts about the kissing gates at each end of the path from the Square to Treroosel Road. Do you wish to keep them or is it time they were replaced for easier access? Send your views to <a href="mailto:clerk@stteathparishcouncil.co.uk">clerk@stteathparishcouncil.co.uk</a>

Good news for the children of the village. New play equipment is due to be installed on The Green this month. Watch this space - literally!

#### In response to last month's request for readers' opinions, PHIL ALDIS writes:

I would like to support the Parish Council in removing the three kissing gates on the cut through from The Square to Treroosel Rd. These gates are impossible for parents with buggies to use. As a result parents either drive or walk along North Road to access the School or Playgroup. If the gates were removed, it would create a much safer route, walking down Treroosel Rd then through the Meadows and the Village Green. The gates are neither attractive nor fit for our current village community and I would encourage everyone to support their removal and replacement with a user-friendly option at either end of the path.

Yours sincerely etc

#### ST TEATH COMMUNITY BUS

The bus is available for private hire by local organisations and private individuals, but we respectfully remind everyone hiring the bus that they are responsible for settling the cost of any penalties incurred during their period of hire. The bus is **not** available for hire to commercial organisations.

To hire the bus please contact Di Cox on 01208 850983.

Any other enquiries regarding the bus contact Mandy Woods on 01208 851346.

#### **REGULAR SERVICES:**

MONDAYS - Truro 9.30am from the White Hart

FRIDAYS - Wadebridge/Tesco 9.30am from the White Hart



#### ST TEATH JOYBIRDS

St. Teath JOYBIRDS are a group of about 35 women from the village and immediate surrounds who get together on the second Friday of each month in the Church Hall at 2.30pm. (The name came from a Concert Party, formed in the village about 70 years ago who visited local villages to give performances.)

The subscription is £22 for the year, and we charge £1 entry each month which covers tea, coffee, biscuits and a raffle ticket giving you the chance to win £5.

We have organised / are organising interesting speakers, activities, crafts and outings for our 2023 season and this will include a speaker from the RNLI, a Dog Trainer, a Tiddlywink Tournament / board games / cards, Singing for Pleasure, a Summer Picnic with outdoor games, an Antiques Roadshow, a speaker from Coast-watch, Origami and Flower Pounding, plus the odd Quiz or two.

Our outings we hope will be to Pencarrow to see the House and Bluebells, Coldnorthcott Toy Museum, Bodmin Jail and Healey's Cyder Farm. We also host the Village Carol Service in the Church and organise various fund-raisers for charities throughout the year.

If you think you might like to come along one Friday, please feel free. We would love to see you. For further details please phone Lynne on 01208 851277

LYNNE BEAVIS

#### THE JOYBIRDS IN FEBRUARY

A fascinating and informative talk was given by two members of the RNLI from the Rock Inshore Lifeboat. Their training was explained in great detail and included their recounting the realistic, very large, very cold pool where storm conditions can be experienced. Into this they are expected to jump (and not always in their professional attire either), turn their lifeboat over, right it again and perform other necessary exercises. They can also simulate the down-draught from a helicopter to intensify the difficulty of their tasks, but it all adds to the real-life experiences they will face.

We heard how the paging system works, how many people are involved with using and looking after the lifeboat and how they interact with the coastguards, helicopters and the larger Padstow Lifeboat.

Finally we were shown how they don their amazingly warm, waterproof, made-to-measure clothing and flotation aids. They are issued with the best equipment and garments available, including helmets, the linings of which are inflated to hug their heads giving comfort and warmth.

All this and the RNLI receives no Government funding - the men and women risk their lives rescuing people in difficult and dangerous circumstances and they rely entirely on charitable donations from the public. We were in awe of their work and dedication and our members were happy to contribute towards a generous donation for the RNLI.

#### Lynne Beavis

PS. In March we are having a talk from iSight Cornwall. This organisation offers all manner of specialist advice to support visually impaired people living in Cornwall and the Isles of Scilly.

#### ST TEATH'S CARNIVAL QUEEN

It's time to look ahead to carnival time and the hunt has started for this year's Carnival Queen. Interested? Email <a href="mailto:steathcarnival@gmail.com">steathcarnival@gmail.com</a> and include the name and age of your child. All entrants must live in the village or attend St. Teath Primary School or Pre-school

## CARNIVAL WEEK THIS YEAR WILL BE SUNDAY 23rd JULY to SUNDAY 30th JULY

#### ST TEATH COMMUNITY SPEED WATCH (CSW)

On 11.1.23, out of 58 vehicles passing, 16 (28%) were being driven at the following speeds:

1 x 43mph, 1 x 41mph, 1 x 40mph, 1 x 39mph, 4 x 38mph, 6 x 36mph, 2 x 35mph.

On 2.2.23, out of 58 vehicles passing ,12 were being driven at the following speeds:

2 x 42mph, 2 x 41mph, 3 x 39mph, 1 x 38mph, 4 x 35mph.

On 18.1.23, out of 64 vehicles passing, 14 (22%) were being driven at the following speeds:

1 x 45mph, 1 x 42mph, 1 x 41mph, 1 x 40mph, 3 x 38mph, 4 x 37mph, 1x 36mph, 2 x 35mph.

On 2.2.23, out of 58 vehicles passing, 12 were being driven at the following speeds.

2 x 42mph, 2 x 41mph, 3 x 39mph, 1 x 38mph, 4 x 35mph.

On 8.2.23, out of 75 vehicles passing, 8 were being driven at the following speeds:

1 x 42mph, 1 x 40mph, 1 x 37mph, 5 x 35mph.

THE POLICE ARE ALWAYS MADE AWARE OF ALL THE ABOVE DETAILS. PLEASE DRIVE ACCORDING TO THE SPEED RESTRICTIONS AND TO THE ROAD CONDIITONS.

#### ST TEATH RUBBISH RAMBLERS

On the rubbish Naughty Step in January have been not only the usual Trehannick Road with its selection of cans, bottles, coffee cups and snack wrappers (what's so attractive to litterers about this road?) but also a new entrant, upper Treroosel Road with a sudden spate of large, expanded polystyrene pieces.

This team meets informally every first and third Thursday of the month at 10 am. by the White Hart pub. Dates coming up are **March 2nd and 16**<sup>th</sup> and **April 6th and 20th**. New faces are always welcome. Please dress visibly, wear gloves and bring a bin bag. Routes range from short and flat, to the longer, hilly ones. Coffee and chat afterwards.

Jonathan profitpie@aol.com

#### **ADVICE TO TRAVELLERS**

When in undeveloped countries, do not drink the water.

When in developed countries do not breathe the air.

#### HALF TERM FUN AT ST TEATH CHURCH!

The children spent a happy afternoon with real lambs, games and crafts.









#### PAUSE FOR THOUGHT

Since the retirement of the rector, Rev. Angela Cooper, this benefice which includes the churches of St. Teath, Delabole, Advent, Lanteglos and Camelford, has no full time stipendiary Rector.

Whilst we were sad to see Angela leave, the Church in Cornwall has been undergoing substantial changes, resulting in an exciting prospect for the future in our Benefice. We will not be seeking a like for like replacement for Angela but someone who will combine the roles of Rector and pioneer minister to reach out to the more deprived parts of our communities in Camelford and Delabole.

We are also one of the first areas in Cornwall to have a part time parish nurse combining the roles of qualified nurse and ordained priest. We are delighted to welcome Rev. Geraldine Ashton to our team. Whilst her work as a parish nurse will be focused on the poorer communities of Camelford and Delabole, she will assist with the taking of services from time to time in all the churches.

Geraldine is in the process of completing four years as a curate in training and writes:

"Whilst some curates have always been sure of their calling as a Parish Priest, I have never really known where I would end up, being both a nurse and a priest. Then I was invited to consider a role as parish nurse in Bodmin, Camelford and Delabole. Parish nurses are registered nurses, trained and accredited by Parish Nurse Ministries UK and validated by the Nursing and Midwifery Council. The service focuses on holistic health, wellbeing, healing and targeting the needs of the local community and is inclusive of all faiths and none.

"Parish nursing is a community-based service, promoting health and extra healthcare to support people in times of need. They do not give medical treatments or direct nursing care and they do not replace NHS, local authority nurses or services or specialist nursing charities such as the Macmillan nurses. Neither do they preach or convert people! They do offer health education, health screening, health support, spiritual care and support at the end of life.

"Since the pandemic, there has been so much change and stress on healthcare services, I hope that parish nursing in Cornwall will flourish. Please do not hesitate to contact me on <a href="mailto:gezzalou@aol.com">gezzalou@aol.com</a> if you would like to know more about Parish Nursing MInistries or see <a href="https://parishnursing.org.uk">https://parishnursing.org.uk</a>."

Rev. Geraldine's appointment is being funded by the Low Income Communities Fund following a grant to the Diocese of Truro by the Church Commissioner,. Her appointment emphasises that our Benefice has, as Geraldine puts it, "a vision and mission to reach out into the community".

We wish her well and pray that God will bless her work here among us.

**Rev Jeffrey Terry** 

Jeffrey is a self-sustaining, non-stipendiary Priest working in the Benefice alongside the Benefice's two licensed lay ministers, Claire Salzmann and Sue Wilcox. For further information about the work of the church in the Benefice contact Jeffrey on 07562 700170 or stpiran@me.com

#### CHURCH SERVICES FOR MARCH AT ST TETHA'S

SUNDAY 5<sup>th</sup> MARCH 11am CHORAL COMMUNION

SUNDAY 12<sup>th</sup> MARCH 11am MORNING PRAYER

SUNDAT 19<sup>th</sup> MARCH 11am MOTHERING SUNDAY COMMUNION

SUNDAY 26<sup>th</sup> MARCH 10am **BREAKFAST SERVICE** 

#### World Day of Prayer



WORLD DAY OF PRAYER

Every year a service is written by the Christian women of a different country and this year it's the turn of Taiwan. The worship includes encouraging letters for women who face suffering and injustice. These stories of faith focus on issues shared by women and children all around the world.

The service happens on the first Friday of March and those participating are part of a huge wave of prayer that circles the earth for at least 38 hours. It'll begin at dawn in Western Samoa and Tonga in the Pacific Ocean (when we were listening to the previous day's 6pm news) and will end at dusk in American Samoa (when we'll be eating breakfast next day).

Amazing to be part of something so huge!

Our local service, that's part of the wave, is at St Teath Church on Friday 3rd March at 10.30am.

Be great to share with you.

P.S. Sure there'll be a cuppa and cake (and chats) afterwards!

#### FOR CHURCH HALL BOOKINGS

Please contact Carol Blewett
On 07792278778

#### ST TEATH VILLAGE WEBSITE

Stteath. com

Don't forget to advertise your events and fundraisers on our website.

(Where you can also find back copies of Timepiece and much more.)

email Gareth: - Stubbery2@hotmail.co.uk

#### A METHODIST MINISTER'S VIEW

I am one who stills buys a weekly local newspaper, although I have to acknowledge that I do not find the content to be as interesting as I once did. It seems to me that the quality of our local papers has decreased in recent years. One of the columns which I always look at is the one written by one of our Cornish Members of Parliament, who seem to have a rota for contributing. In recent months these columns seem to have been written from the point of view of what the contributors think they have achieved, or what their party has announced that is in their opinion positive. Not once have I seen a contribution which deals with the things which are at the heart of our current range of issues or expresses a personal opinion on them.

When this article appears in print, we will be in the season of Lent which in some traditions is associated with a period of fasting as part of preparing oneself to celebrate at Easter. Shrove Tuesday, or Pancake Day as we refer to it, was the day for eating up the meat, eggs and cream in the household prior to the 'fasting' weeks.

The reason for the 'fasting' in the season of Lent was to enable people to focus their minds on the significance of the Crucifixion and Resurrection of Jesus which we remember on Good Friday and Easter Day. Without the death and resurrection of Jesus, the Christian Church and Christian movement would not have had the impact in our history and the lives of people which it has had, and indeed, still does. Although some people find it difficult to think too much about the Crucifixion, but are happy to celebrate the Resurrection, they are at the heart of our Christian belief and were God's way of dealing with things which are at the heart of our situation as human beings.

Through the Crucifixion God offers us the opportunity of knowing ourselves to be 'not guilty' before him, in being forgiven for our wrongdoing and shortcomings, because of his love and concern for us. Through the Resurrection we have the promise of knowing ourselves to be trying to live in the heavenly way both now and for all time with the help of the Holy Spirit. We are afforded the opportunity of knowing ourselves to be right with God and having a purpose for living. Jesus once said (John 10, verse 10) "I have come in order that you might have life - life in all its fullness." It is good to ponder what all this means for us.

Every blessing, Bryan Ede

#### **MARCH CROSSWORD**

#### Across

- 7 Wild goats determine start of pre-wedding ritual (4,2)
- 8 Dependable good man has nothing on top (6)
- 9 Opposed to any narcotics that impair openers (4)
- 10 Carelessly rip phone in traditional dance (8)
- 11 Gently bubble around hot sparkle (7)
- 13 Auction piece in quiet animal (5)
- 15 Precipitates pigs gathering around a pole (5)
- 17 Use of dexterity in winter vehicle behind the start (7)
- 20 Emblematic cats start to follow boils my confusion (8)
- 21 Ceremonial-dress to require opening award (4)
- 23 London area with Descartes is tranquil (6)
- 24 Sad about rugby union mixing fuel(6)

#### Down

- 1 Knockout Brazils revolution (4)
- 2 For example, nothing is my first self interest (6)

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- 3 Chocolate composition loses toe for ear piece (7)
- 4 Initially the soviet activists replace some Russian leaders (5)
- 5 Company politician touches theSpanish force (6)
- 6 Send off to late princess's manor (8)
- 12 Fake Penny lost to be Eastern food producer (8)
- 14 Demonstration tool turns mountain jack, maybe? (7)
- 16 Internet place of comfort likeDrake's feet. (6)
- 18 Is Shakespearian king reflected in Asian state? (6)

- 19 Senior member inside hotel dereliction (5)
- 22 Nothing in, except boxing match (4)

ANSWERS ON PAGE 14

#### 'TIS THE SEASON.....

when to all intents and purposes the local roads resemble farmers' fields, muddy and brown.

Muddy very muddy paws

(Name and address supplied)



#### **EVENTS AT ST ENDELLION (PORT ISAAC PL29 3TP) MARCH 2023**

Saturday 18th March, 10am - 3pm The Old Testament as History £10.00.

What is the Old Testament about? Does it tell the true story of the people of Israel? How does it fit with what we know about the Ancient Near East? And does it matter? Expect to have all these questions and more answered on this reflective day!

Tickets available at: https://endelienta.org.uk

Thursday 23rd March, 7.30pm.

Ninebarrow £16.50 | £18 on the door

Multi-award-winning folk duo, Ninebarrow, are impressing audiences across the UK with their innovative and captivating take on the folk tradition. The duo were nominated in the 2017 BBC Radio 2 Folk Awards for Best Emerging Artist and won Best Duo at the Folking.com Awards 2019.



#### **FARM SHOP & RESTAURANT**

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**Annual Charity Easter Egg Hunt** 



Thursday 6<sup>th</sup> April





Tel 01208 880164 to book. £4 per child, all proceeds donated to charity.

HOLIDAY COTTAGES AVAILABLE

TELEPHONE: 01208 880164

www.trevathanfarm.com

FIND US ON THE B3314 at St Endellion.







#### LEARNING:

During this spring term we have been learning about Nature, Chinese New Year, our emotions and celebrating Stories with National Story Telling week. We will be celebrating and learning about all things Cornish with St Piran's Day, and dressing up as our favourite characters for World Book day. Some of our Topics for the next half term are 'Going on a Safari' and 'Our Heroes'. We thoroughly enjoyed our Trip to the Eden Project Ice skating in December and are hoping our next trip will be Newquay Zoo!

Our September transition children have been engaging in phonics, learning the letters of their names and how to write their own name. The children have been thoroughly enjoying their weekly walks to the church and exploring the village.

We are currently renovating one of little rooms at Preschool to become a Sensory room, we are very excited about this! Huge Thanks to Jonny Strout for undertaking the works for us.

We recently had a new front door installed by Kallum Binney, some of the funds for this were raised by the public and donations through fundraising, Thank you!

#### **FUNDRAISING:**

We are still collecting for Bags to School- our shed next to the Preschool is where you can drop donations, a huge thank you to everyone who donates, the funds are used to purchase new resources for the children. We don't currently have any large fundraisers planned but keep an eye on our Facebook page for updates of small fundraisers taking place around Easter! Every time you support us you are supporting the children and we are very grateful.

#### **NEWS:**

You may have heard that we are joining the North Cornwall Learning Trust to become a part of St Teath School, this will enable us to grow as a preschool and access support from the Trust to secure a long-term future for the Preschool. We are very excited to be in talks with the school about this. We will update everyone if and when this happens, in the meantime the Preschool remains the same.

#### INTAKE:

We are currently very busy but we have a waiting list for September 2023 intake- if you would like to find out more about session availability and what we offer as a Preschool please get in touch on <a href="mailto:stteathpreschool@talktalk.net">stteathpreschool@talktalk.net</a>, we have availability from September and take children from 2 years old.

RACHEL SUMMERS
PRESCHOOL MANAGER







@ ST TEATH

Please come along to share in ... an informal, relaxed service a tasty breakfast Bible story & reflections activities for children music & songs for all ages

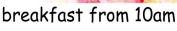
Forthcoming dates

February 26th

March 26th

April 23rd





**EVERYONE** WELCOME



St Teath AFC

### RACE NIGHT

Saturday 18th March 7.30pm start

St Teath Church Hall

£5 entry fee

Raffle and Bar



Friday 31st March 7 for 7.30pm

St Teath Church Hall

PROCEEDS FOR CHRISTMAS LIGHTS



MARCH 5th— A very Happy Birthday to little JEAN from the Ladies who Lunch and all your many friends. Have a lovely day and a wonderful year to follow.

MARCH 7th - Wishing SYD many happy returns of the day with love from all your family and friends.

MARCH 11th— Best wishes for a Happy Birthday to JOHN TRELEAVEN from all of us who have fond memories of your days at St Teath Garage.

MARCH 12th— Birthday greetings sent over the miles with love to MODWYN from all your old—and some now *very* old—friends in St Teath.

Crossword Answers	
Across	Down
7. stag do	1. stun
8. stolid	2. egoism
9. anti	3. cochlea
10. hornpipe	4. tsars
11. shimmer	5. compel
13. sloth	6. dispatch
15. snows 17. sleight	12.honeybee 14. placard
20. symbolic 21. robe	16. ebbed 18. Israel
23. serene	19. elder
24. rueful	22. bout

#### **WISE WORDS**

Whether you think you can or you can't, you will always be right.

The only place success comes before work is in the dictionary.

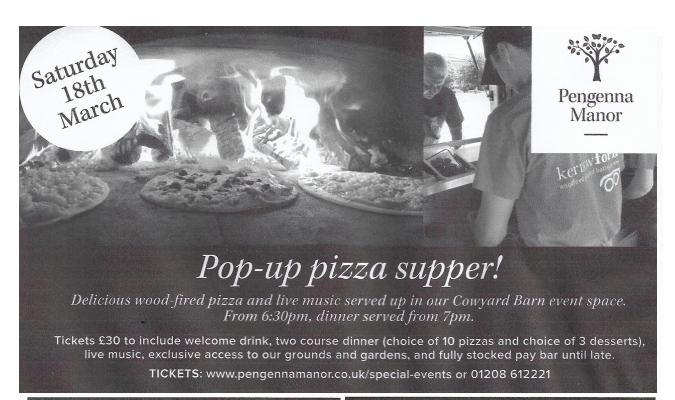
Vince Lombard

It isn't what you look at that matters, it's what you see.

Thoreau

Just to prove to readers that it is not only in *Timepiece* that you will find bloomers... all the following have appeared in local newspapers:

- Mrs T. complained that she was not seen by a proper doctor but just a young locust who
  was taking his place while Dr M. was on leave.
- Exercise alone cannot bring about weight loss. You can skate more than a mile on one slice of bread.
- In the garden make sure you dig the ground over thoroughly before panting.
- This one lone bell summons the faithful to worship while the others are being dismantled and repaired..
- FOR SALE: Clothes brush—the leather back opens with a zip and inside are tweezers, ,a nailfile and a bomb.
- World peace, now as never before, depends on them asses.



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# Karen Prideaux





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karenprideaux@hotmail.com Facebook: ♡Body, Mind & Soul with Karen

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OPENING HOURS: Mon to Friday 9am-5pm

Saturday 9am - 1pm Sunday Closed

Medical Prescriptions still being taken.

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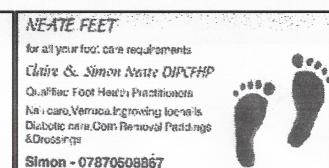
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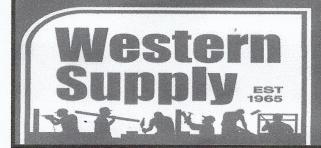
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The size of adverts in this issue have been standardised to ensure that all advertisers are treated equally and that better use is made of our advertising space. Henceforth the size and cost of adverts will be as follows:

Credit card (formerly 'small') £5 per issue 2 x credit card (formerly 'quarter page') £10 per issue 4 x credit card (formerly 'half page') £20 per issue

If advertisers would like to amend or refurbish their present adverts, now is a good time to do so. All enquiries, comments or complaints to our Treasurer, Eddie Jones : e.p.jones@hotmail.com

#### POLLY'S VILLAGE DIARY

EVERY MONDAY **DJEMBE DRUMMERS** 7pm - 9pm Community Centre

EVERY TUESDAY COFFEE MORNING 10.30am - mid-day Community Centre

EVERY WEDNESDAY PILATES (Booking Essential) 6.30pm - 8.00pm Church Hall

EVERY WEDNESDAY ART GROUP 2.00pm - 4.30pm Community Centre

EVERY THURSDAY **BADMINTON CLUB** 8.30pm - 10.00pm Church Hall 2nd FRIDAY **JOYBIRDS Main meeting** 2.00pm - 5.00pm Church Hall

4th TUESDAY JOYBIRDS Book Club 2.30pm - 4.30pm Community Centre

1st THURSDAY PARISH COUNCIL MEETING 7.00pm - 9.00pm Community Centre

1st & 3rd THURSDAY RUBBISH RAMBLERS 10.00am By the White Hart Pub

#### WHAT'S ON IN MARCH

SATURDAY 10am -12 noon COFFEE & CAKE CHURCH HALL

4th in aid of Shelterbox

FRIDAY 2.30pm JOYBIRDS MEETING CHURCH HALL

10th Talk by I-Sight

#### FRIDAY 10th DEADLINE FOR ITEMS FOR APRIL ISSUE OF TIMEPIECE

SATURDAY POP-UP PIZZA SUPPER PENGENNA MANOR

18th From 6.30pm (See Page 18)

SATURDAY RACE NIGHT CHURCH HALL

18th 7.00 for 7.30pm St Teath AFC (See P.13)

WEDNES- COMMUNITY CENTRE COMMUNITY CENTRE

DAY 22nd 7.00pm MEETING - all welcome

THURSDAY NINEBARROW ST ENDELLION CHURCH

23rd 7.30pm FOLK DUO

FRIDAY EASTER BINGO CHURCH HALL

31st 7.00 for 7,30pm for Christmas Lights

.... AND IN APRIL

THURSDAY CHARITY EASTER TREVATHAN FARMSHOP

6th April EGG HUNT (See P.11)

SATURDAY 7.00 for 7.30pm BINGO CHURCH HALL

29th April for Carnival funds

INFORMATION: This is an independent newsletter, distributed free to households in St Teath Ward only by the Timepiece Team The views published are not necessarily those of the team, who reserve the right to alter/refuse any material submitted for publication. We do not accept items submitted anonymously.

CO-EDITORS: ANNE PERISIC 01208 850522 annecp22@outlook.com

BARBARA STRACHAN barbstrachs@gmail.com

HON. EDITOR: JANE POYNDER

ASSISTANT EDITORS: JENNY TIDD and ANNE BLEWETT

PRODUCTION: SUSAN HARGRAVE 01208 850002 sue.hargrave55@gmail.com

DISTRIBUTION: YVONNE TEW 01208 850497

TREASURER: EDDIE JONES 01208 850388 e.p.jones@hotmail.com

TIMEPIECE BY MAIL KAREN PEACH